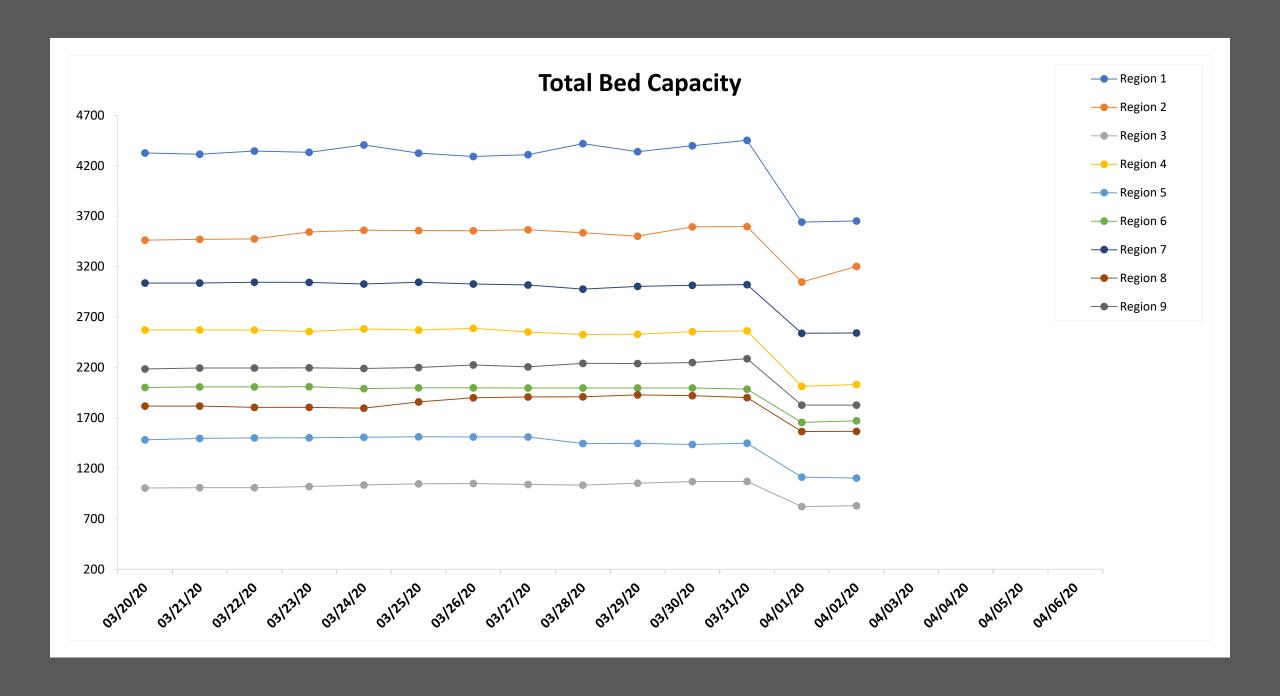
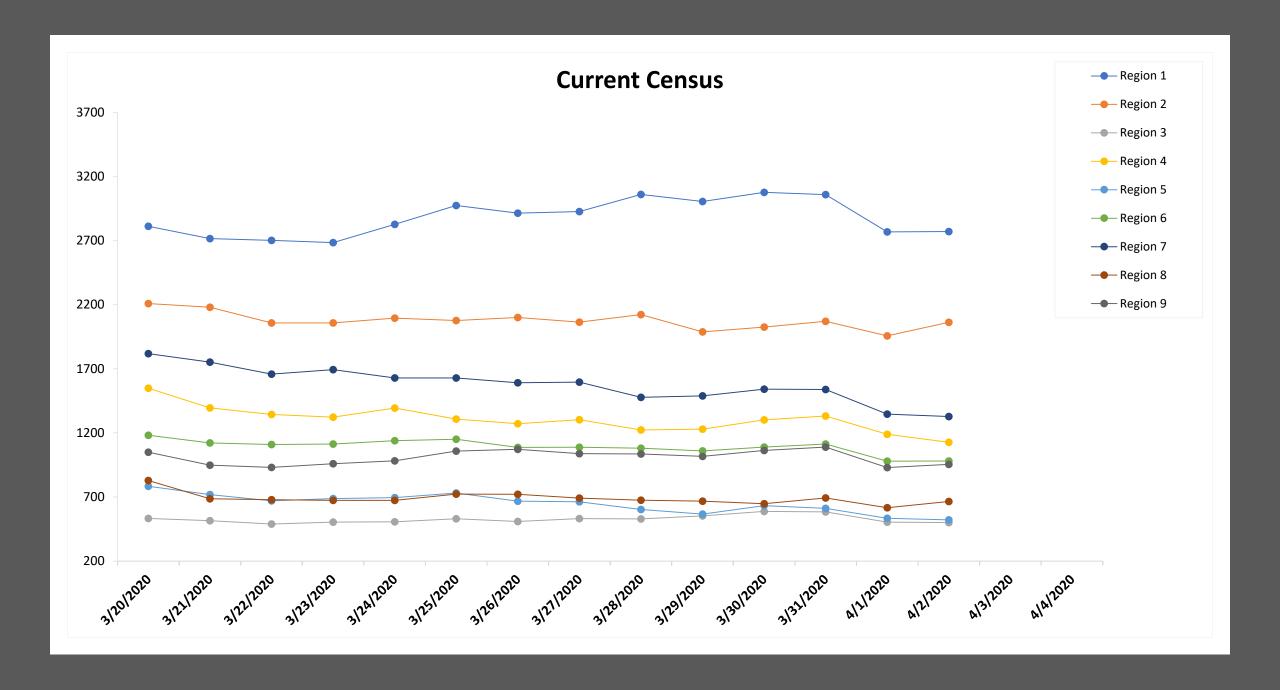
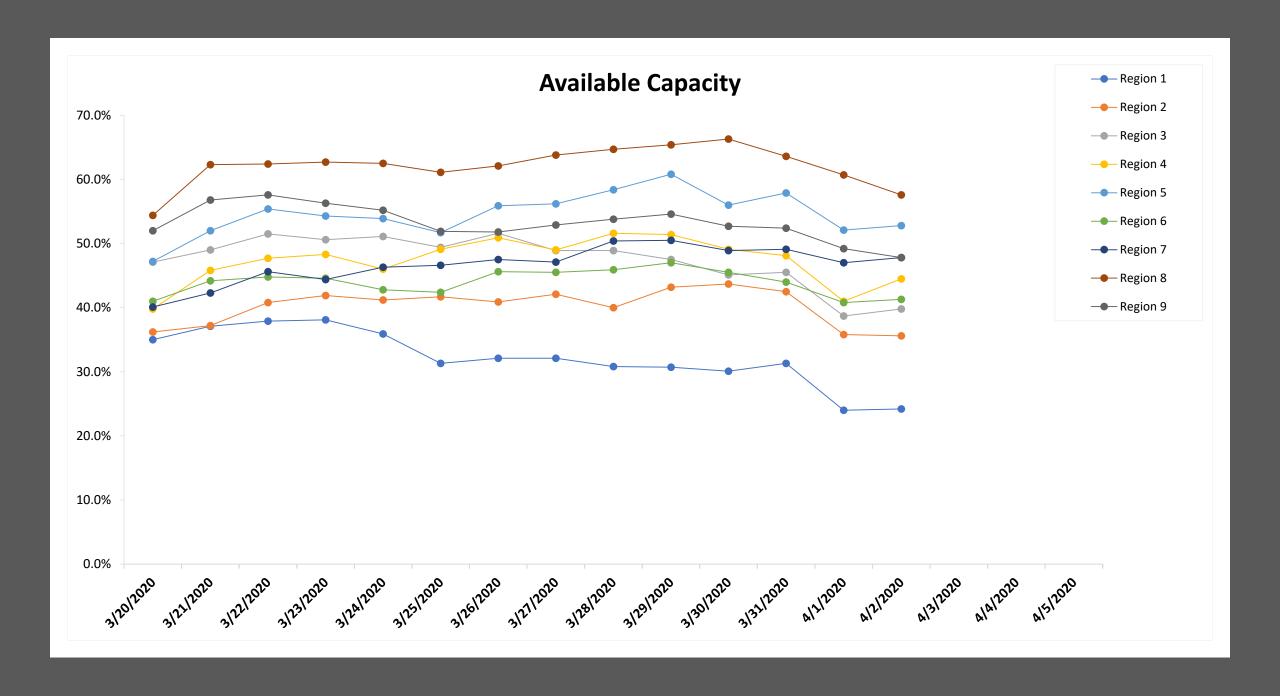


