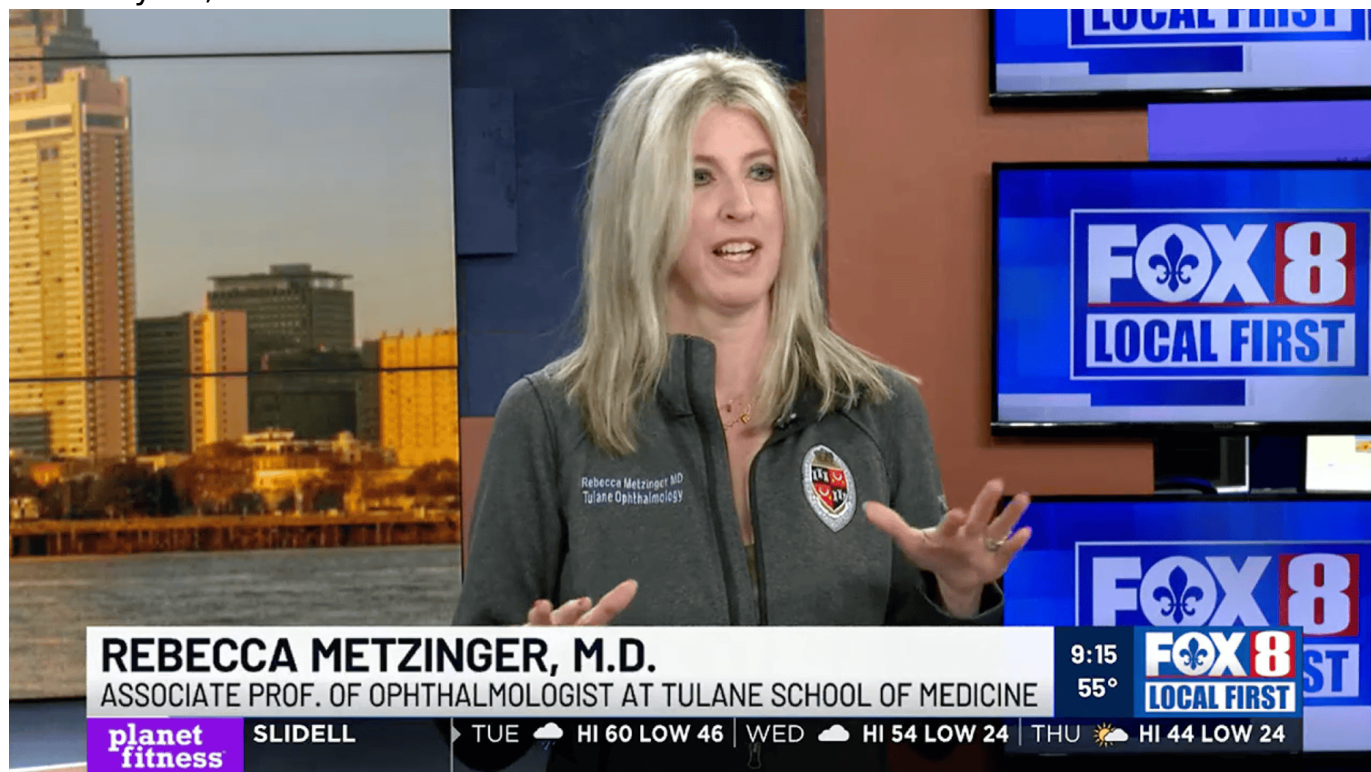


## Dr. Rebecca Metzinger Highlights Eye Safety During Mardi Gras on Fox8

February 18, 2025 12:00 PM



As Mardi Gras parades roll through the streets of New Orleans, so do beads, cups, and other throws—many of which can pose a serious risk to eye health. Dr. Rebecca Metzinger, ophthalmologist and faculty at Tulane University School of Medicine, appeared on [Fox8](#) to discuss how to keep your eyes safe during the season's festivities.

Dr. Metzinger emphasized that eye injuries are more common than people realize during Mardi Gras. A recent study by a colleague, published in *Investigative Ophthalmology & Visual Science*, found that throws from floats were a leading cause of parade-related eye trauma—more than 40% of reported eye injuries were caused by airborne objects, followed by slips and falls.

"Pain, blurry or decreased vision, and seeing floaters are all warning signs that you should get your eyes checked immediately," said Dr. Metzinger. While Mardi Gras is a time for celebration, she urged parade-goers to be alert and protect themselves,

especially when floats are approaching.

Watch the full interview on [Fox8Live.com](https://www.fox8live.com) to learn more about protecting your eyes this carnival season.