

Louisiana Financial Assistance for Parents

Are you looking for help paying for child care? Buying groceries or diapers? Find out what assistance programs are offered locally.

Child Care Assistance – Louisiana State Child Care Assistance Program

Child care financial assistance programs

Phone: 1(888) 524-3578

Website: www.dss.state.la.us/index.cfm?md=pagebuilder&tmp=home&pid=136

Louisiana Head Start Association

A federal program that promotes the school readiness of children ages birth to five from low-income families

Phone: (225) 342-1292

Find your Local Head Start/Early Head Start: <http://eclkc.ohs.acf.hhs.gov/hslc/HeadStartOffices>

Website: <http://www.benefits.gov/benefits/benefit-details/1913>

Women, Infants and Children (WIC)

A program offering supplemental foods, health care referrals, and nutrition information to low-income women who are pregnant or have children aged birth to five

Phone: 1(800) 251-2229 or (504) 568-8202

Website: <http://new.dhh.louisiana.gov/index.cfm/page/942>

Temporary Assistance for Needy Families (TANF) - Family Independence Temporary Assistance Program (FITAP)

Cash assistance designed to help low-income families achieve self-sufficiency

Phone: 1(888) 524-3578

Website: www.dss.state.la.us/index.cfm?md=pagebuilder&tmp=home&pid=139

Supplemental Nutritional Assistance Program (formerly Food Stamps)

Federal nutrition program

Phone: 1(888) 524-3578

Website: www.dss.state.la.us/index.cfm?md=pagebuilder&tmp=home&pid=93

Low Income Energy Assistance Program

Helps low income households in meeting their immediate home energy needs

Phone: 1(888) 454-2001 or (225) 763-8700

Website: www.lhc.la.gov/programs/energy_assistance/low_income_energy.aspx