

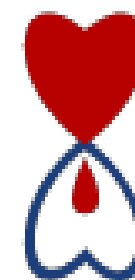
Tulane University
SCHOOL OF MEDICINE



Tulane
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SCHOOL OF SOCIAL WORK

DAILY REPORTS
10 APRIL 2020



THE BLOOD CENTER

Serving you for life!

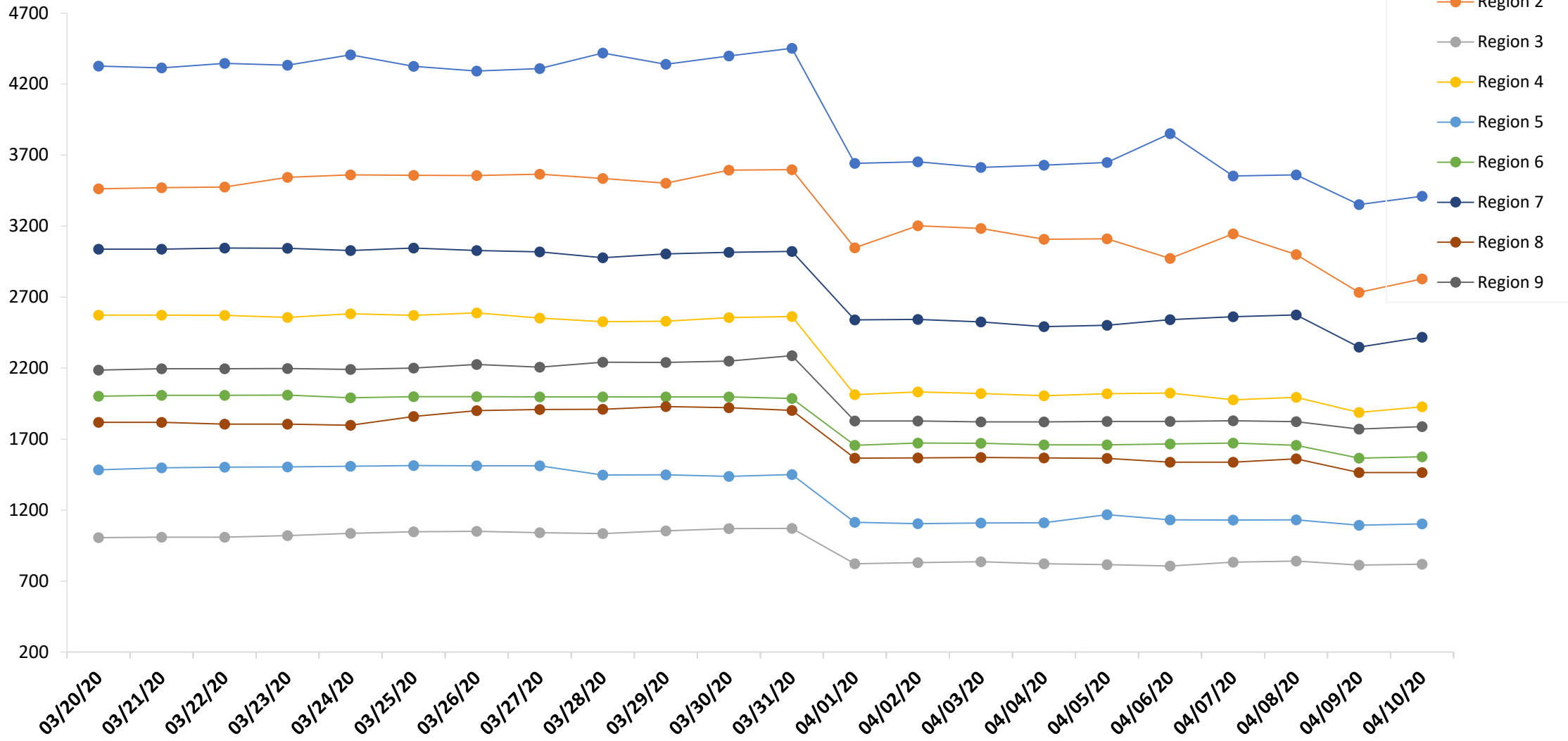
LOUISIANA

EMERGENCY RESPONSE NETWORK

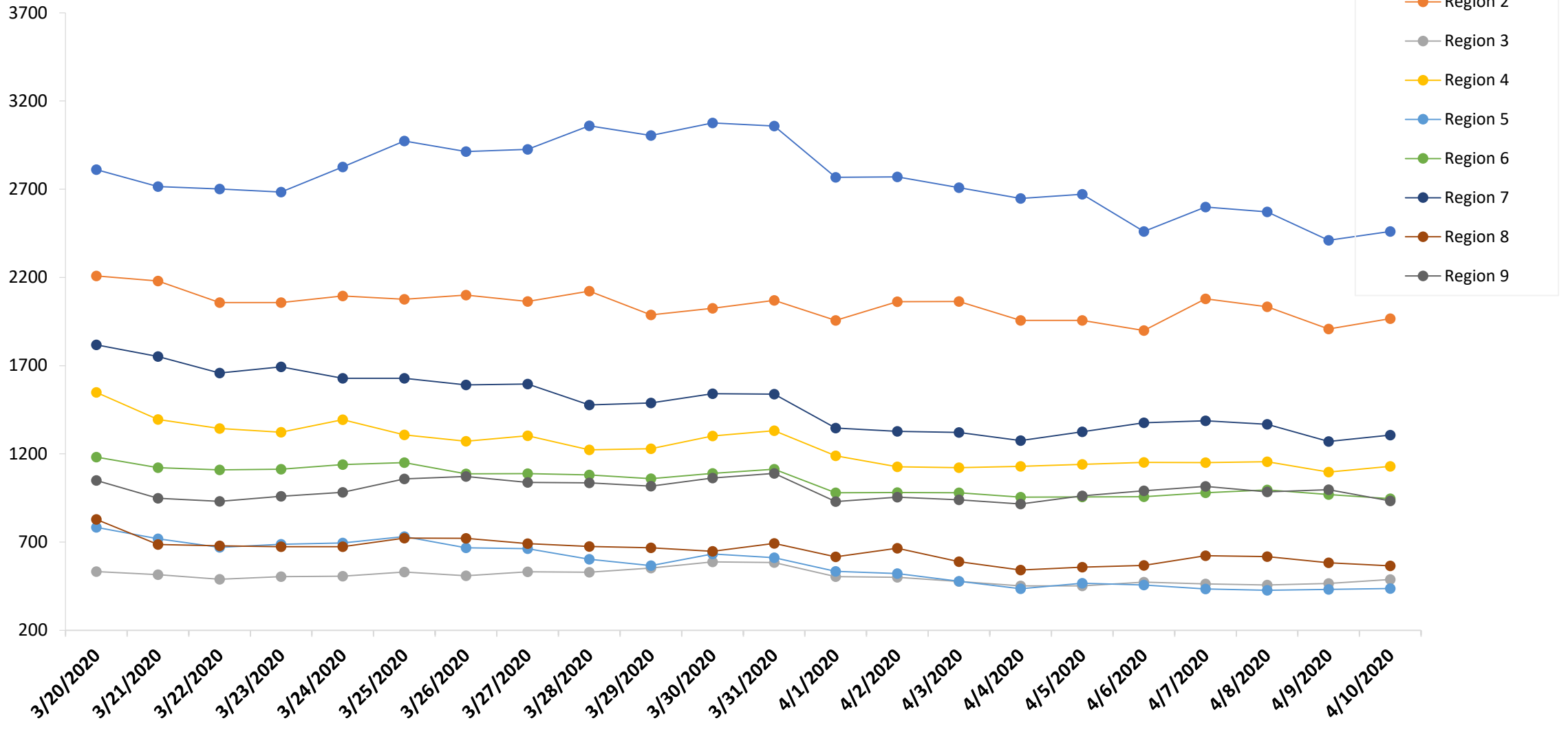


Utilization of Total Beds in Louisiana Hospitals

