MISSION:

The Tulane Parenting Education Program (T-PEP) is committed to strengthening families and providing prevention and intervention services for children and their families involved with the child welfare system in collaboration with the Department Children and Family Services.

We honor the various identities held by families and individuals that we serve and are dedicated to striving for the highest standards of care with the respect and appreciation for diversity.

Through trauma-informed and attached-based services, our goal is to help children and their families recover from the effects of abuse and neglect, to foster resilience, and to prevent recidivism. Serve as a resource for information about typical child development, parent-child relationships, and observing family interactions.

CONTACT US AT:

Tulane Parenting Education Program (T-PEP) Family Resource Center

> Physical Address: 1340 Poydras St. Suite 740 New Orleans, LA 70112

Office: 504-988-9201 Fax: 504-988-9202



Tulane Parenting Education Program (T-PEP) Family Resource Center





Who We Are

The Tulane Parenting Education Program (T-PEP) Family Resource Center work directly with families in Jefferson, Orleans, Plaquemines, and St. Bernard Parishes. Services are provided at no cost to families. Our team is made up of psychiatrists, psychologists, social workers, family educators, parent partner, kinship navigator, and trainees.

We are contracted with the Department of Children and Family Services (DCFS) to provide parenting services to families in Region 1 Parishes (Jefferson, Orleans, Plaquemines, and St. Bernard).



What We Provide

- Relationship intervention for families
- Relationship Assessments
- Individual parenting
- Parenting groups
- Connecting families to outside referrals and resources
- Basic skill building for families.
- Regular collaboration with DCFS case workers regarding families' progress (includes written reports)
- Kinship Navigator Services
- Collaboration with My Community Cares (Boys Town Louisiana-New Orleans)



T-PEP Services

T-PEP Family Resource Center offers the following parenting programs to families in Jefferson, Orleans, Plaquemines and St. Bernard parishes:

- Nurturing Parenting Program (NPP)-Easy Reader version
- TBRI Foundations Group
- Circle of Security (COS-P) Parenting Program [*English & Spanish]
- Los Ninos Bien Educados
- Empowering Black Parenting (EBP)
- Confident Parenting Program (C-PP)
- Parent/Child Relationship Skills Building *[English & Spanish]
- Family Skill Building (Group and Individual)
- Kinship Navigation Program

