

Tulane Researcher, Chad Roy, Weighs In on Flu Superspreaders in BBC Feature

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A Tulane School of Medicine professor, [Dr. Chad Roy](#), was featured in a recent BBC article examining why a small number of people—known as “superspreaders”—played an outsized role in spreading flu and other respiratory viruses. The article highlighted Tulane-led research showing that factors such as stage of illness, breathing patterns, body composition, speech habits, and lung physiology significantly influenced how many infectious particles an individual released into the air. These findings helped shed light on how respiratory viruses spread and pointed toward potential strategies for reducing transmission during flu season and future outbreaks.

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