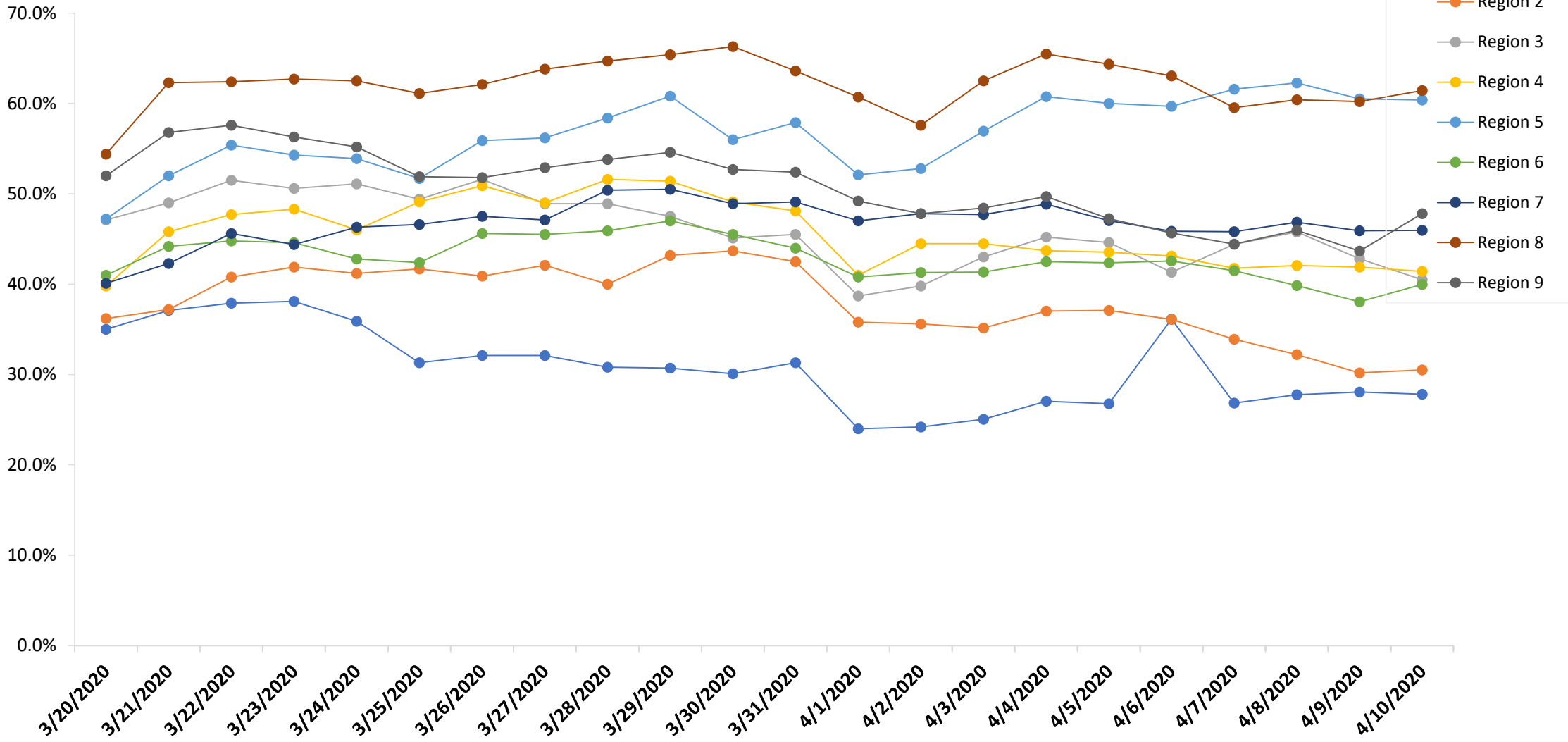
Total Bed Capacity



Current Census

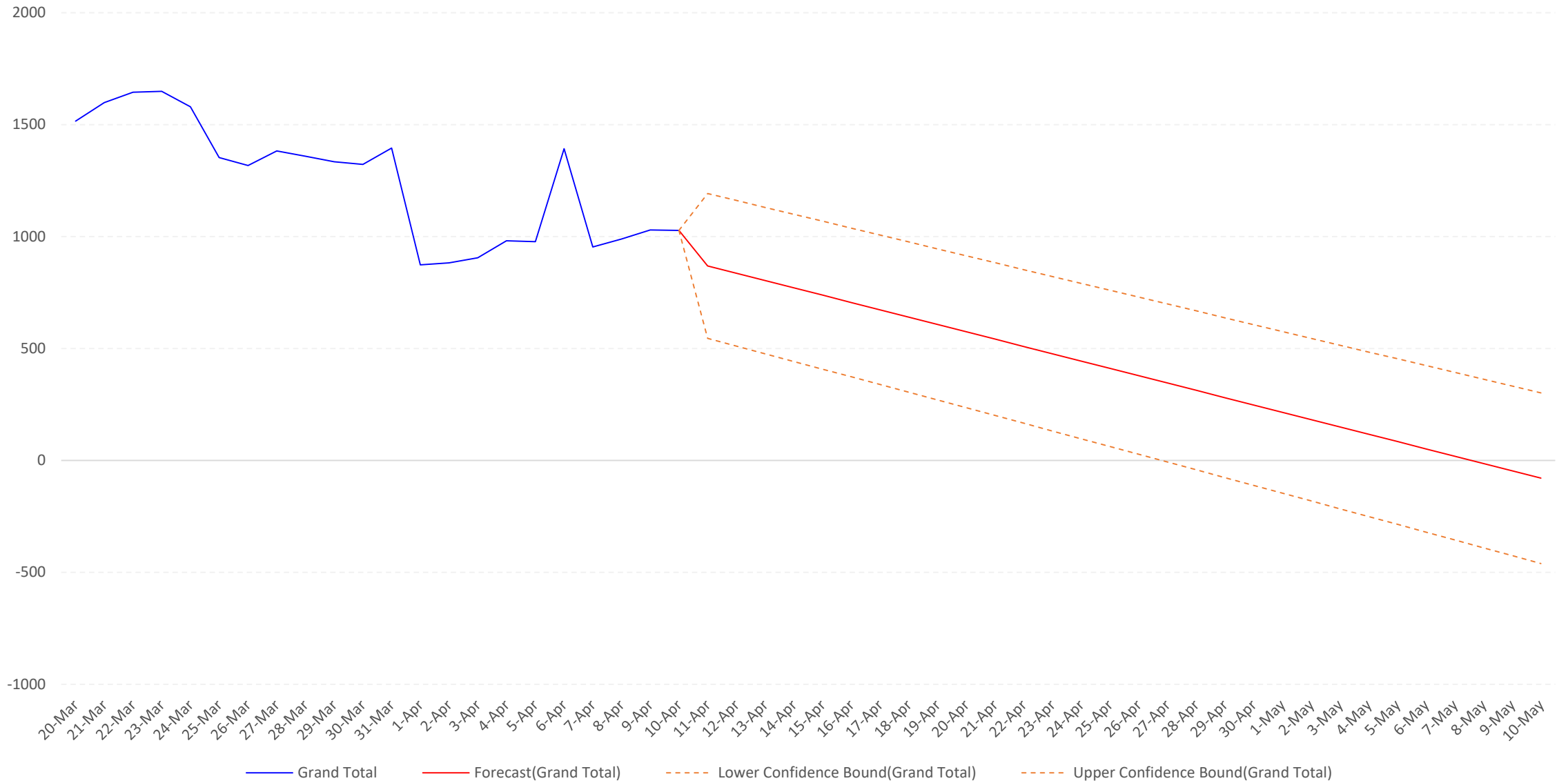


Available Capacity





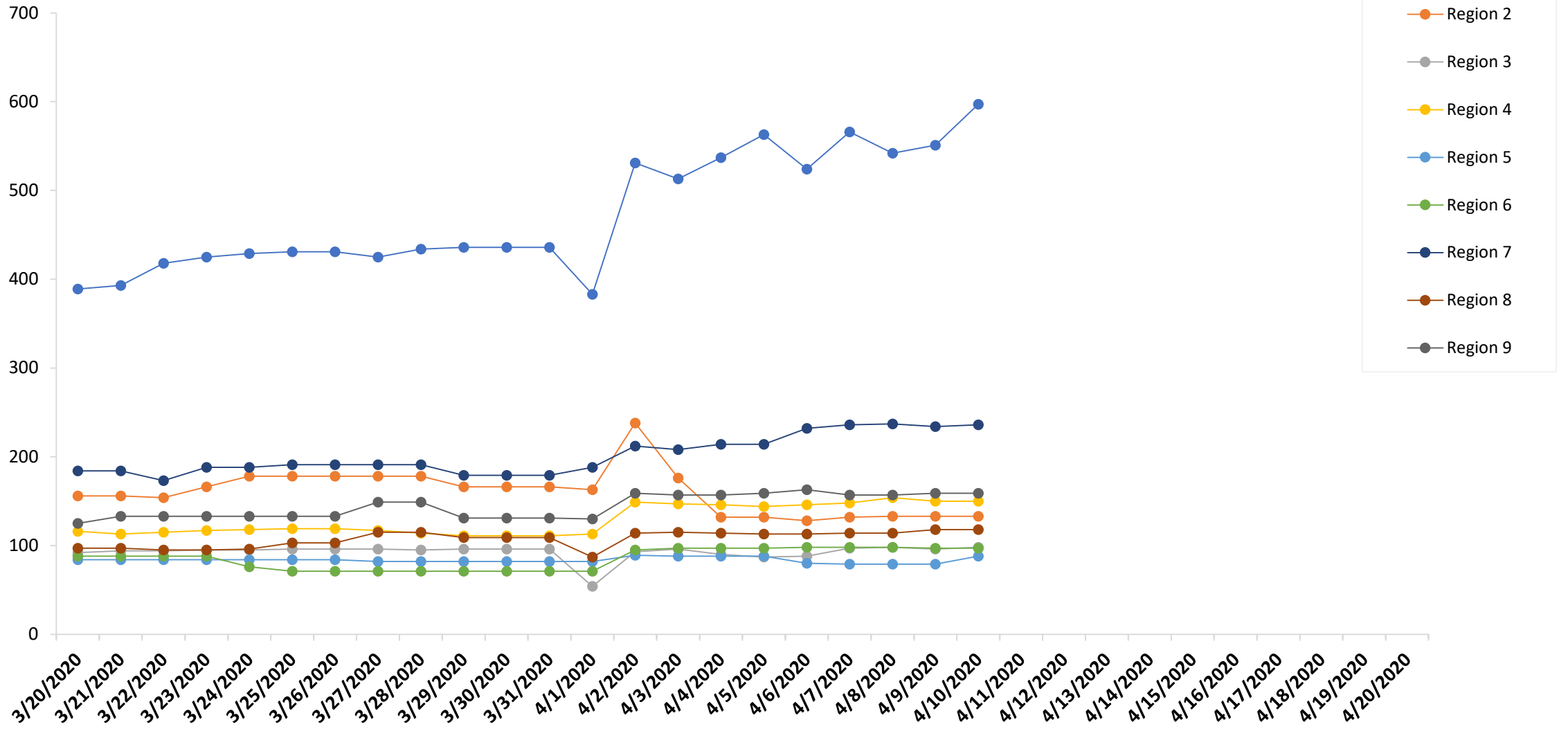
**Predicted hospital bed full
saturation**



