

Tulane Resident and Fellow Congress
Meeting Minutes
August 11th, 2022, 7pm

- I. **Call to Order**
- II. **Welcome & Orientation to TRFC**
 - 1) Review of overall goals of TRFC.
 - 2) Review of TRFC Representative Responsibilities:
 - i. Attend a *minimum* of 1 meeting per quarter. If you cannot attend, please designate someone to attend in your place and email the president and secretary with that person's name and the meeting date they'll be attending.
 - ii. Communicate topics discussed at TRFC meetings with your co-residents/fellows at least bi-monthly and ask for any concerns they want brought to TRFC.
- III. **Introduction of DIO & Assistant DIO** (Drs. Gladden & Dola)
 - 1) Dr. Gladden introduced himself and debriefed on ACGME visit.
 - 2) New TRFC Faculty Advisor: Will reach out with Drs. Dola and Gladden to discuss and plan.
 - 3) Dr. Gladden gave personal contact information to TRFC members
 - 4) Introduction of Rhonda Coignet Senior Director for GME
- IV. **New Business**
 - **TRFC Executive Committee Election Schedule & Details:**
 - **Nominations of TRFC Executive Board:**
 - Representatives will submit nominations for TRFC executive committee positions by **Sunday 8/19/22 by 6 pm.**
 - **Co- Vice President nominees (2 positions):** TBA
 - **Treasurer nominees:** TBA
 - **Secretary nominees:** TBA
 - If you would like to nominate someone else, please ask them if they would accept the nomination first. They would then need to complete the nomination form with the above link.
 - **Ballot Blurb:** to include on final ballot in support of your candidacy for the position you have been nominated for.
 - Suggestions of what to include: Prior experience/qualifications, specific goals/initiatives, why you'd be a good fit for the position, overall goals of serving the committee and Tulane Residents/Fellows in this position. This is your writing and voice, so make it your own of course.
 - Eligible nominees include all current 2022-2023 TRFC Representatives in good standing and cannot be graduating this academic year.
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 - **Executive Committee Voting: Planned Timeline & Deadlines:**
 - **Voting open:** **Monday, 8/20/22 Get your vote in!**
 - **Final vote closes:** **Friday, 8/26/22 @ 7 pm.**
 - **Result release:** **Sunday, 8/28/22 by 7 pm**
 - In the event of a runoff election, we will send out runoff ballots and close vote within 48 hrs of ballot distribution.

- 1) **Formation of & Nominations for TRFC Subcommittees:**
 - i. **GMEC TRFC Representatives** (Chairs: President & Co-VPs) - *schedule attendance of GMEC meetings so at least one resident present per meeting to give TRFC update.*
 - ii. **Communications & Membership** (Chair: Secretary) - *Help find innovative ways to encourage communication with TRFC reps and organize elections. Manage TRFC social media accounts.*
 - iii. **Finance** (Chair: Treasurer) - *Monitor available balance, provide annual budget for events and discretionary funds. Hear proposals for funding requests by trainees for use of TRFC funds to present to TRFC for approval.*
 - iv. **Event and Programming Coordination** – *help organize social events, annual meeting, & professional development programs (e.g. leadership, contract negotiation, managing student loans) throughout the year*
 - v. **Clinical Site Advocacy Committee** – *Communicate with clinical site liaisons and hospital leadership (TUMC, UMC, VA, Tulane Lakeside, CHNOLA) about trainee issues and needs.*
 - vi. **Advocacy & Community Outreach** – *help identify and organize community service opportunities*
 - vii. **EDI:** *Represent TRFC on GMEC EDI Subcommittee and give updates to TRFC.*
 - viii. **Wellness:** *Represent TRFC on GMEC Wellness Subcommittee and give updates to TRFC.*

V. Old Business – deferred to next meeting on 9/8/22

- 1) **TRFC committee confirmed by vote on 6/9/22 TRFC designated residents that sit on GMEC are peer selected** in that they have been designated by a peer elected representative organization. TRFC GMEC representation should include at least TRFC President and Co-Presidents. Additional members may be added as available from TRFC representatives. GME would like representation of surgical and non-surgical specialties.
- 2) **Budget Update** -\$5k funding from GME will roll over to this year's budget, couch approved last year ordered. Travel mugs purchased for new trainees distributed at orientation.
- 3) **Resident & Fellow workspace at TMC** – *TRFC leadership has reached out to CMO at TMC for advice and advocacy. In a previous meeting, the suggestion proposed to repurpose unused space in the hospital for trainee workspace with computers and printers for completing clinical duties.*
 - i. Internal Medicine now has workspace in unused MICU on 4th floor.
 - ii. Specialties in need of workspace identified as needing trainee workspace include Adult Infectious Disease Fellows, Consultation-Liaison Psychiatry in the Emergency Department.
- 4) **Update on downtown gym:** Open, one year free for trainees.
<https://campusrecreation.tulane.edu/tu-fitness-center>
- 5) **Resident Salary Recommendations & Benefit updates** – salary increase not what expected, overall 2% increase. Interns paid in June to ameliorate extended period before first paycheck. Trying to find other ways to supplement trainee income such as structured opportunities for moonlighting, housing stipend, advocating for paid board exams taken during training.
- 6) **TRFC Open Forums:**

