



Tulane
University

Adult Psychiatry Residency



Welcome!

Tulane Psychiatry



RESIDENCIES

- General Adult Psychiatry
- Internal Medicine & Psychiatry
- Triple Board
Psychiatry, CAP, Pediatrics

FELLOWSHIPS

- Child and Adolescent Psychiatry
- Forensic Psychiatry
- Addiction Medicine

Adult Psychiatry Program



Gayle Pletsch, MD
Program Director



Kiana Tregre, MD
Assistant Program
Director



**Yi Yen "Annie"
Yeh, MD**
Assistant Program
Director



Michael Romanelli, MD
Assistant Program
Director



Latonya Guice
Program
Coordinator



Training Sites

Southeastern LA Veterans Hospital



University Medical Center



St. Charles Parish Hospital



East Jefferson General Hospital



Other Sites



**TULANE BEHAVIORAL
HEALTH CLINIC**



**CHILDREN'S HOSPITAL
NEW ORLEANS**



**ELMHs STATE FORENSIC
HOSPITAL**

Other Sites



**METROPOLITAN
HUMAN SERVICES
DISTRICT (MHSD)**



**NOLA EARLY PSYCHOSIS
INTERVENTION CLINIC
(EPIC)**



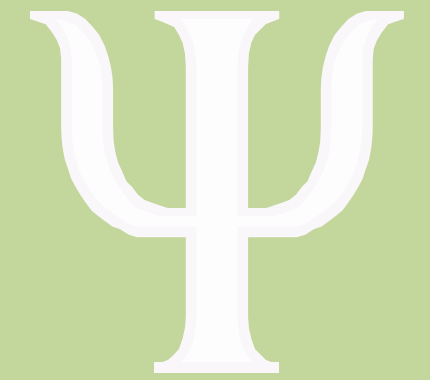
**UMC
OUTPATIENT CLINIC**

Categorical Sample Schedule

Block	1	2	3	4	5	6	7	8	9	10	11	12	13
PGY-1	Neurology		Internal Medicine				UMC Psychosis Unit			VA consults	VA Inpatient		
PGY-2	Consult-Liaison		Nightfloat	UMC Mood Unit		Geriatrics	Child		Addiction	St. Charles Med-psych Unit		MHICM (VA ACT TEAM)	Forensic Psychiatry
PGY-3	Outpatient Clinic												
PGY-4	Electives												

Outpatient Continuity Clinic				
TUBC Med Management	VA Med Management	UMC Clinic	VA Med Management	Elective
TUBC Psychotherapy	Psychoanalytic Institute	Therapy didactics/QI	VA Psychotherapy	Didactics

Weekends & Call



- **PGY1 & PGY2**
- **WEEKEND CALL POOL**
- **NIGHT FLOAT ROTATION**



PGY3 & PGY4

No call!



Electives

- FORENSICS
- WOMEN'S MENTAL HEALTH
- MHICM (VA ACT TEAM)
- PRIMARY CARE MH INTEGRATION CLINIC
- ADDICTION CLINIC
- SPORTS PSYCHIATRY
- LEADERSHIP
- CHILD & ADOLESCENT GROUP THERAPY
- UMC JUNIOR ATTENDING
- FIRST EPISODE PSYCHOSIS
- BRIDGE HOUSE / GRACE HOUSE