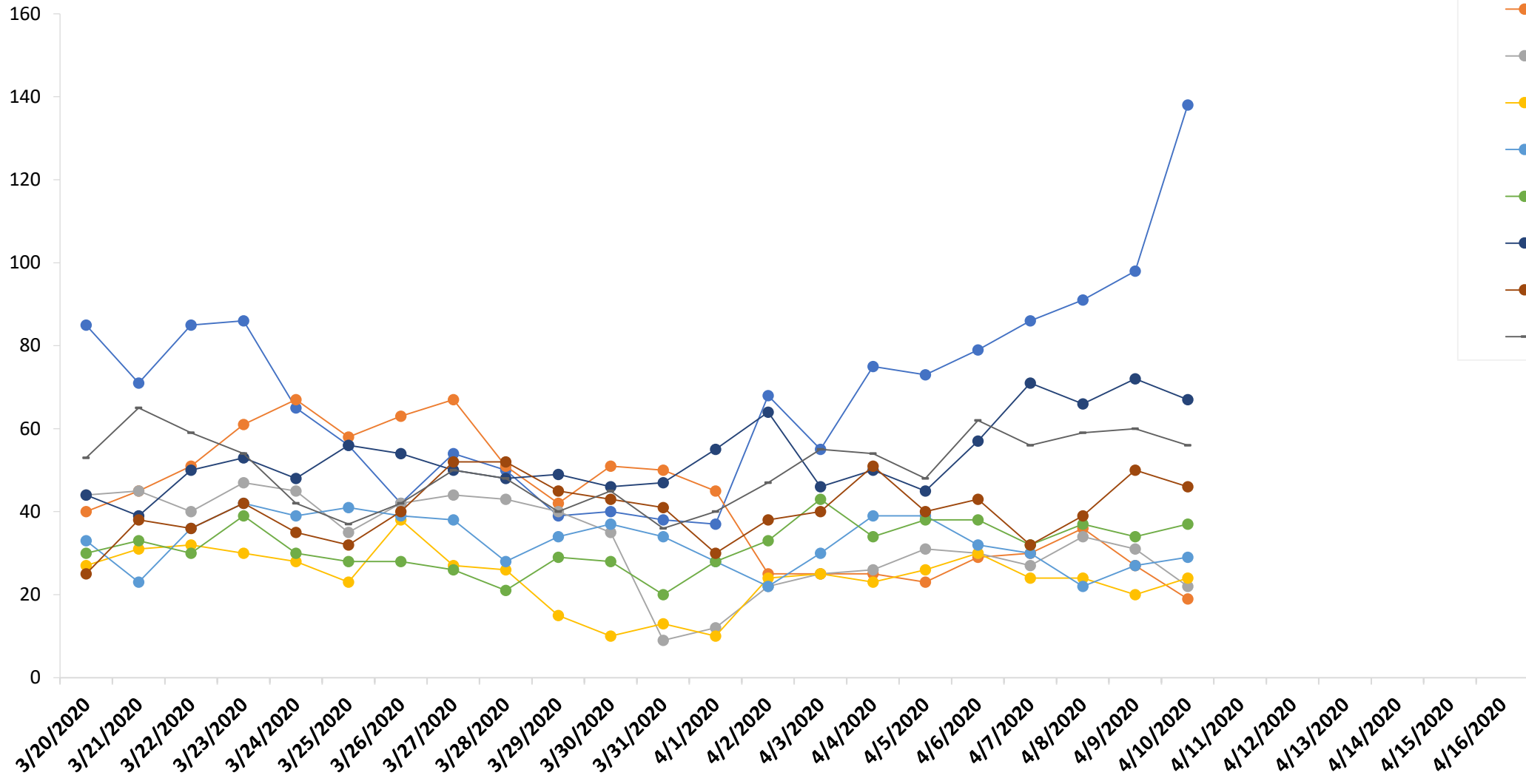


ICU Bed Utilization by Region

Critical Care - Adult - Capacity

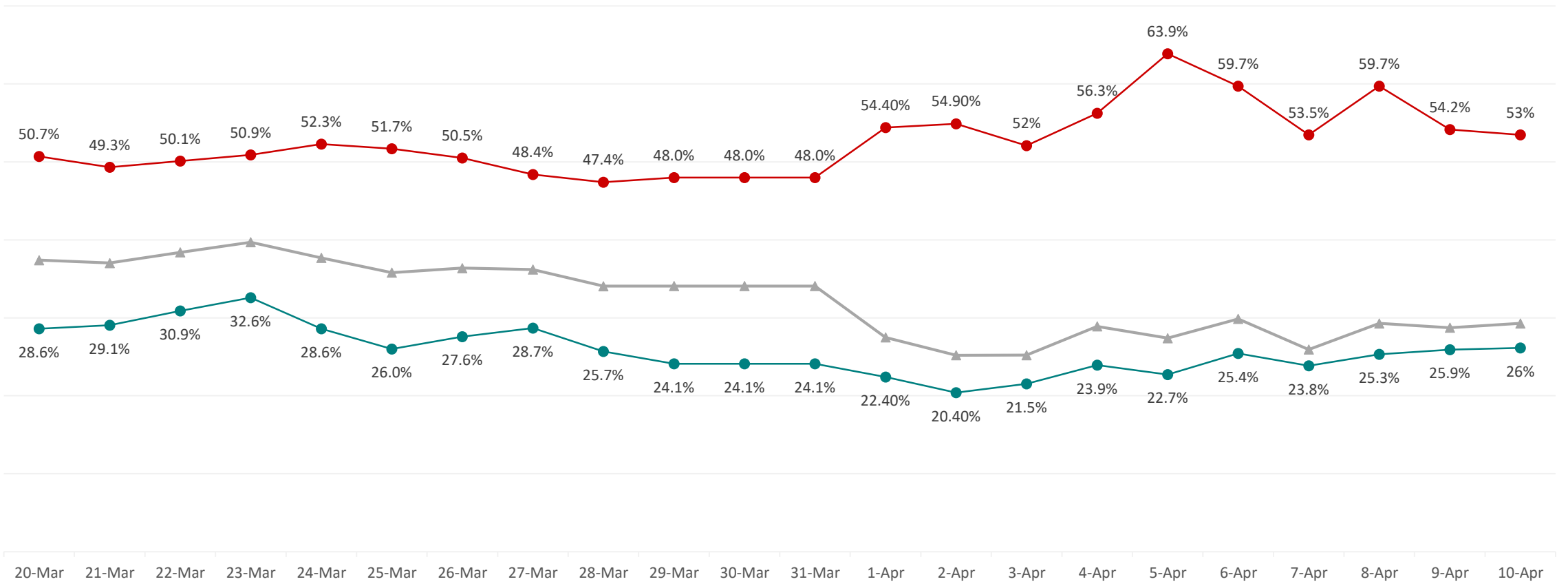


Critical Care - Adult - Available beds



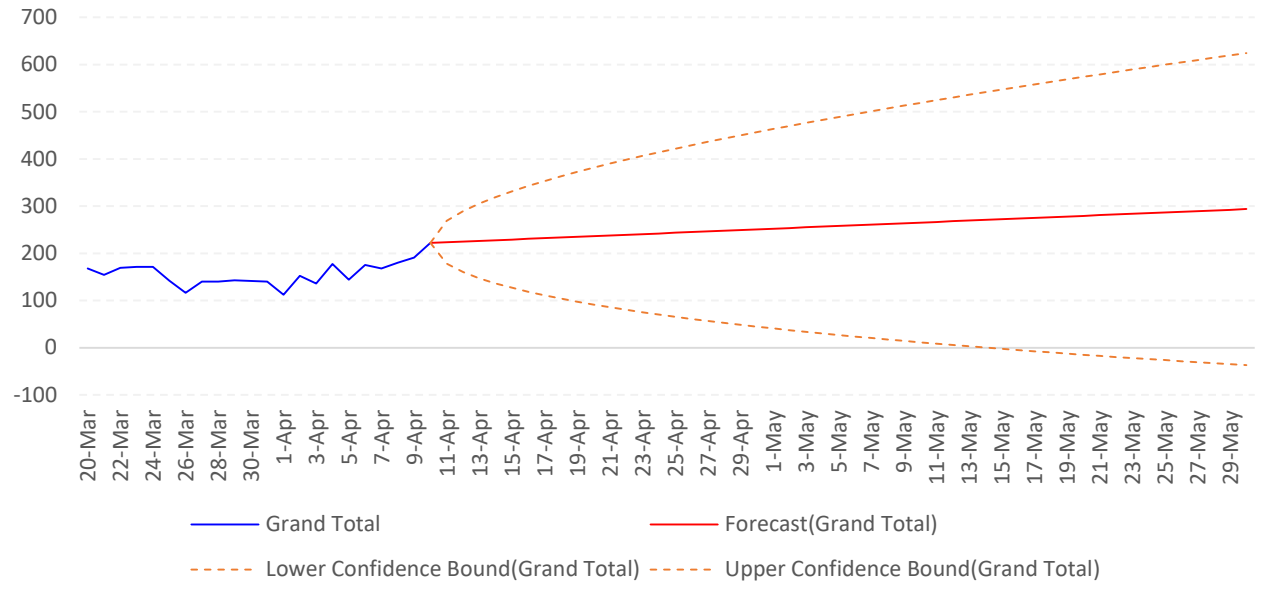
ICU Bed availability

