

[James Doty, MD, visits alma mater to talk compassion, ethics and values](#)

WATCH: Dr. James Doty speaks at Tulane University School of Medicine.

Becoming a more compassionate physician and better caretaker of others begins with being more compassionate with oneself. This was a key part of the message shared by [James Doty, MD](#), at the first of many annual “James Doty Compassion Lecture” events at the Tulane University School of Medicine. The inaugural lecture recently examined the intersection of compassion, ethics and values, and how an appropriate balance can lead to better, more equitable healthcare.

Dr. Doty is a 1981 graduate of Tulane School of Medicine and is now a successful neurosurgeon and professor of neurosurgery at Stanford University. He founded the [Center for Compassion and Altruism Research and Education \(CCARE\) at Stanford University](#) and is a New York Times Bestselling Author of *Into the Magic Shop: A Neurosurgeon’s Quest to Discover the Mysteries of the Brain and the Secrets of the Heart*.

Click the video above to watch Dr. Doty’s lecture.