Didactics

PGY1

DSM SERIES
WELLNESS
MS EDUCATION
PSYCHOPHARM
LANDMARK
STUDIES

PGY2

CONSULT & LIAISON
FORENSICS
SUBSTANCE USE
CHILD &
ADOLESCENT
INTRO TO
PSYCHOTHERAPY

PGY3

PSYCHOANALYTIC
INSTITUTE GROUP
SUPERVISION
MED MANAGEMENT
CBT, DBT, MI, ACT
PSYCHOPHARM
ETHICS
CULTURAL
PSYCHIATRY

PGY4

PRITE REVIEW
BOARD PREP
CAREER
PLANNING
ADVANCED
PSYCHOPHARM
ADVANCED
THEORIES OF
PERSONALITY

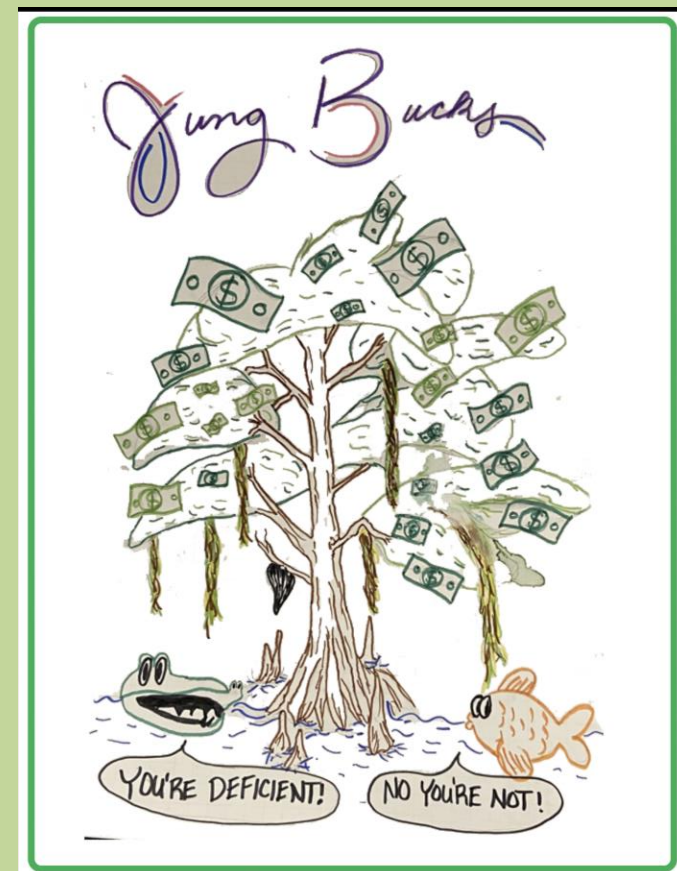
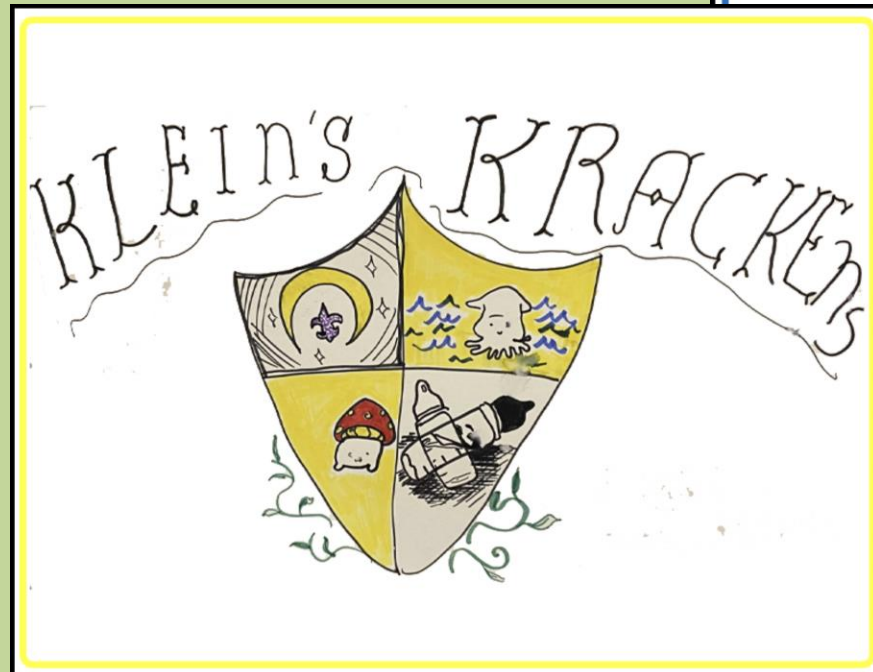
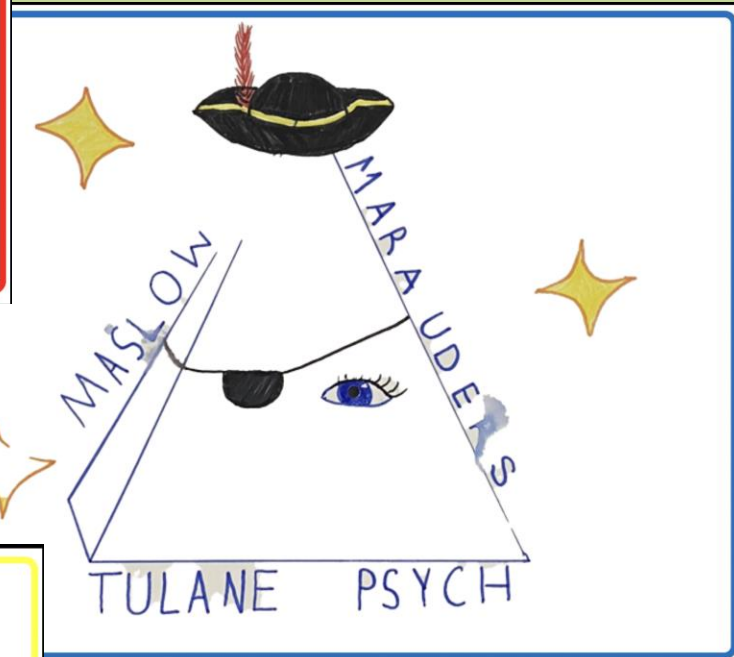
Group Didactics

