

# Eight from Tulane Medicine named as 2024 Health Care Heroes

SOM Communications

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This year's Health Care Heroes are: (Top L to R) William Rowalt, NP-C; Sonia Malhotra, MD, MS, FAAP; Kimberly Mukerjee, MD, MPH; Smita Prasad, MD; Benjamin Watkins, MD; (Bottom L to R) Jacquell Benion, LMSW; Heddwen Brooks, PhD; and Danielle Metz.

New Orleans City Business annually recognizes outstanding individuals in the healthcare field through its Health Care Heroes list, celebrating those who exceed expectations in their professional roles and personal lives. Eight Tulane University School of Medicine members have earned a spot among these distinguished honorees this year.

Since 2007, this prestigious list has highlighted healthcare professionals in the New Orleans area across five categories: first responders, nurses, physicians, professionals, and volunteers. Honorees are chosen for their exceptional contributions to the industry and their active engagement in the community. The complete list is available [here](#), and the Tulane School of Medicine honorees are listed below:

**Nurses:**

**William Rowalt, NP-C**

Instructor of Medicine, EJGH Cardiology

**Physicians:**

**Sonia Malhotra, MD, MS, FAAP**

Associate Chief, Palliative Medicine; Associate Program Director, Internal Med-Peds Residency

**Kimberly Mukerjee, MD, MPH**

Tulane Pediatrics Residency Program Director, Assistant Professor; Section of Community Pediatrics and Immigrant Health

**Smita Prasad, MD**

Psychiatric and Behavioral Specialist

**Benjamin Watkins, MD**

Pediatric Hematology and Oncologist Specialist

**Professionals:**

**Jacqueline Benion, LMSW**

Clinic Manager

**Heddwen Brooks, PhD**

Professor and Chair, Department of Physiology

**Danielle Metz**

Community Worker for the FIT Program