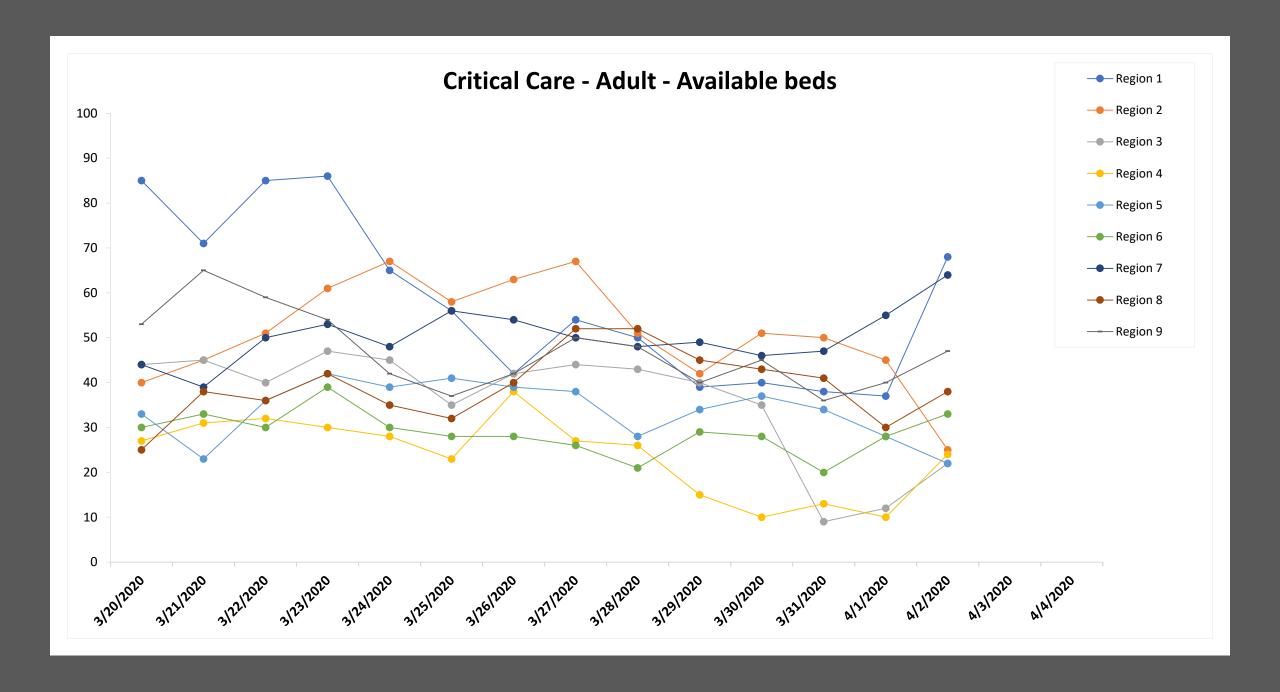
Utilization of Total Beds in Louisiana Hospitals