GRAND ROUNDS

TEAM-BASED LEARNING

- Critical Appraisal
- PRITE Jeopardy
- Reading and Writing
- Wellness

**FRIDAY AFTER CLASS..ON
TUESDAYS**



Resident Wellness

- Wellness Class
- Wellness Activities
- Wellness Half-days
- Process Group
- Resident Life
- Duty Hour Monitoring

Resident Wellness Classes

- The 6 Components of Wellness
- Narrative Medicine
- Mindfulness/Meditation
- Yoga
- Professional Identity
- Resilience
- Professional Boundaries, Therapeutic Alliance, and Countertransference

FRIDAY, MARCH 17, 2022
A LUCKY GREEN WAVE

SHAMROCKIN' MATCH DAY

Party

Come join us for a
Department of Psychiatry & Behavioral Sciences

Intern Reveal

Party
@ 1:30pm

Tidewater Library
Refreshments Served
FREE ENTRY!



YOU'RE INVITED TO
TULANE PSYCH RESIDENT

HALLOWEEN HANGOUT

COSTUMES (OR INSPIRED OUTFITS) STRONGLY ENCOURAGED!

EXAMPLES INCLUDE, BUT ARE NOT LIMITED TO	ANIMAL PRINT EMO KID STRANGER THINGS CHARACTER VAMPIRE (ALL THE GLITTER) POWERPUFF GIRLS INSIDE OUT EMOTIONS ETC.
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Community Engagement

WARREN EASTON HIGH SCHOOL MENTAL HEALTH DAY 2024

Opening: What is Mental Health?

Panel Discussion

Mental Health Coping Strategies

- o Breathing Exercises
- o Mantras – Yoga Poses
- o Journaling – writing or drawing

Breakout Sessions

- o Social Media
- o Suicide
- o Anxiety/ Depression (Social anxiety and other subsets of anxiety)
- o Parent/teen relationships and communication
- o Community violence/ Trauma
- o Psychosis – Signs/Symptoms

Empowerment Speaker

Closing Remarks



Department of Psychiatry & Behavioral Sciences Cultural Engagement Initiatives

Diversity Committee	EDI Strategic Planning Committee	EDI Officer
• Film club • Book club • Advocacy, Consumerism & Community Engagement (ACCE)	• Curriculum & Training (JEDI-CATS) • Recruitment & Retention • Personal Growth • Community Engagement & Outreach	• Coordinates EDI initiatives • Reports on departmental EDI activities • Serves on SOM & University EDI committees

Psychiatry & EDI

EDI Newsletter | October 2023

OCTOBER MONTHLY OBSERVANCES

ADHD Awareness, Down Syndrome Awareness, Dyslexia Awareness, Filipino American History, Italian-American Heritage & Culture, LGBT History, National Domestic Violence Awareness



JEDI Friday is October 6



We will continue our JEDI discussions on the first Friday of each month at 2:00 p.m.

Participants will be able to engage in a number of different initiatives, including book and film club, clinical discussion group, disability advocates group, JEDI CATS, and [journal club](#) (article link) among others.

We appreciate the opportunity to offer these activities and hope you will join us.

More on World Mental Health Day

The World Health Organization has a wealth of resources available that supports advocacy for the right to mental health services and overall well-being for everyone. Read more and find resources [here](#).

ACCOUNTABILITY TIP!



