

Circle of Security Parenting

*For parents who want to invest in their child's emotional wellbeing
and their own confidence as a parent*

What is Circle of Security?

An internationally recognized, research-based program that helps parents

- Understand their child's emotional needs
- Build a stronger, more secure attachment
- Confidently respond to challenging behaviors (e.g., tantrums, aggression, defiance)
- Foster resilience and emotional intelligence

Who is it for?

Parents of children 0-6 who want to deepen their connection, enhance communication, and create a secure foundation for their child

What to expect?

- 8 weekly sessions (75 minutes each)
- Small group setting
- Personal attention
- Virtual participation
- Interactive discussion, real life examples, practical tools
- Led by certified facilitators (Tulane providers)

Your investment

\$600 per person (includes all materials)

Due in full prior to first session

All major debit and credit cards accepted

Enrollment is limited to ensure a personalized experience

Have questions?

Please call us at **504-988-5405**



Next group starts: Nov. 18, 2025 at 9:30AM

Email ttt@tulane.edu to register!

Learn more about this offering at <https://www.circleofsecurityinternational.com/>