Tulane Resident and Fellow Congress Meeting Agenda May 11, 2023 7pm

FOR CLARITY/TRANSPARENCY: These meeting minutes are not transcriptions. We are creating these minutes in order for there to be insight into the ongoing discussions of the TRFC. The summaries are not intended to be, nor are they capable of being, exhaustive. The commentary described below is not intended to reflect direct quotes and may not be comprehensively inclusive of all comments/questions/thoughts. Additionally, sensitive discussions/information may be omitted in the interest of respect for the persons coming to speak with us.

1) Call to Order

- 2) TRFC Subcommittee Updates:
 - a) GMEC TRFC Representatives (Chairs: President & Co-VPs)
 - i) <u>GMEC Meeting Update</u>
 - ii) <u>**Tulane-LCMC Partnership Update**</u> (Leslie, Rhonda):
 - Voice your concerns on the de-identified surveys!! https://forms.gle/BbCKpUdg9K9Si86P6?_iipp=1
 - You can also voice your concerns with your program director or your TRFC reps.
 - Attend UMC Coffee Talks, Monthly Birthday Celebration with the Deans in Hutchinson, and Dean's Town Hall Meetings if able.
 - b) Communications & Membership (Chair: Secretary, Sarah Lewis)
 - i) Photos to come ~ social media when we have events
 - ii) Wiki TRFC page needs to be updated, last edited >10 yrs ago. <u>tulanegme / The Resident</u> <u>Congress (pbworks.com)</u>
 - iii) QR codes to come for comments / concerns instead of writing on white boards



- c) Finance (Chair: Treasurer, David Thompson): Budget Update
 - *i*) Update on potential Coffee machine in UMC
 - Academic affairs is on it. Will consider buying a new machine if Aramark cannot fix the machine this time, it has broken several times in the past few months.
- d) **Event and Programming Coordination (Chair:** Danae Brierre; Elora Apantaku, Zil Shah, Jayde Price, Reed Ghio)
 - i) June 2023 Budget \$1500 for TRFC gifts for incoming trainees. Rhonda to order.
 - Handheld manual fans, brain stress balls, and possible coffee mugs
 - ii) Graduation Party skip this year, next year have a bigger party
 - Institution-wide
 - GME has offered some financial support through wellness committee

- e) Clinical Site Advocacy Committee (Kiondra Fisher, Zil Shah, Dani Takai-Castioni)
 - *i) Fill out surveys and voice your concerns about clinical sites*
 - <u>https://docs.google.com/forms/d/e/1FAIpQLSd6JiQuFlqo6TVCR9FpItTru_pgIu005yLN-3R9sWjkn5nKfw/viewform</u>
- f) Advocacy & Community Outreach (Chair: Oyinlola Oshinowo; Kiondra Fischer, Danae Brierre)
 - Consider going to the capitol and advocating for residency programs to state legislators.
 - YOU CAN VOTE EVEN IF YOU MOVED HERE. You do not need a LA driver's license if you register 30 days or more before election day.
- g) EDI: (Jemimah Chen, Elora Apantaku, Ricky Salinas)
- **h**) Wellness: (Co-chairs: Danae Brierre, Michael Ghio)
 - i) Tulane companion app updating.
 - ii) TRFC button? Resident manual? Requests for spending TRFC budget?

Please update your contact information & sign up for subcommittees:

- 3) New Business
 - a) **Possibility of a Housing Stipend?** Note: Housing stipend and salary increase are not the same. No previous housing stipend at Tulane per Dr. Margaret Bell.
 - i) Leslie & David met with Tulane Development Office, working on Feasibility study, business plan presentation, and finding donors to raise minimum seed money of \$100,000.
 - b) Discussion of quorum adjustment required to vote.
 - i) Current quorum is 50% + 1 voter. 45 total members, 23 needed for quorum.
 - ii) Proposed and seconded movement to reduce the required quorum vote to 33% (15 voters)

4) Old Business

Items Pending vote:

- a) Nominations open for 2023-2024 President Elect! Nominate yourself or other current representatives here: <u>https://forms.gle/4paE1RxLaL22SKwt9</u>
- b) Consideration of a position to advocate for and advise on issues with accessibility and ADA.
 - i) Accessibility officer position under existing subcommittees? Path forward continuing to be discussed with considerations of officer's duties and sustainability of the position.
 - ii) Request for crosswalk lines to be painted and/or speedbump in staff parking garage at UMC on 3rd floor due to safety concerns.
- c) Formation of Task Force on Resident & Fellow Reproductive Health Care and Planning Advocacy: (Danae Brierre, Sarah Lewis, Megan Lerner)

Items still ongoing (not requiring vote):

- d) Future Leadership Development Tulane Event? Leslie to attend ACGME Leadership Skills Training Program Workshop in June with hopes to develop a similar workshop at Tulane.
 2023 chiefresidentleadershipskillstrainingprogrambrochure(1).pdf
 - i) All dates booked for this year. Advocate for next year to be funded