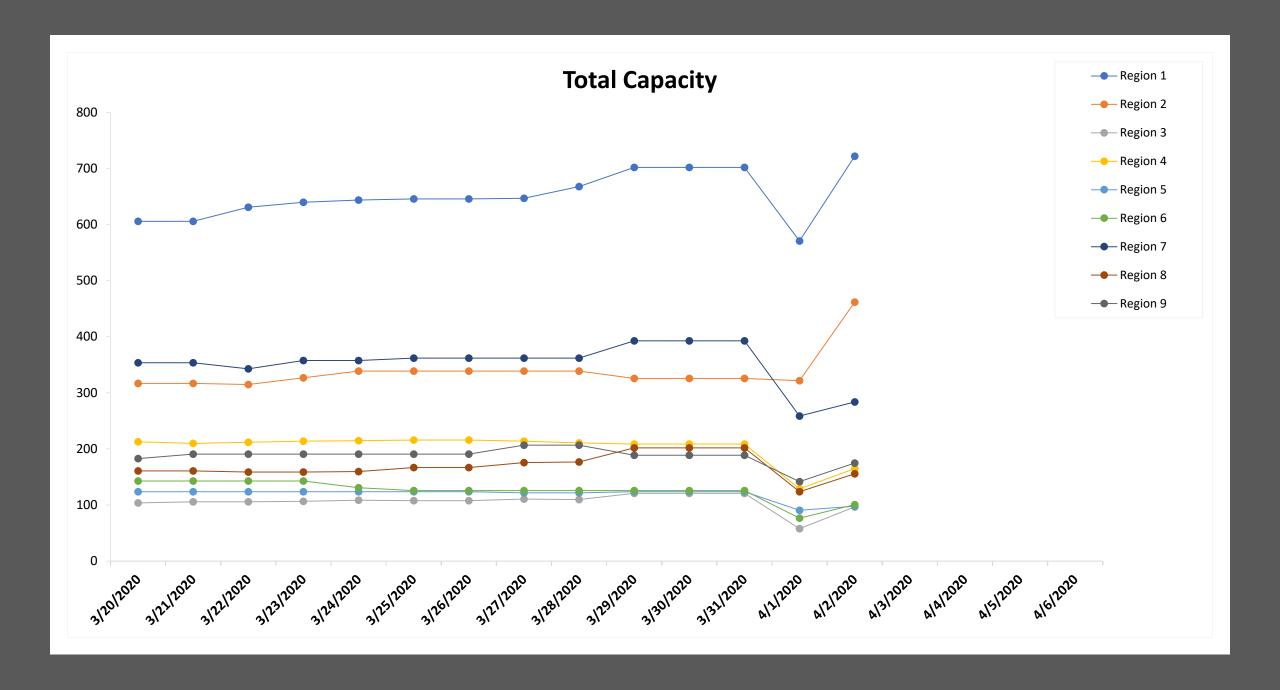


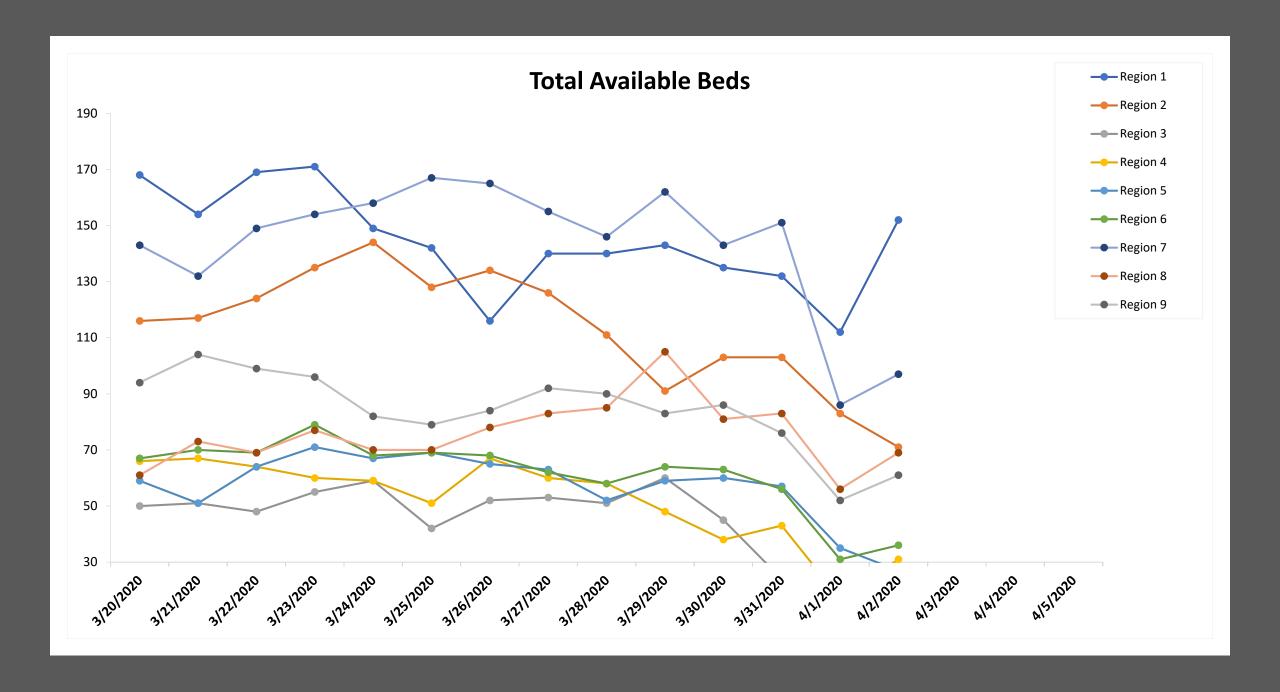




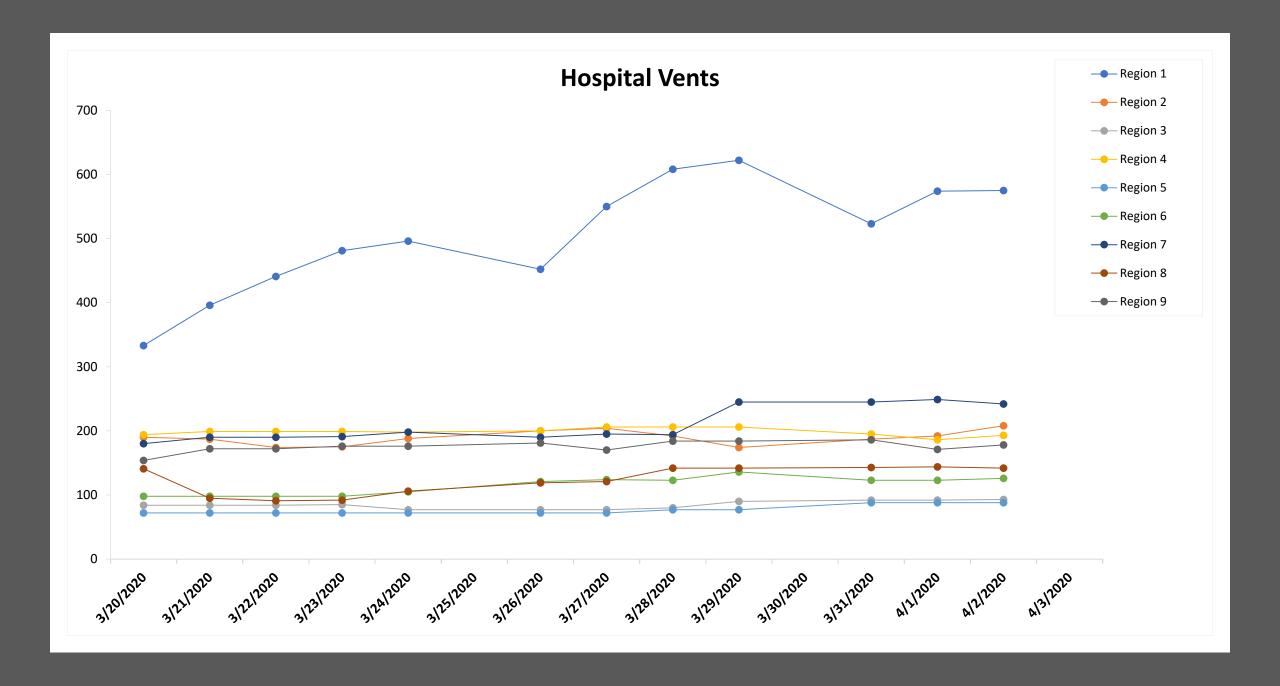


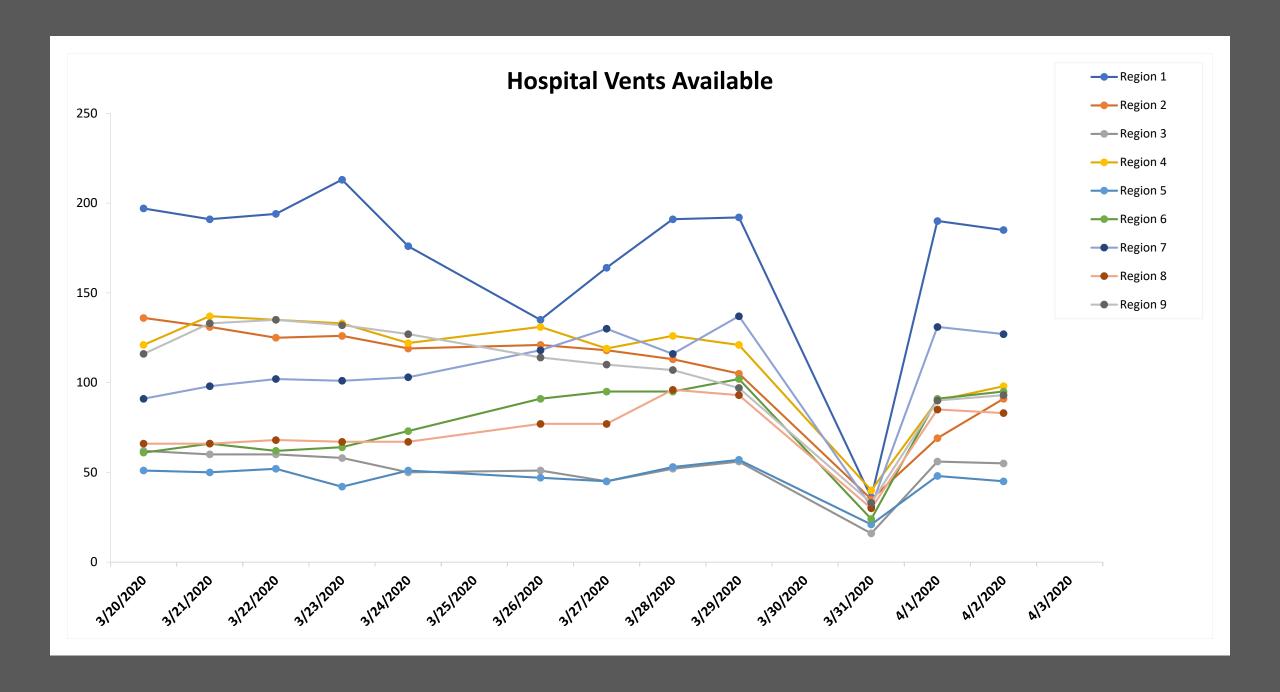


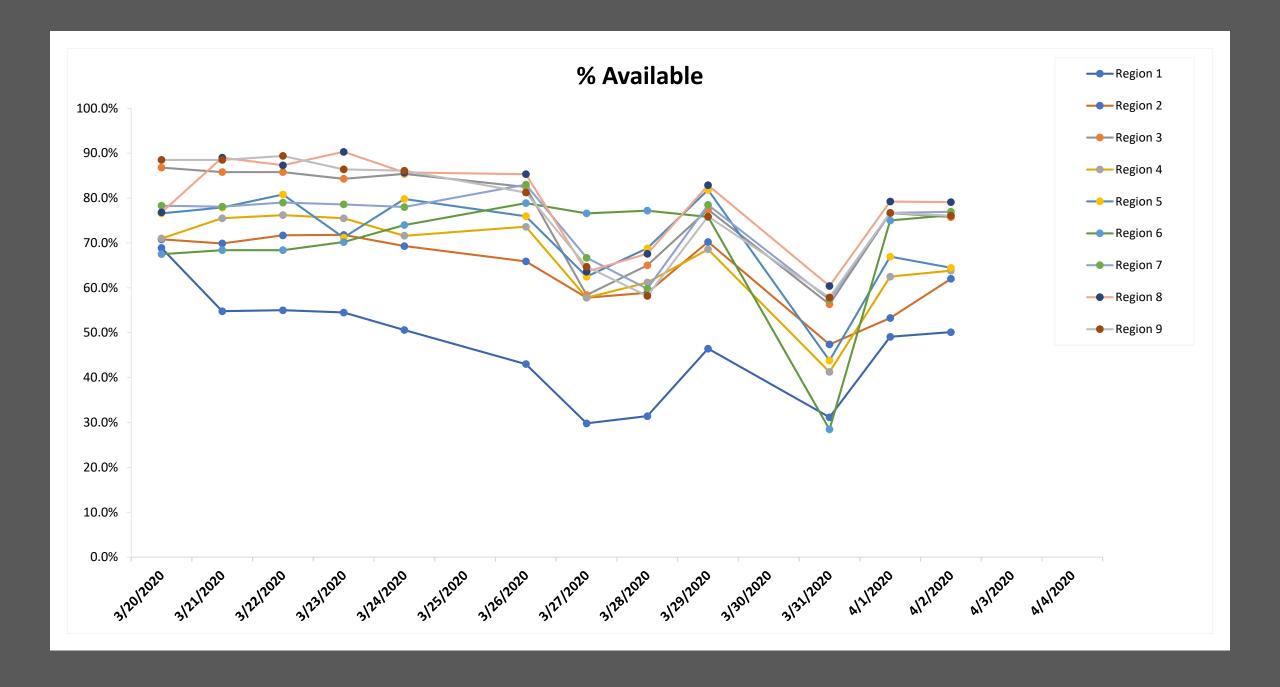




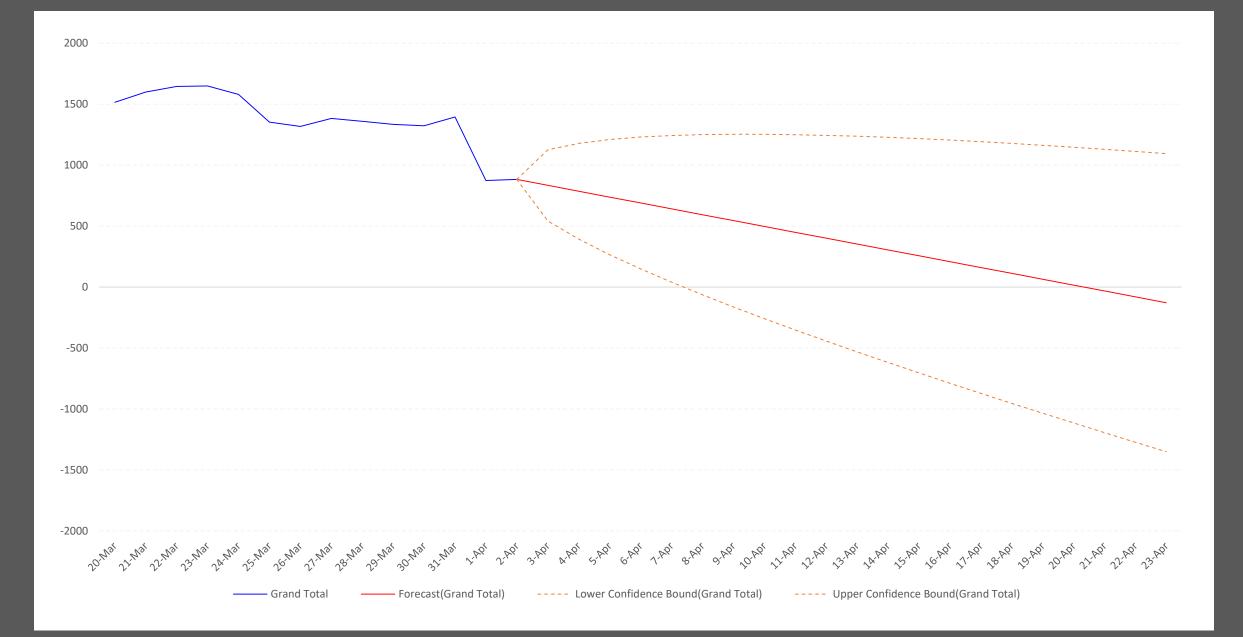


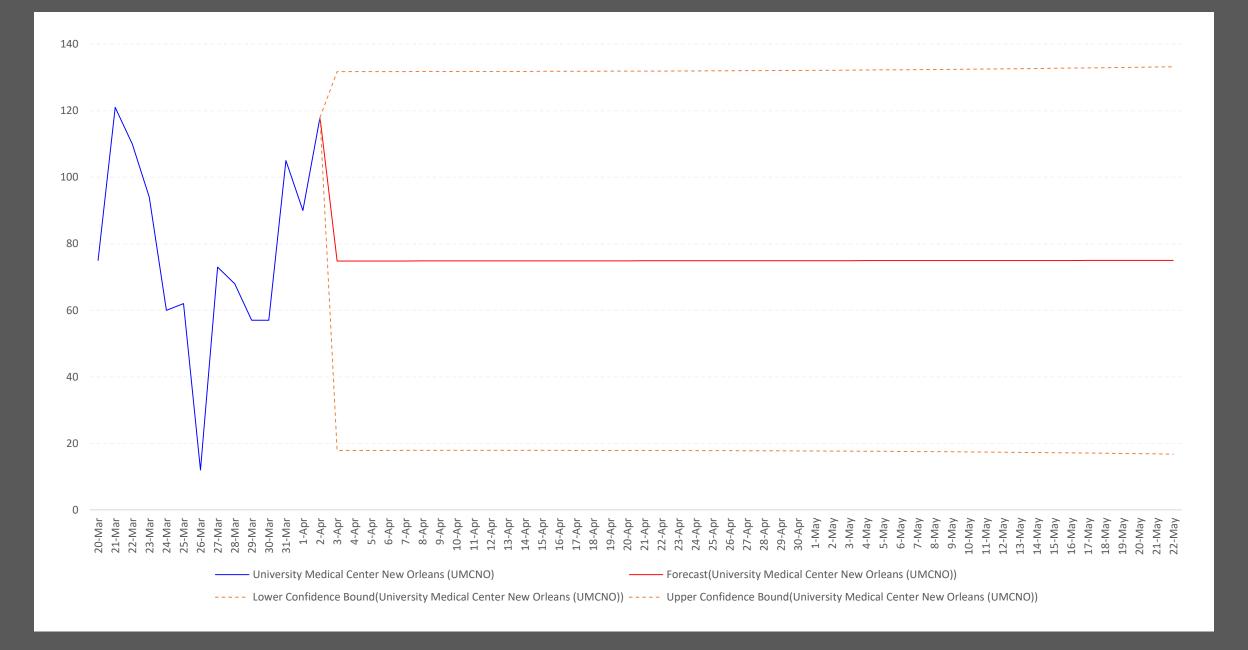




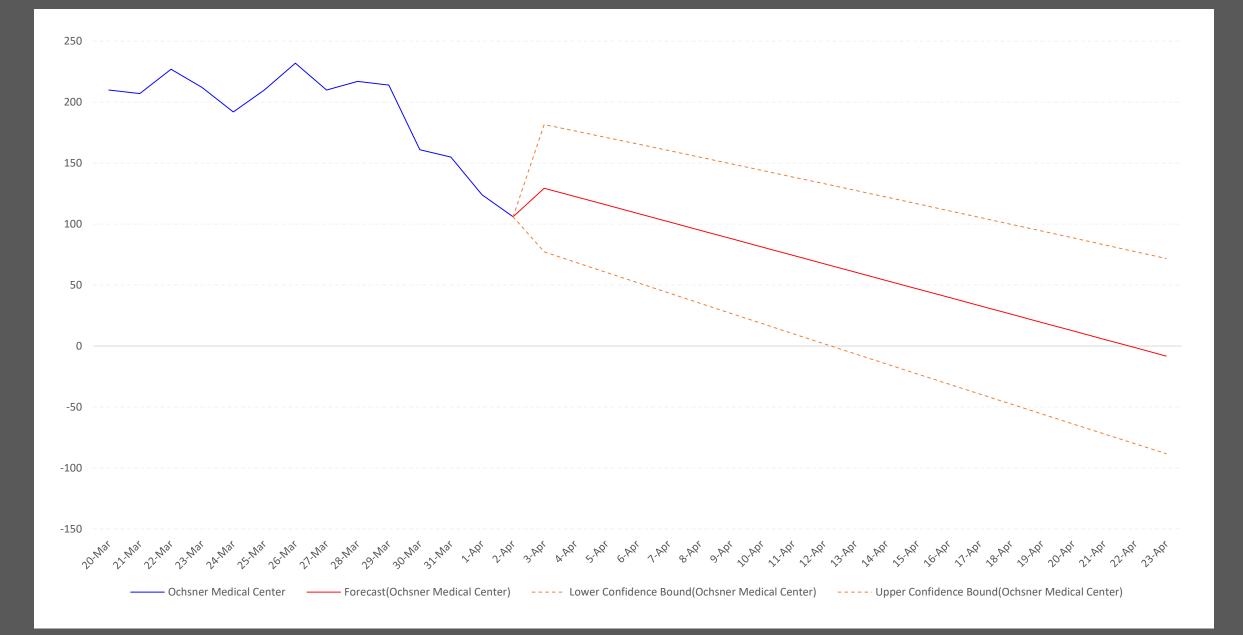


Predicted hospital bed full saturation

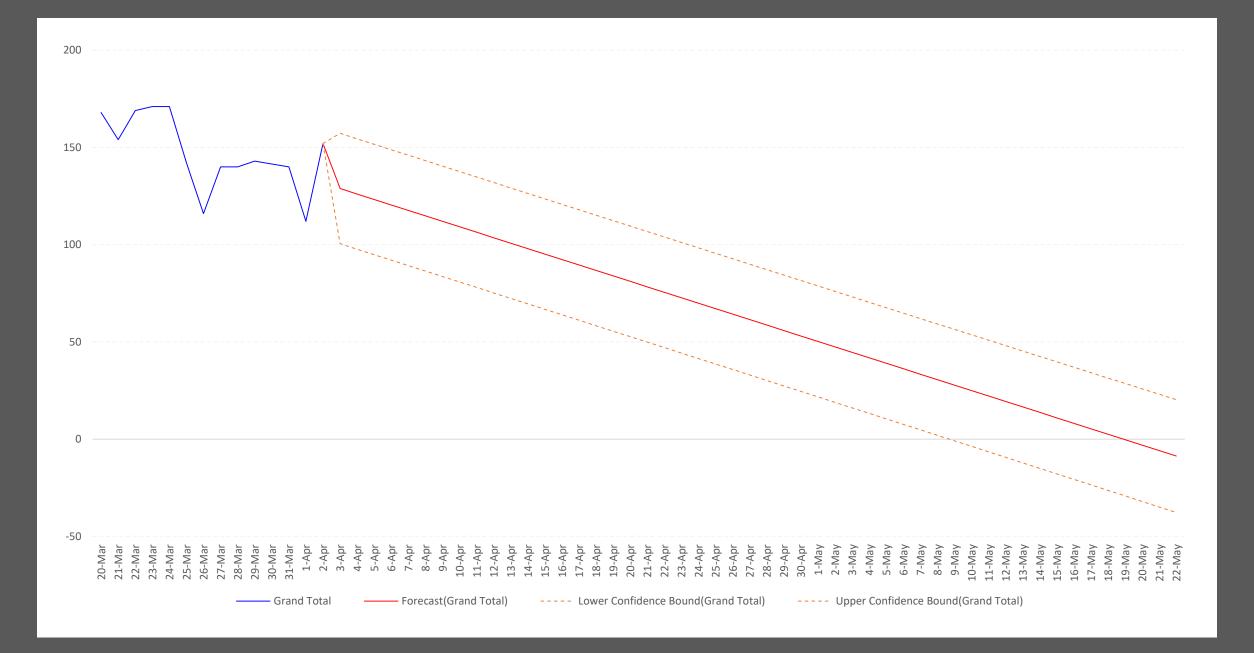


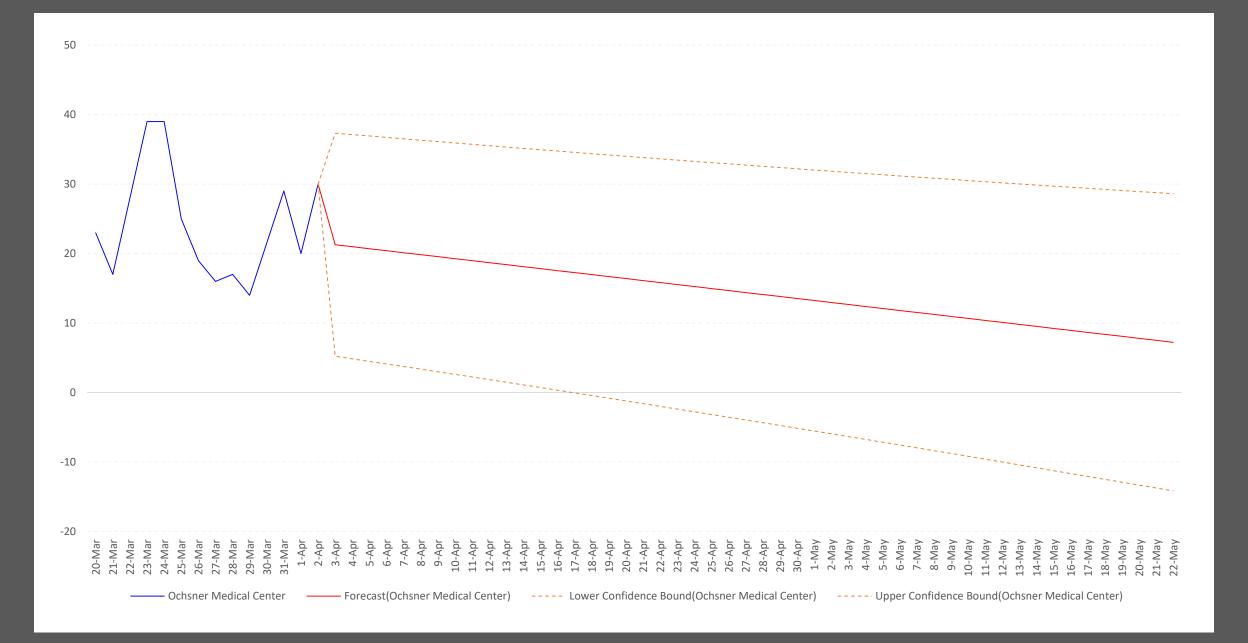




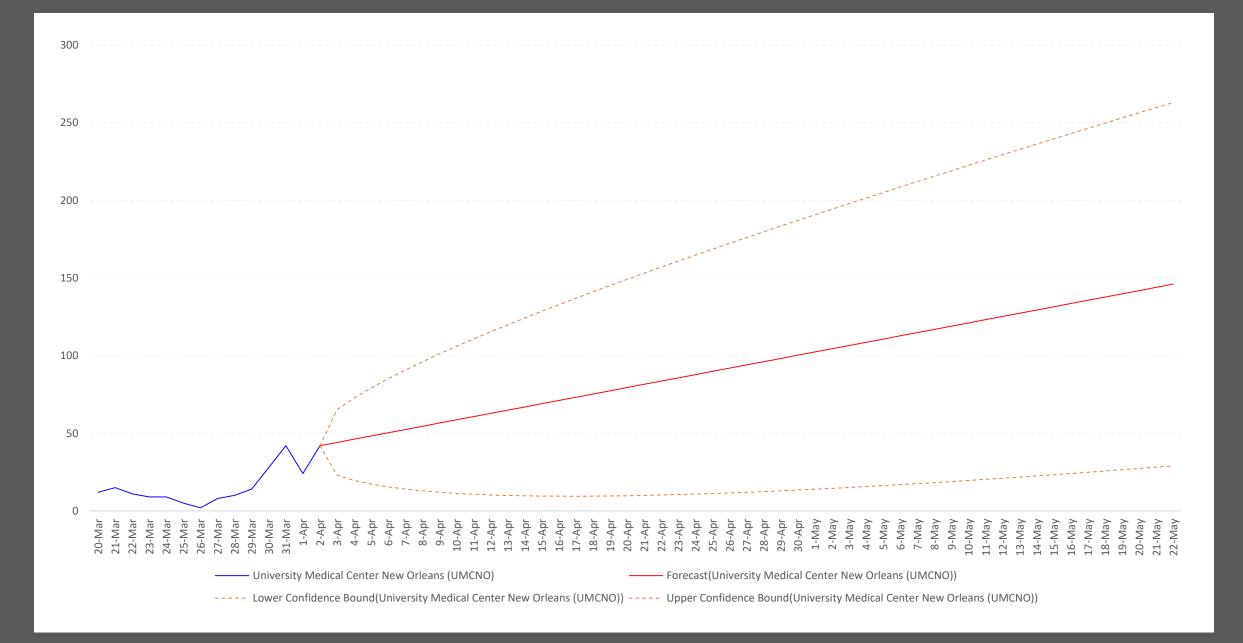


