

Tulane Researcher to Study Trauma Intervention in Mothers and Children

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Tulane University researcher Sarah Gray will conduct her study at two Head Start centers in New Orleans.

(Photo by Paula Burch-Celentano)

A Tulane University researcher will study the effectiveness of an intervention to address trauma in mothers and their children as part of a four-year grant that will bring the family-focused project to New Orleans area Head Start centers.

Under the \$500,000 grant from the National Institute of Mental Health, assistant professor of psychology Sarah Gray and her team of graduate students and trainees

will implement a program called Mom Power, an existing evidence-based intervention that aims to mitigate the negative impacts of trauma on physical and mental health across generations.

Gray, director of the Tulane Child and Family Lab and a clinical assistant professor in the Department of Psychiatry and Behavioral Sciences at the Tulane School of Medicine, said the project builds on the research she has been doing since arriving at Tulane in 2014.

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"This is an exciting area of work that I think holds real promise for helping us understand some of the intergenerational impacts of trauma and also hopefully how to mitigate them."

Sarah Gray, assistant professor of psychology at Tulane