- i. Open to all residents and fellows. No administrative leadership present.
 - ii. Dates: Thursdays **6-7 pm CST** on **9/8/22, 12/18/22, 3/9/23, 6/8/23**
 - iii. **TRFC Open Forum** via zoom
- 7) **We now have social media!** Contact Leslie Miller if you'd like to help manage platforms (i.e. create content, add images).
- i. Instagram: tulane_residentfellowcongress
 - ii. Twitter: @TulaneRFC
 - iii. <https://www.facebook.com/profile.php?id=100080370039854>

VI. Open floor for new business (*Open floor is an opportunity for committee members to present items for new business to be addressed at the next TRFC meeting. This is an excellent opportunity for TRFC Representatives to bring resident and fellow concerns to the committee and add them to the agenda.*)

VII. Adjourn

VIII. Attendance: *Reminder that Program Representatives shall be expected to attend meetings on a regular basis. Representatives must attend at least one meeting per quarter and if attendance is not met, the TRFC Board will reach out to programs with lapsed participation to seek further representation.*

- Guests:
 - Paul Gladden, DIO
 - Andy Pham (Past President 2021-2022)
- Present (38/46 members):
 - 1) Robert Wood
 - 2) Leslie Miller (TRFC President Elect 2022-2023)
 - 3) Greg Della Penna
 - 4) Leila Sabbagh
 - 5) Sarah J Lewis
 - 6) Cade Picou
 - 7) Aadit Patel
 - 8) Shanan Immel
 - 9) Jayde Price
 - 10) Katie Stormes
 - 11) Jonathan Jalali
 - 12) Reed Gioe
 - 13) Kiondra Fisher
 - 14) Zil Shah
 - 15) Megan Lerner
 - 16) Dory Askins
 - 17) Michael Ghio
 - 18) Edgar Acuna
 - 19) David Thompson
 - 20) Ashleah Courtney
 - 21) Bianca Watson
 - 22) Ian Watson
 - 23) Danae Brierre
 - 24) Rachael Stevens
 - 25) Eunice Neeley

- 26) Taylor Katt
- 27) Oyinlola Oshinowo
- 28) Dani Takai-Castioni
- 29) Andy Pham
- 30) Gautam Dua
- 31) Alison Key
- 32) Jemimah Chen
- 33) Elora Apantaku
- 34) Jon Cohen
- 35) Kathryn Germeraad
- 36) Alison Key
- 37) Emily Marlow
- 38) Erik Meyers

Upcoming Events:

- **Thursday, 9/8/22:**
 - **6-7 pm CST: TRFC Open Forum** via zoom (all trainees welcome)
 - **7-8 PM CST: 2nd TRFC meeting** with intro to GME Deans
- **Thursday, 12/8/22, 6-7 pm:** **TRFC Open Forum** via zoom (all trainees welcome)

Resource List:

- Mental Health Resources:
 - **Find resources via Tulane Companion App:** Wellness (top right list menu)>Support > Trainee > Psychotherapy and Psychiatry in New Orleans.
 - **Compilation of Mental Health & Wellness Resources for Medical Professionals:**
https://docs.google.com/document/d/18kawS_YixGrXrNRo_rAsW0VcdGjU66b4tYznJh6PvU/edit?usp=sharing
- **TRFC Website:** <https://medicine.tulane.edu/graduate-medical-education/resident-and-fellow-congress-trfc>
 - **Please visit our website to find out who your TRFC reps are and reach out to them with any questions or concerns. If you are interested in leadership, please consider running for TRFC next year!**
- Professional Reporting System: <https://medicine.tulane.edu/student-affairs/professionalismenvironment-learning-program>
- Professionalism Task Force website: <https://medicine.tulane.edu/student-affairs/professionalismenvironment-learning-program/professionalism-task-force>
- **GME website:** <https://medicine.tulane.edu/education/graduate-medical-education>
- Tulane Retirement Plans are available, but Tulane does not match contributions. TIAA customer service representatives have been helpful to individual residents in setting up retirement plans. Representative: Louis Bundy 1-866-843-5640
 - [https://hr.tulane.edu/benefits/retirement#:~:text=Tulane%20currently%20offers%20four%20retirement,c\)%20tax%2Dexempt%20organizations](https://hr.tulane.edu/benefits/retirement#:~:text=Tulane%20currently%20offers%20four%20retirement,c)%20tax%2Dexempt%20organizations)
 - www.tiaa-cref.org/letstalk1
- **TULANE UNIVERSITY SCHOOL OF MEDICINE RESIDENT POLICIES**