This month, you are asked to consider how race and ethnicity affect your identity and place in society, including access to health and mental health services:

- Think about your own positionality in relation to race and ethnicity and how it may reflect greater power dynamics related to privilege and oppression.
- Evaluate how the values, norms, and behaviors associated with your own ethnic or racial identity may influence your behavior, both personally and professionally.
- If you are in a position of power within a larger system of racial privilege and oppression, reflect on how your position affects your awareness and understanding of other people's experiences when it comes to systemic racism and racial inequity.



Psychiatry & EDI

EDI Newsletter | October 2023

ACCE Spotlight: World Mental Health Day

LOCAL COMMUNITY EVENTS:



The 14th Annual NAMI Walks New Orleans will be held on October 28 at 9:00 a.m. in Lafreniere Park (3000 Downs Boulevard in Metairie). The route is just under a mile but represents a powerful chance to leave a significant mark on the Greater New Orleans mental health landscape. Family members, including those of the canine variety, are welcome to participate and since it's Halloween weekend, costumes are encouraged. We hope you will join the festivities and lace up your walking shoes for this very important cause. Click [here](#) to learn more and register.

Que Pasa Fest 2023 is coming up on October 7 & 8 at Lafreniere Park (3000 Downs Blvd., Metairie). What began in 2011, as a simple vision to bring people from all over the metro area together to enjoy and celebrate the beauty and history of our Hispanic heritage, has turned into a fast growing and popular event. We once again hope to meet people's expectations while supporting our artistic family. This free admission family festival, which takes place at Lafreniere Park in Metairie, is an event like no other uniting people through music, food and dance. The goal is to grow it to be the largest free admission celebration of Hispanic heritage and culture in Louisiana. Que Pasa Fest was created by Cervantes Fundacion Hispanoamericana de Arte.

LOCAL ORGANIZATION SPOTLIGHT

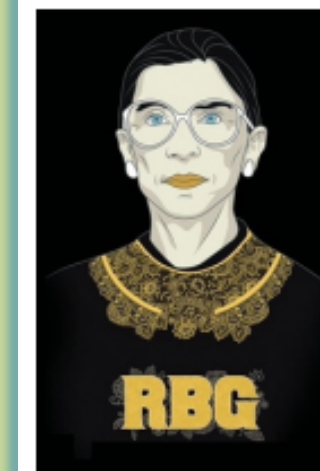
The [New Orleans Mental Health Collaborative](#) (MHC) was created to identify and fill gaps in mental health care in the city. This initiative was launched on September 15, 2022 during a special session of the City Council focused on mental and behavioral health. The MHC is a group of health care providers, nonprofit organizations, government agencies, and businesses committed to addressing the mental and behavioral health crisis for children, youth, and adults in New Orleans. United Way of Southeast Louisiana is serving as the backbone organization for the collaborative to guide partners, source funding, develop shared goals and strategies, and drive policy change. Our own Dr. Myo Myint is a member of the Steering Committee.



Film Club

Date and Time: October 6, 2023 at 2:00 p.m.

Link: [Please click here](#) to join our Zoom meeting.



RBG, a documentary directed by Julie Cohen and Betsy West about the ground-breaking life of the late Supreme Court Justice Ruth Bader Ginsburg. The film includes a mix of still images, archival videos, and interviews with family, friends, and colleagues; it chronicles her life from childhood to law school and her early career days through to her fight against gender discrimination, and her time on the U.S. Supreme Court. The documentary creates the portrait of a pioneer in the movement for equal rights for women and a fierce advocate for justice for all.

RBG is available for streaming on Apple TV, Vudu, and Amazon Prime Video.

Book Club

Date and Time: November 3, 2023 at 2:00 p.m.

Link: [Please click here](#) to join our Zoom meeting.

A Lesson Before Dying is set in a small Cajun community in the late 1940s. Jefferson, a young black man, is an unwitting party to a liquor store shoot out in which three men are killed; the only survivor, he is convicted of murder and sentenced to death. Grant Wiggins, who left his hometown for the university, has returned to the plantation school to teach. As he struggles with his decision whether to stay or escape to another state, his aunt and Jefferson's godmother persuade him to visit Jefferson in his cell and impart his learning and his pride to Jefferson before his death. In the end, the two men forge a bond as they both come to understand the simple heroism of resisting and defying the expected. Ernest J. Gaines brings to this novel the same rich sense of place, the same deep understanding of the human psyche, and the same compassion for a people and their struggle that have informed his previous, highly praised works of fiction.