Predicted ICU bed full saturation

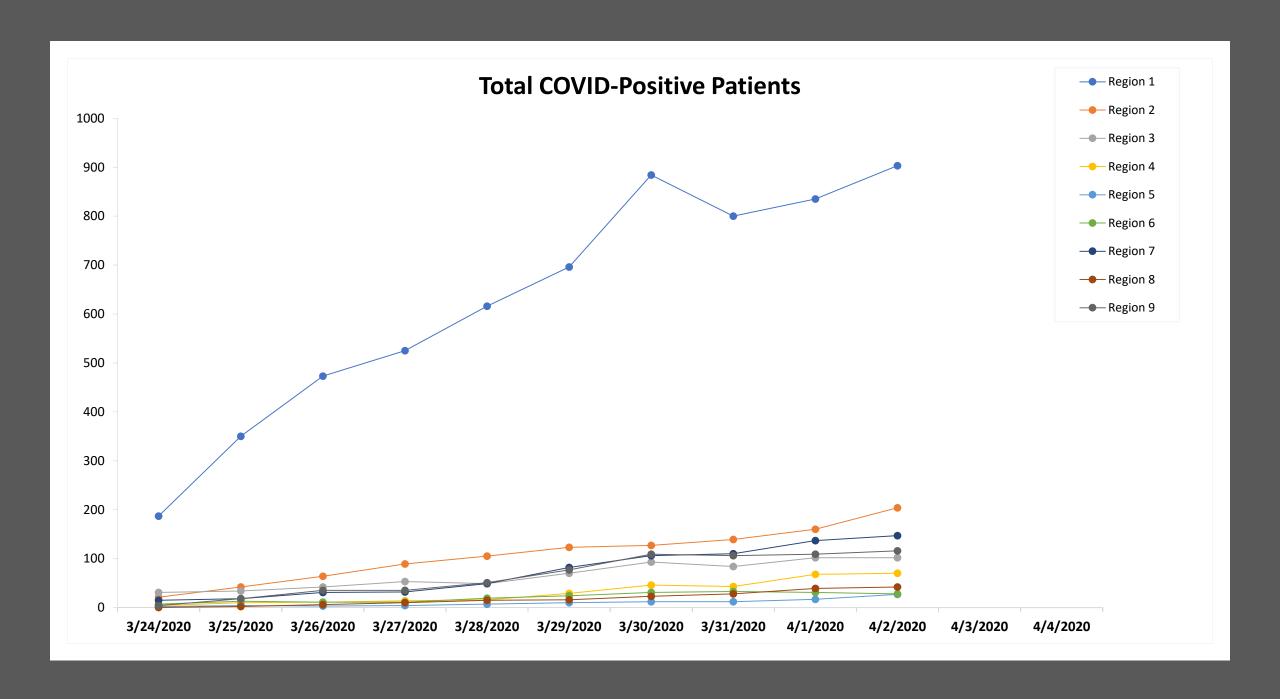


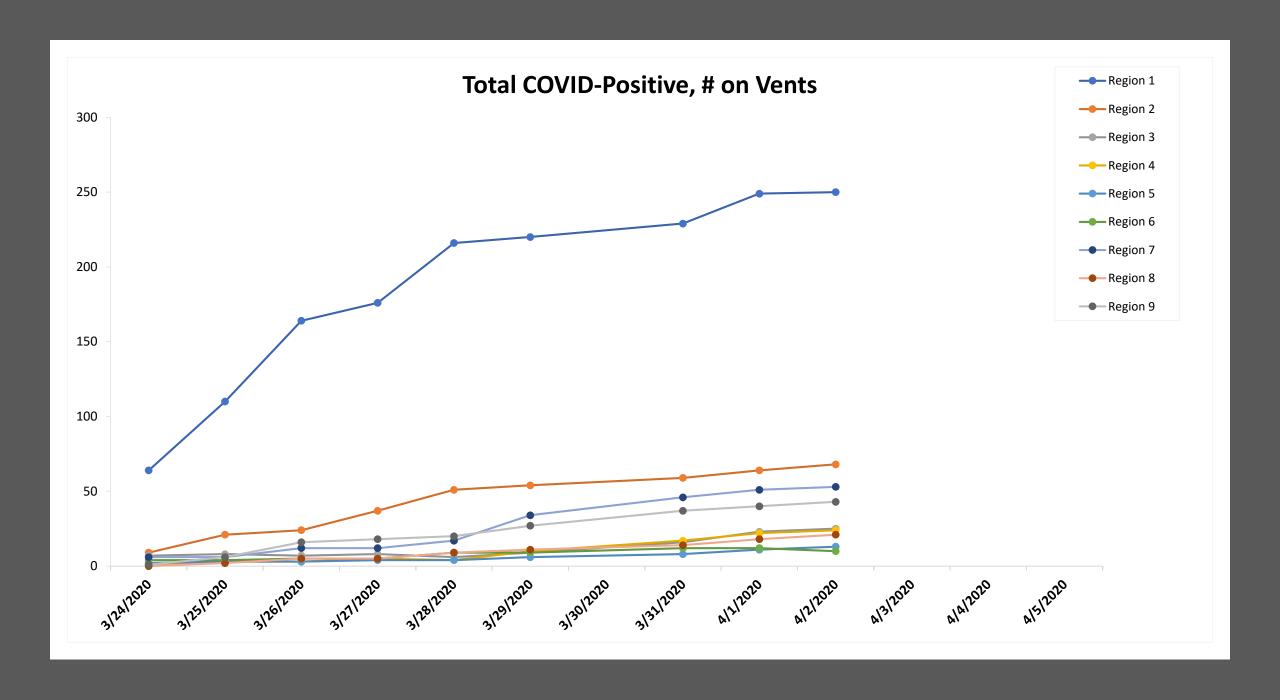


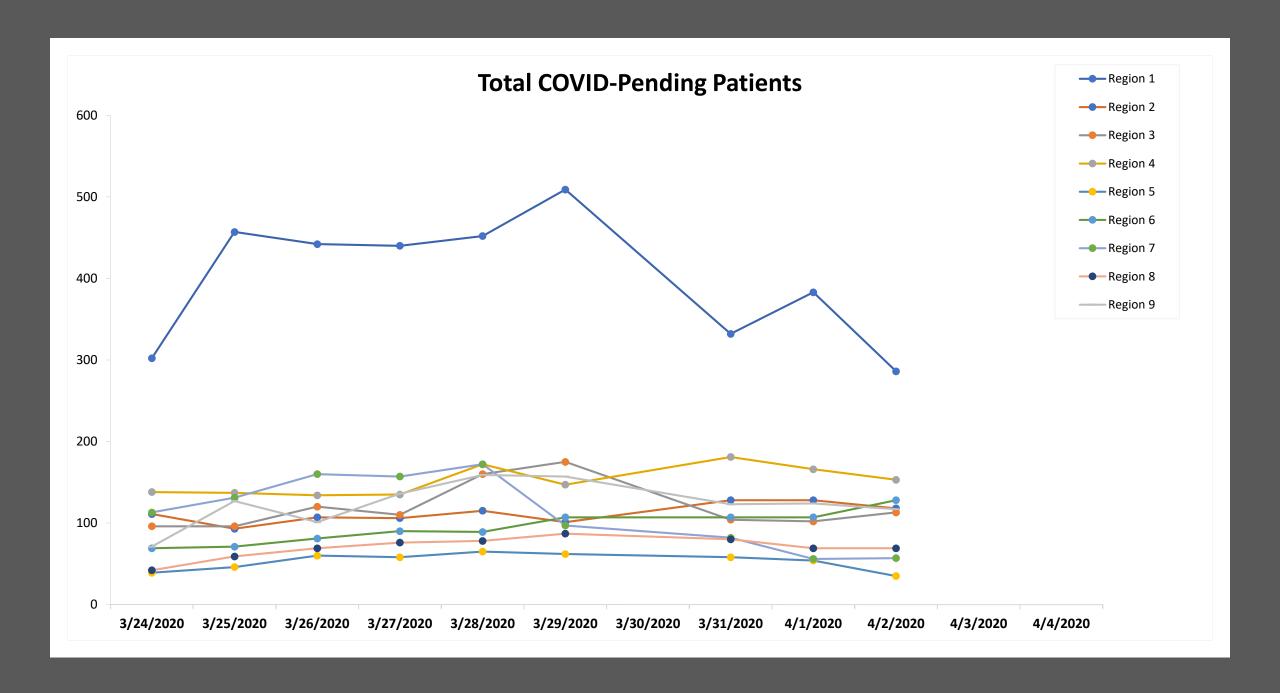


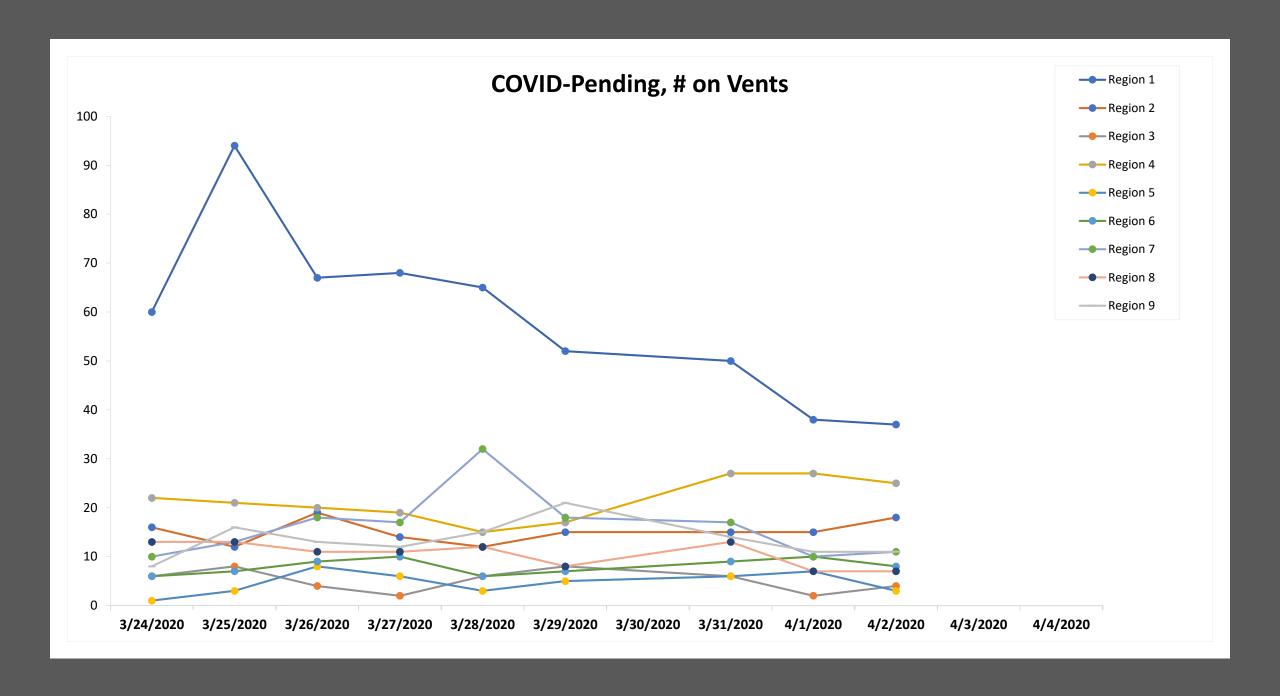


Preliminary Hospitalized COVID-19 Patient Data











HEALTHY DONORS NEEDED NOW!

Our Donor Centers are OPEN!

SCHEDULE YOUR APPOINTMENT TO DONATE!

(Must be done at least a day in advance)

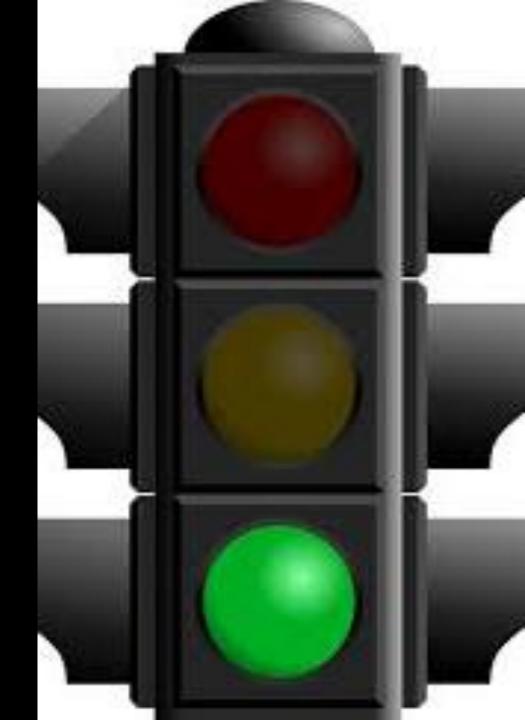
The State of the Blood Supply

Did You Know?

About 40% of the population can donate, only about 5% actually do.