● % Adult Available ● % Pediatric Available ▲ Total Available %





Predicted hospital bed full
saturation

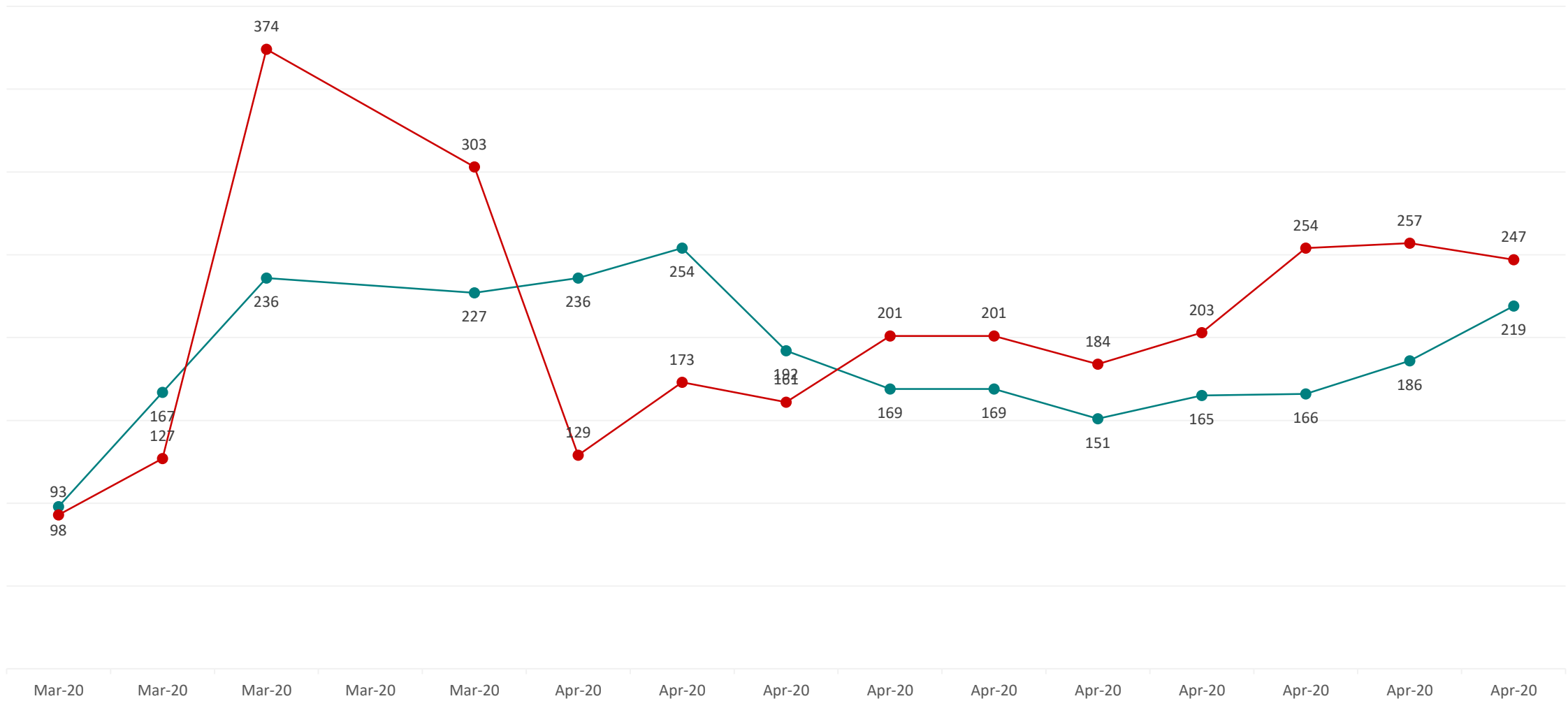




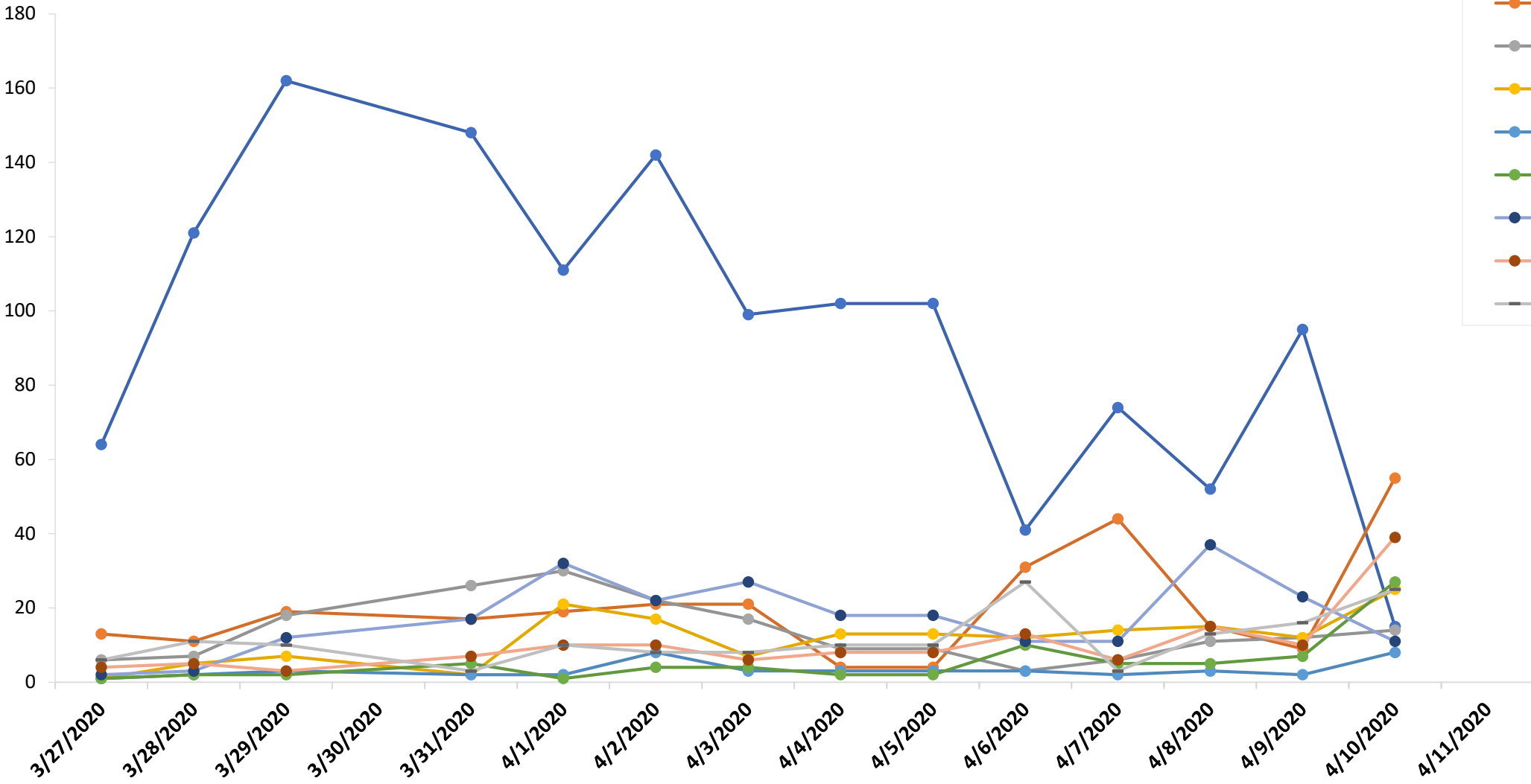
**Preliminary Hospitalized
COVID-19 Patient Data**