ERNEST J.
GAINES



A
Lesson
Before
Dying

"This majestic, moving novel is an instant classic; a book that will be read, discussed and taught beyond the rest of our lives."
—Chicago Tribune

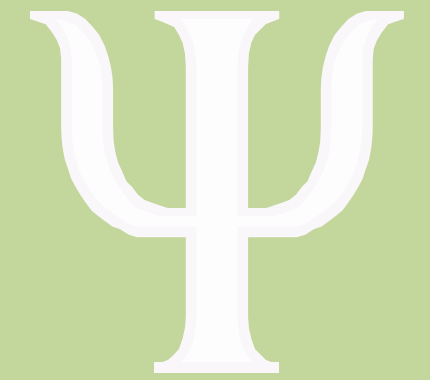
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Salary

(2025-2026)

PGY1	\$60,241
PGY2	\$62,222
PGY3	\$64,290
PGY4	\$66,975

Vacation & Leave



PGY1

- Vacation: 15 days on Psychiatry, and 5 days on Medicine
- Education: 5 days

PGY2+

- Vacation: 20 days
- Education: 5 days

ALL

- Sick: 14 days
- Maternity/Paternity



Benefits



RETREAT



HEALTH
INSURANCE



DENTAL / EYE
INSURANCE



LAPTOP



\$125/mo. LUNCH
FUND



BOOK FUND

- Step 3 reimbursement
- APA membership



LICENSING FEES

- LA license
- DEA
- LA CDS

Moonlighting



INTERNAL MOONLIGHTING

- St. Charles Parish Hospital
 - Weekend Inpatient Unit Coverage (~\$2,000 per weekend)
 - Overnight Call/ Admissions (~\$225 per night)
- East Jefferson Hospital Consult-Liaison
 - Overnight Telehealth ED/CL Assessments (~\$75 per diem + \$75 per consult)

OTHER SITES

- Odyssey House
- Ochsner sites
- Coroner's office
- Beacon Behavioral

NOLA Neighborhoods





GARDEN DISTRICT

- 1 BR: ~\$1,500 (\$1,195-\$3,500)
Sq. Ft: 428-1,200
- 2 BR: ~\$2,400 (\$1,450-\$9,800)
Sq. Ft: 650-1,800
- PERKS: Central location, historic, St. Charles Ave
- WUH OHS: Slow traffic, flooding



AUDUBON

- 1 BR: ~\$1,450 (\$1,000-\$2,350)
Sq. Ft: 420-1,000
- 2 BR: ~\$2,300 (\$950-\$10,000)
Sq. Ft: 750-2,100
- PERKS: Audubon Park, central location, residential



CARROLLTON/EAST CARROLLTON

- 1 BR: ~\$1,300 (\$900-\$1,750)
Sq. Ft: 350-1,200
- 2 BR: ~\$2,000 (\$1,100-\$5,500)
Sq. Ft: 600-2,000
- PERKS: Historic, university area, residential



UPTOWN

- 1 BR: ~\$1,500 (\$985-\$2,400)
Sq. Ft: 500-1,375
- 2 BR: ~\$1,900 (\$1,200-\$4,800)
Sq. Ft: 700-1,800
- PERKS: Audubon Park, high ground, Magazine St, parades



BROADMOOR

- 1 BR: ~\$1,100 (\$950-\$1,500)
Sq. Ft: 400-1,811
- 2 BR: ~\$2,000 (\$1,150-\$1,800)
Sq. Ft: 750-1,511
- PERKS: Audubon Park, central location, residential



LAKEVIEW/WEST END

- 1 BR: ~\$1,500 (\$1,100-\$2,375)
Sq. Ft: 550-950
- 2 BR: ~\$1,850 (\$1,200-\$3,699)
Sq. Ft: 637-2,490
- PERKS: City Park, lakefront, residential



MID-CITY

- 1 BR: ~\$1,300 (\$1000-\$1,800)
Sq. Ft: 350-975
- 2 BR: ~\$1,800 (\$1,050-\$3,500)
Sq. Ft: 600-1,650
- PERKS: City Park, close to work, Endymion Parade
- WUH OHS: Slow traffic, flooding