- The Blood Center supplies Southeastern Louisiana and the Mississippi Gulf Coast <u>www.thebloodcenter.org</u>
- Current inventory levels are at a three day supply and adequate to meet <u>current</u> patient demands and any potential short term surge in usage.
- Current blood collections are keeping pace with demand

 based on <u>current</u> trends <u>but this must be replenished</u>
 <u>daily as it is the blood on the shelf that saves a life</u>



Ask yourself if you're feeling healthy... Good! continue on.

- Schedule a blood donation. Blood already on the shelves saves lives, and maintaining a sufficient blood supply is essential to ensure patients in need receive optimal treatment.
- Begin the health screening via <u>FastLane</u> on the day of your donation BEFORE you enter a donor center or mobile blood drive
- Eat a good meal and don't forget your ID
- Arrive as close to your appointment time as possible to reduce your wait and follow the social distancing measures suggested by the CDC
- After your donation, consider sharing with friends and family what you did on social media. It's good, positive, and you may encourage someone else into donating

The Blood Center would like to emphasize that sanitation, cleanliness, and safety for our donors, patients, and staff has always been #1. Every day, as a part of our regular operations, our donor centers follow appropriate infection control standards put forth by the U.S. Food and Drug Administration (FDA)



SCHOOL OF SOCIAL WORK

SELF-CARE RESOURCES

Provided by the Tulane University School of Social Work

Web site going live: April 2, 2020

Updated content weekly Subscribe for updates



MEDITATE

Take a mental break and sit quietly for a few moments.

GUIDED MEDITATION
VIDEOS



GET MOVING

Walk around the block. Go for a bike ride. Take an online yoga class.

SUGGESTED ACTIVITIES



CONNECT

Spend 10 minutes on the phone with a close friend. Video chat with a relative.

WAYS TO BE SOCIAL WHILE DISTANCED



INDULGE

Watch a movie or TV show. Create art. Play a video game.

ARTS & ENTERTAINMENT RECOMMENDATIONS