Of positive COVID patients

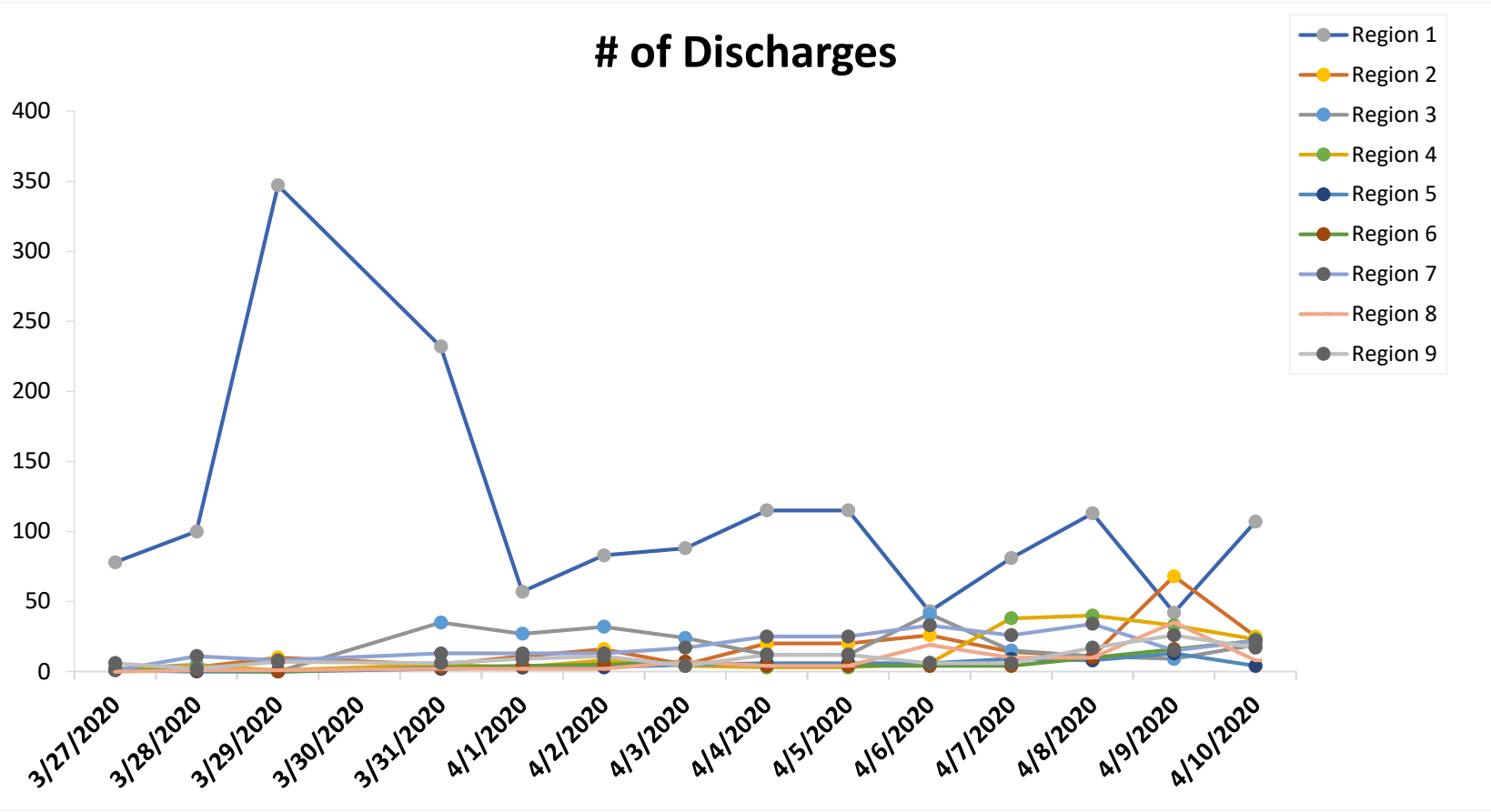
● # of New Pts ● # of Discharges



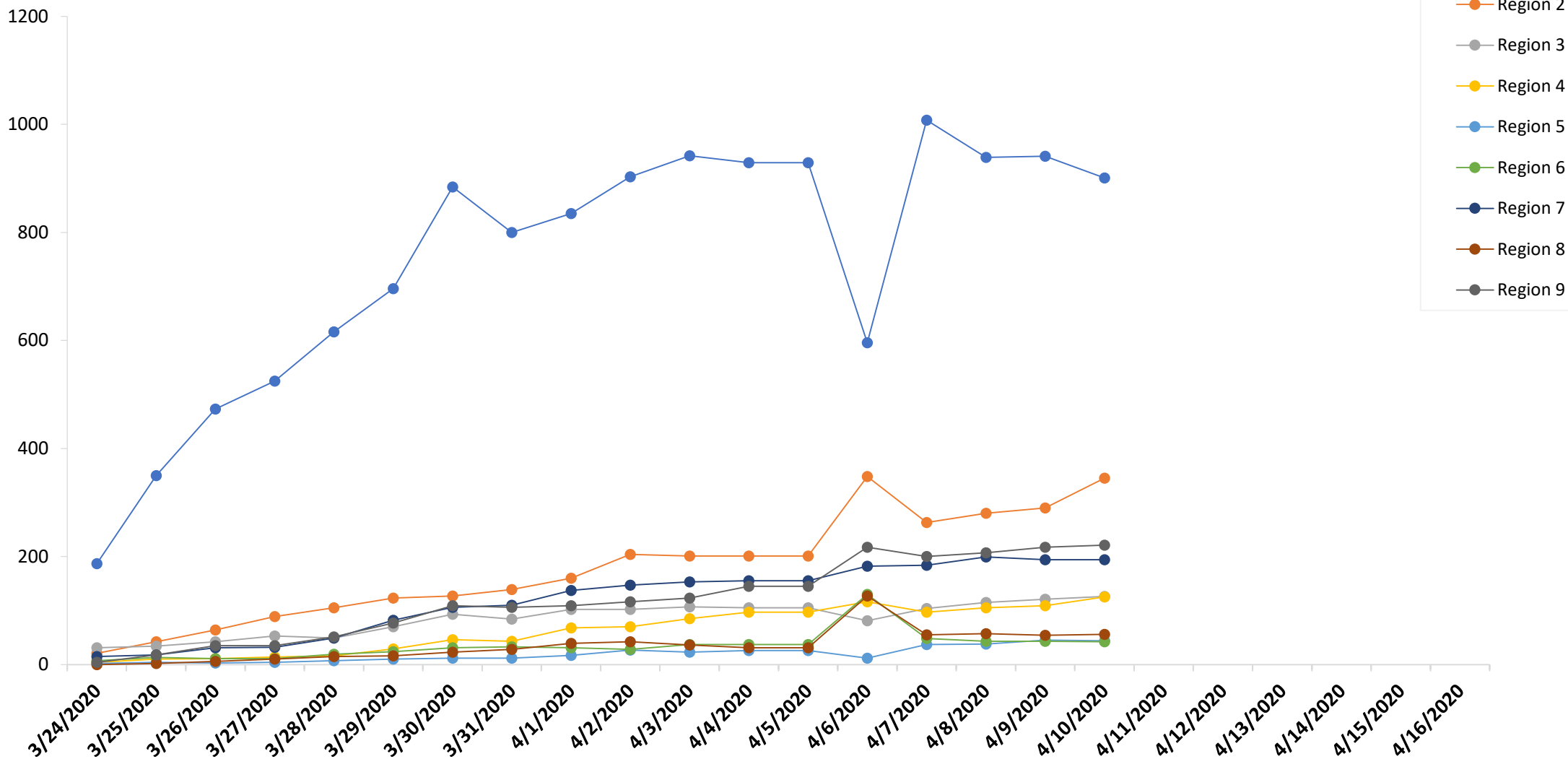
of New Pts



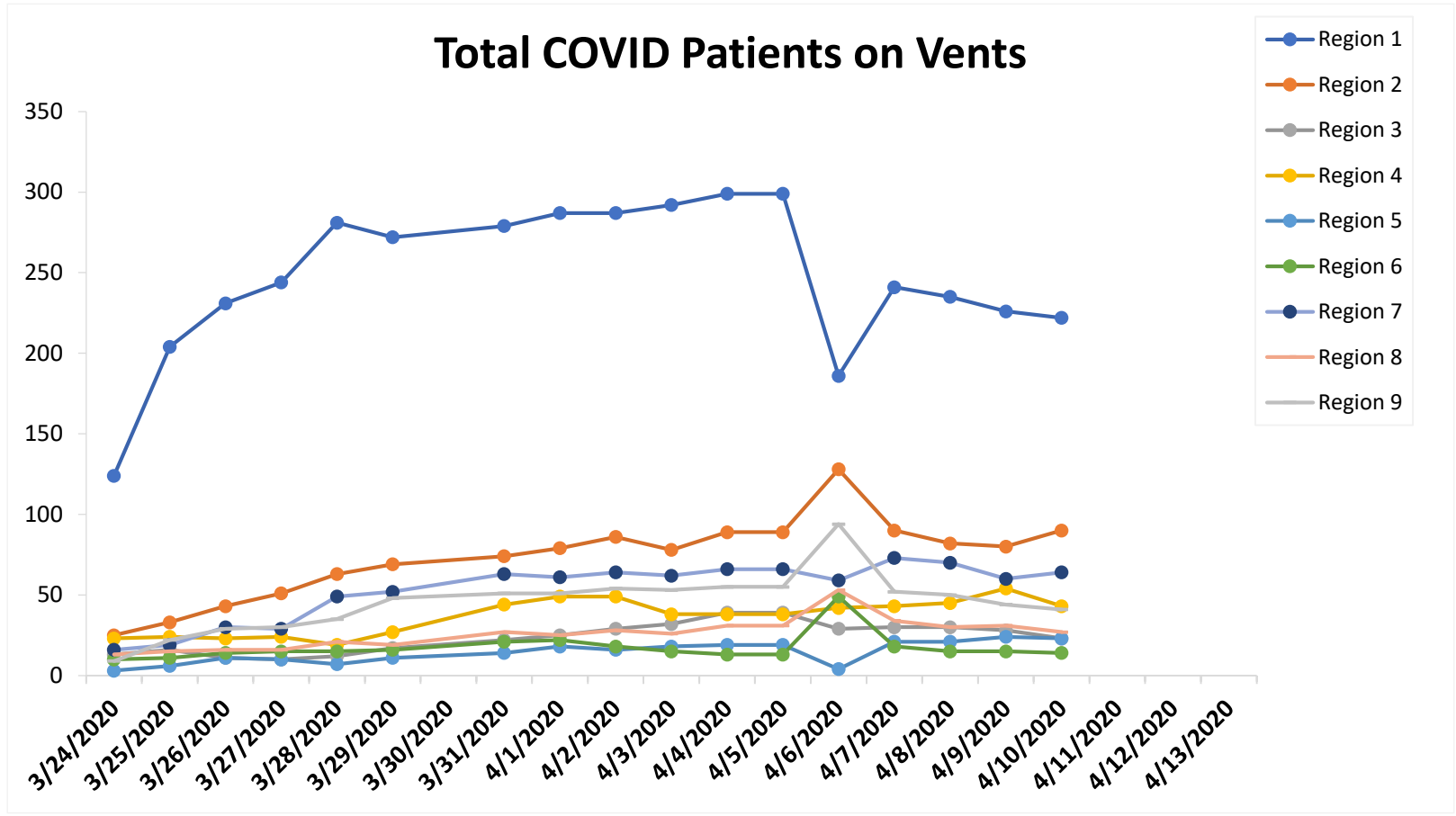
of Discharges



Total COVID-Positive Patients



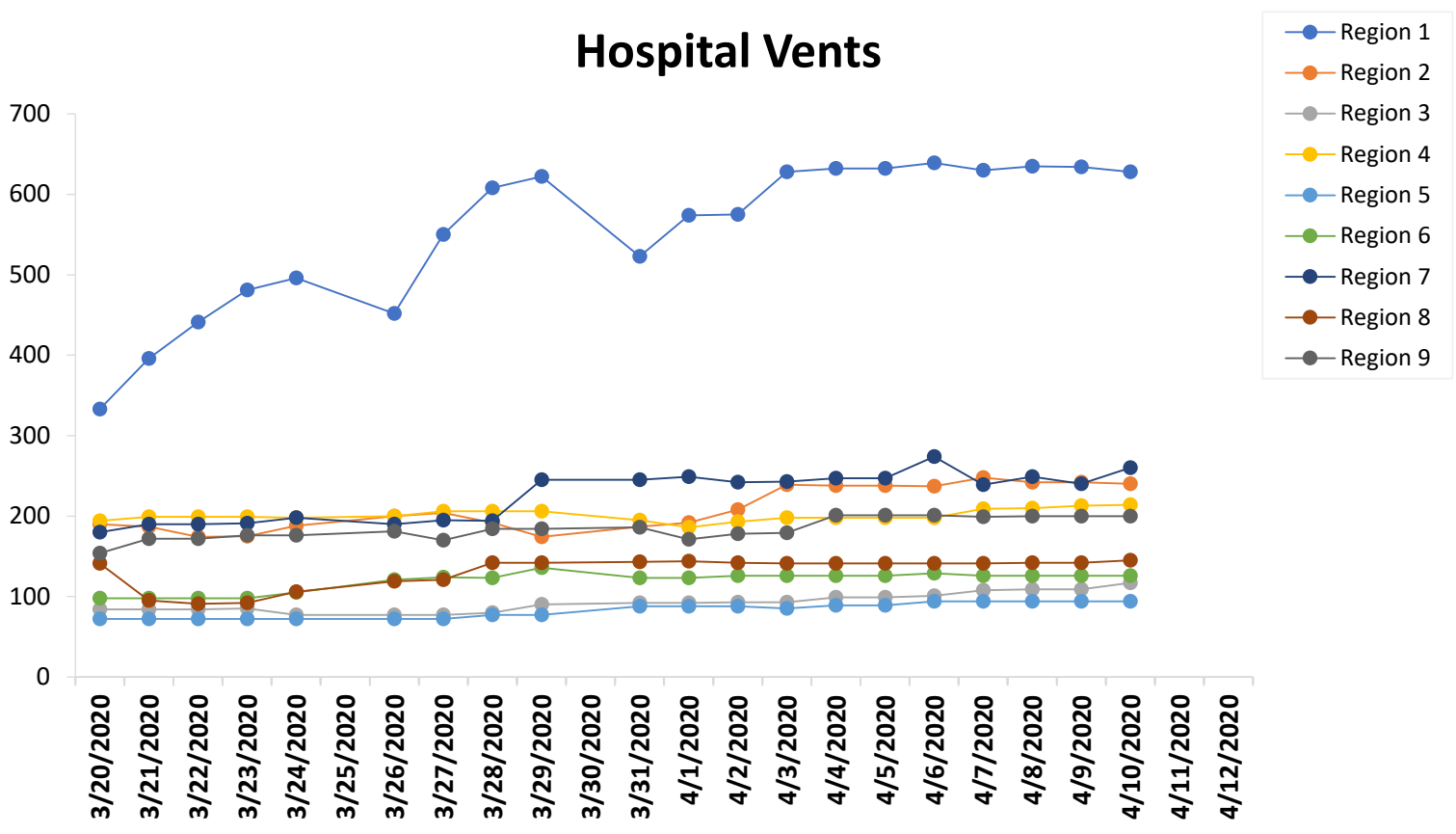
Total COVID Patients on Vents





Ventilation report

Hospital Vents





A rectangular graphic with a dark red background featuring a pattern of red blood cells. The text is in white and blue. The top line reads "HEALTHY DONORS NEEDED NOW!" in large, bold, white capital letters. The second line reads "Our Donor Centers are OPEN!" in white capital letters. The third line reads "SCHEDULE YOUR APPOINTMENT TO DONATE!" in white capital letters. The bottom line reads "(Must be done at least a day in advance)" in white lowercase letters. The entire graphic is set against a dark blue background at the bottom.

The State of the Blood Supply

Did You Know?

About 40% of the population can donate, only about 5% actually do.

- **The Blood Center** supplies Southeastern Louisiana and the Mississippi Gulf Coast www.thebloodcenter.org
- Current inventory levels are at a three day supply and adequate to meet **current** patient demands and any potential short term surge in usage.