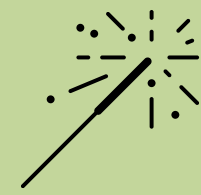
FRENCH QUARTER

- 1 BR: ~\$1,900 (\$1,300-\$3,661)
Sq. Ft: 381-1,600
 - 2 BR: ~\$2,600 (\$1,595-\$7,450)
Sq. Ft: 500-2,174
- PERKS: Historic, Riverwalk Park, close to work

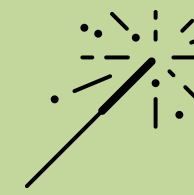


MARIGNY / BYWATER

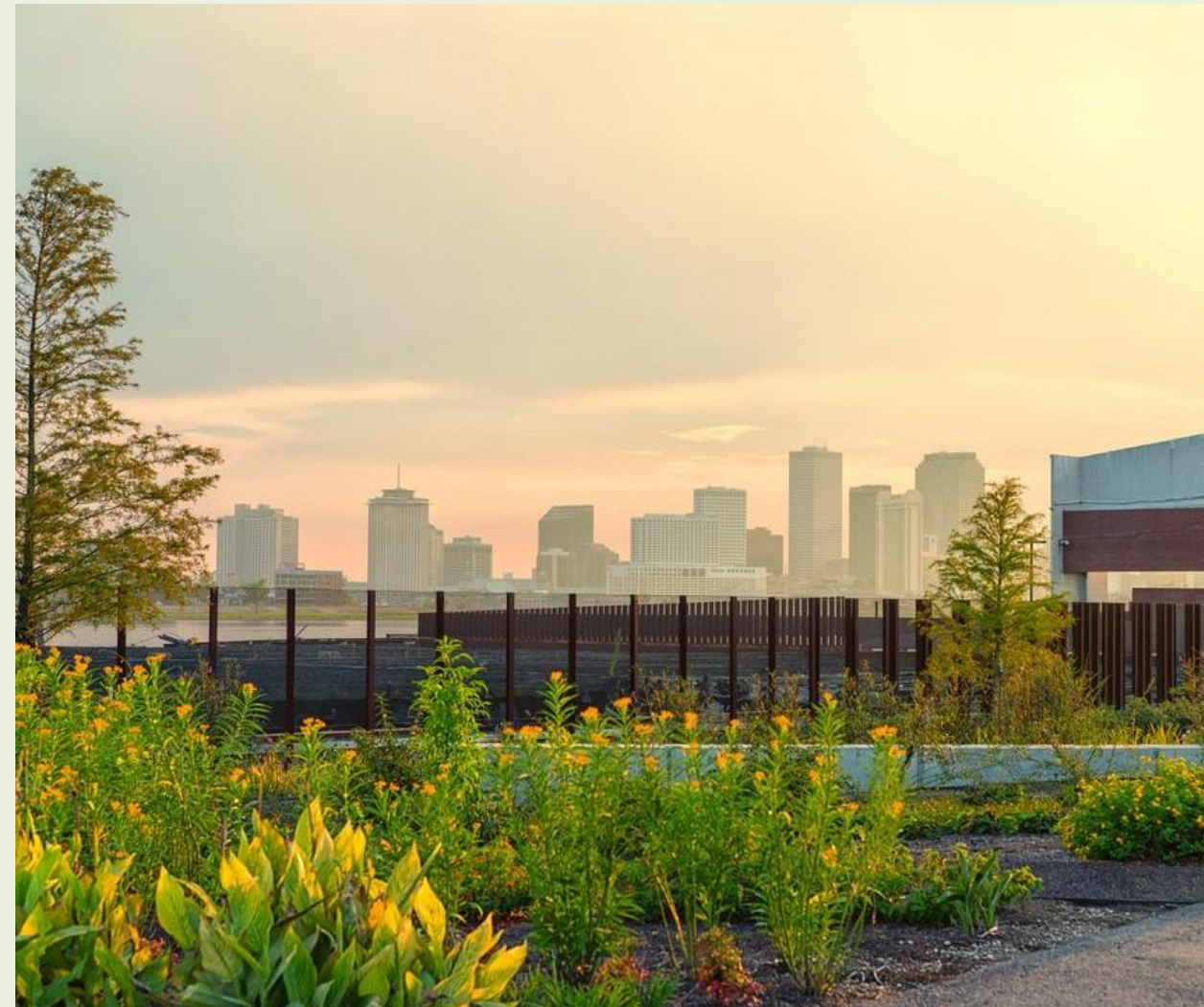
- 1 BR: ~\$1,300 (\$995-\$1,800)
Sq. Ft: 450-1,068
- 2 BR: ~\$1,800 (\$1,215-\$3,200)
Sq. Ft: 617-1,878
- PERKS: Crescent Park, historic, close to work, cool, colorful



