

Dr. Metzinger Discusses Eye Healthy on Fox 8 for LCMC Healthy Vision Month

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Dr. Rebecca Metzinger, a board-certified ophthalmologist, recently appeared on Fox 8 during Healthy Vision Month to raise awareness about keratoconus, a progressive eye condition that thins the cornea and causes distorted vision. She emphasized the importance of early detection and monitoring, highlighting warning signs such as blurred vision, light sensitivity, glare, and eye discomfort. Dr. Metzinger encouraged viewers to schedule a comprehensive eye exam if they experience any of these symptoms to preserve vision and slow progression. See the [full interview](#) for more tips and expert advice.