- e) **TUMC-LCMC Partnership:** Documentation of these questions, concerns, possible solutions are very important and appreciated. Please also be mindful that this is intended to be presented to stakeholders, so professional language is important.
 - i) <u>Please submit questions/comments/concerns anonymously here:</u> <u>https://forms.gle/BbCKpUdg9K9Si86P6</u>
 - ii) Submit feedback and questions about the Tulane-LCMC Partnership via GME's Qualtrics form: <u>GME Qualtrics Survey on Concerns about Tulane-LCMC Partnership</u>
- f) Lack of mental health resources and issues with access. Dr. Andrew Morson at Integrated Behavioral Health retiring.
 - i) Dr. Guidry has updated & verified list!
 - ii) Tulane living well clinic has mental health services! Please utilize this.
- **g)** Childcare resources for trainees: *a list was made by medical students during Ida. Would an extra stipend to offset the cost of childcare be wanted? Dr. Guidry was working on this.*
- h) Attendance policy: MINIMUM once per quarter. If you have not attended a meeting between July 1 and present, we will be reaching out to find other representation for your program. Please email Leslie Miller and Sarah Lewis if you cannot make a meeting and designate someone else from your program to attend in your place.
 - i) Attend at least 1 meeting a quarter, 4 meetings a year
 - ii) Let Leslie or Sarah know if you have someone attending in your place or you cannot attend
- **5) Open floor for new business** (*Open floor is an opportunity for committee members to present items for new business to be addressed at the next TRFC meeting. This is an excellent opportunity for TRFC Representatives to bring resident and fellow concerns to the committee and add them to the agenda.*)
 - a) Wellness Position in GMEC

6) Adjourn

- 7) Attendance: Reminder that Program Representatives shall be expected to attend meetings on a regular basis. Representatives must attend at least one meeting per quarter and if attendance is not met, the TRFC Board will reach out to programs with lapsed participation to seek further representation.
 - a) TRFC Executive Committee present:
 - 1.David Thompson 2.Leslie Miller
 - 3.Hogan Hudgins
 - 4. Kiondra Fisher
 - b. TRFC Representatives Present:
 - Bianca Watson
 Dani Takai-Castioni
 Emily Marlow
 Eunice Neeley
 Greg Della Penna
 Jemimah Chen
 Jon Cohen
 Michael Ghio
 Reed Gioe

10. Rwoodjr
 11. Taylor Iphone
 12. Tiffany Chang
 13. Zil Shah

[insert list extracted from zoom]

Upcoming Events:

• **TRFC Open Forums** (via zoom): *Open to all residents and fellows. No administrative leadership present.* **Dates:** Thursdays 6-7 pm CST on 6/8/23 (link in Outlook calendar invite)

Resource List:

- Mental Health Resources: Find resources via Tulane Companion App: Wellness (top right list menu)>Support > Trainee > Psychotherapy and Psychiatry in New Orleans.
 - Compilation of Mental Health & Wellness Resources for Medical Professionals: <u>https://docs.google.com/document/d/18kawS -YixGrXrNRo rAsW0VcdGjU66b4tYznJh6PvU/edit?usp=sharing</u>
- Breast-feeding moms: <u>Lactation Rooms.docx</u>
- TRFC Website: https://medicine.tulane.edu/graduate-medical-education/resident-and-fellow-congress-trfc
 - Please visit our website to find out who your TRFC reps are and reach out to them with any questions or concerns. If you are interested in leadership, please consider running for TRFC next year!
 - To elect to contribute \$2.50 or \$5 monthly to TRFC Budget, **complete this form** <u>TRFC Payroll Deduction</u> <u>Form.docx</u> and email to <u>HWeisler@tulane.edu.</u>
- Professionalism Reporting System: https://medicine.tulane.edu/student-affairs/professionalismenvironment-learning-program
- Professionalism Task Force website: <u>https://medicine.tulane.edu/student-affairs/professionalismenvironment-learning-program/professionalism-task-force</u>
- <u>GME website: https://medicine.tulane.edu/education/graduate-medical-education</u>
- **Tulane Retirement Plans** are available, but Tulane does not match contributions. TIAA customer service representatives have been helpful to individual residents in setting up retirement plans. Representative: Louis Bundy 1-866-843-5640
 - https://hr.tulane.edu/benefits/retirement#:~:text=Tulane%20currently%20offers%20four%20retirement,c)%20tax %2Dexempt%20organizations
 - o <u>www.tiaa-cref.org/letstalk1</u>
 - How to get involved locally:
 - https://masela.org/About-us
 - <u>https://www.opms.org/</u>
 - https://lsms.org/
 - http://jpms.org/

Housing opportunity: LSU has built new housing exclusively for medical students, faculty, staff, and employees of the medical community (LSU and Tulane campuses and hospitals), built through a partnership with the LSU Health Foundation.