- Current blood collections are keeping pace with demand – based on **current** trends – but this must be replenished daily as it is the blood on the shelf that saves a life



Ask yourself if you're feeling healthy... Good! continue on.

- **[Schedule a blood donation](#)**. Blood already on the shelves saves lives, and maintaining a sufficient blood supply is essential to ensure patients in need receive optimal treatment.
- **Begin the health screening** via [FastLane](#) *on the day of your donation* BEFORE you enter a donor center or mobile blood drive
- **Eat a good meal and don't forget your ID**
- **Arrive as close to your appointment time as possible** to reduce your wait and follow the [social distancing measures](#) suggested by the CDC
- After your donation, **consider sharing with friends and family** what you did on social media. It's good, positive, and you may encourage someone else into donating

The Blood Center would like to emphasize that sanitation, cleanliness, and safety for our donors, patients, and staff has always been #1. Every day, as a part of our regular operations, our donor centers follow appropriate infection control standards put forth by the U.S. Food and Drug Administration (FDA)

Self-Care

- Self-care is critical for all individuals, especially during a time of crisis. “Take five minutes, ten minutes, whatever you can do, to meditate, get moving, connect with someone, to address your needs”
- - *A key resource is a series of 5 guided mindfulness and meditation videos that are accessible and offer an immediate self-care option. (9-13 minutes each)*
 -
 - *Links to National Mental Health Support sites*
 -
 - *Resources for multiple audiences: First responders, health professionals, caregivers, remote workers and learners, families, parents, and teachers.*
-
- Visit selfcaretips.tulane.edu (<https://selfcaretips.tulane.edu>) for more information.



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MEDITATE



GET MOVING



CONNECT



INDULGE



Tulane University

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SELF-CARE RESOURCES

Provided by the Tulane University School of Social Work

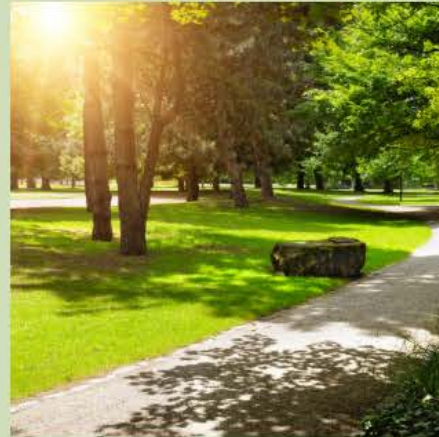
Updated content weekly
Subscribe for updates
<https://selfcaretips.tulane.edu/>



MEDITATE

Take a mental break and sit quietly for a few moments.

GUIDED MEDITATION VIDEOS



GET MOVING

Walk around the block. Go for a bike ride. Take an online yoga class.

SUGGESTED ACTIVITIES



CONNECT

Spend 10 minutes on the phone with a close friend. Video chat with a relative.

WAYS TO BE SOCIAL WHILE DISTANCED



INDULGE

Watch a movie or TV show. Create art. Play a video game.

ARTS & ENTERTAINMENT RECOMMENDATIONS