Nature



AUDUBON PARK



CRESCENT PARK

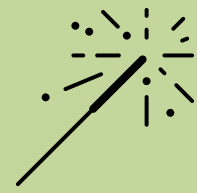


CITY PARK

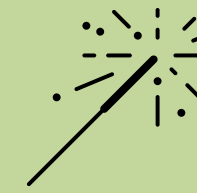


“ New Orleans food is as delicious as the less criminal forms of sin. - Mark Twain





Music







The Residents







“ My favorite thing about Tulane is the people! I felt so welcomed from day one. This program has some of the most compassionate individuals I’ve had the pleasure of working and growing alongside.

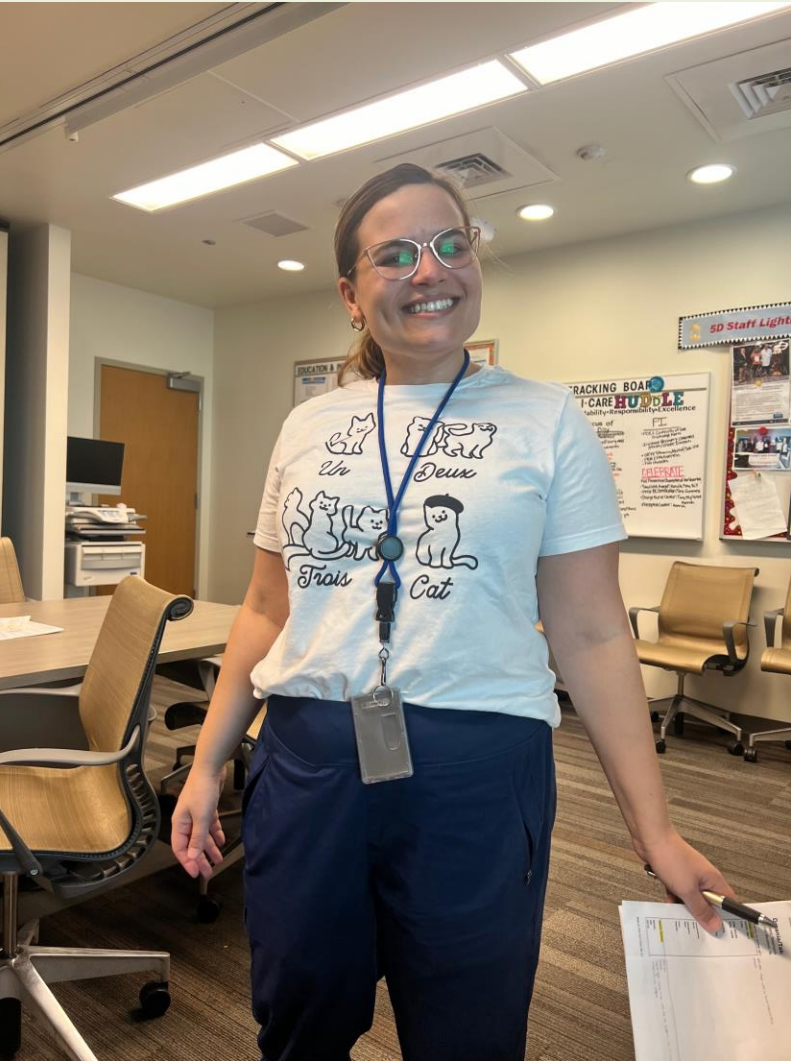
Dr. Brian Nwokeji, class of 2025













“ The patient diversity is unmatched, since residents rotate at three huge hospitals whose patients include everyone from the most underserved citizens to veterans in need.

Dr. Phi Luong, class of 2026





“ I love that New Orleans feels like home. People are warm and welcoming. The city has so much to offer, yet it feels easy to get the hang of.

Dr. Tara Khoobehi, class of 2027





“

America has only three cities: New York, San Francisco,
and New Orleans. Everywhere else is Cleveland.
Tennessee Williams



Keep in touch



[www Tulane Adult Psychiatry Program](http://www.tulaneadultpsychiatry.com)



@tulanepsychiatry