

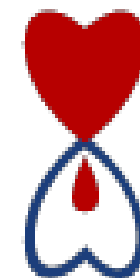
Tulane University  
SCHOOL OF MEDICINE



Tulane  
University

SCHOOL OF SOCIAL WORK

DAILY REPORTS  
9 APRIL 2020



**THE BLOOD CENTER**

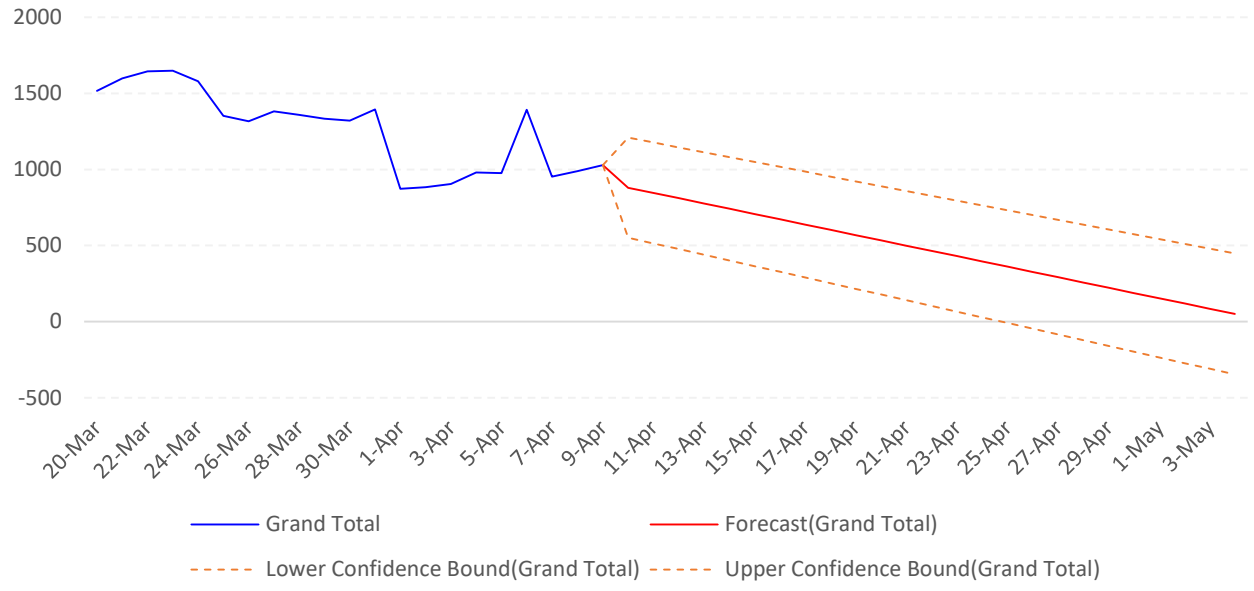
*Serving you for life!*

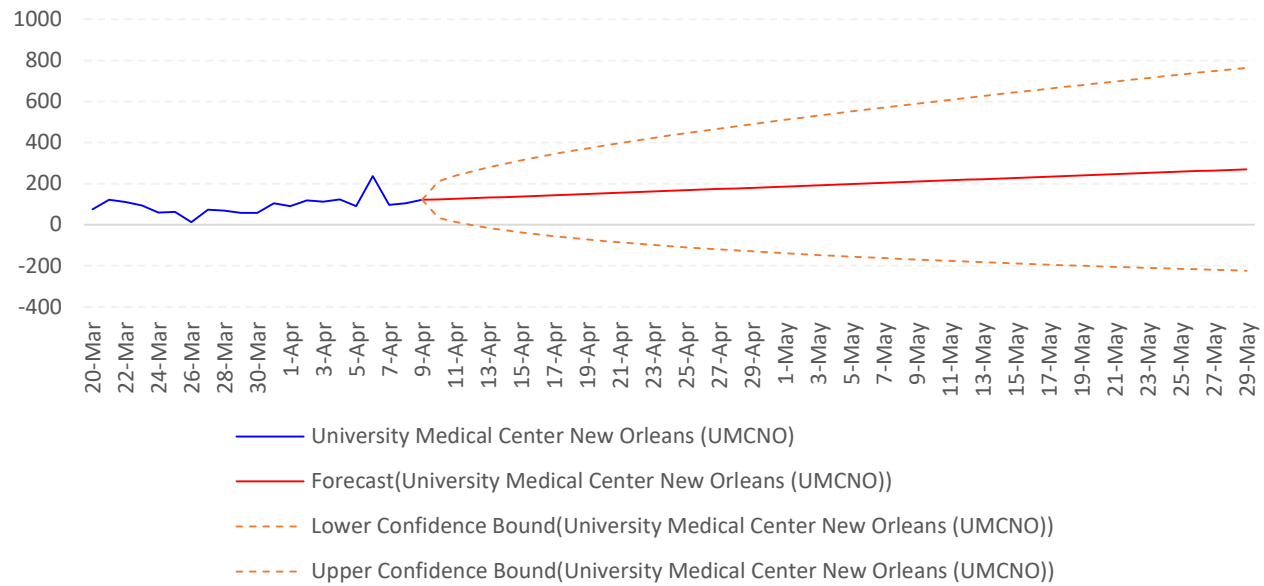
LOUISIANA

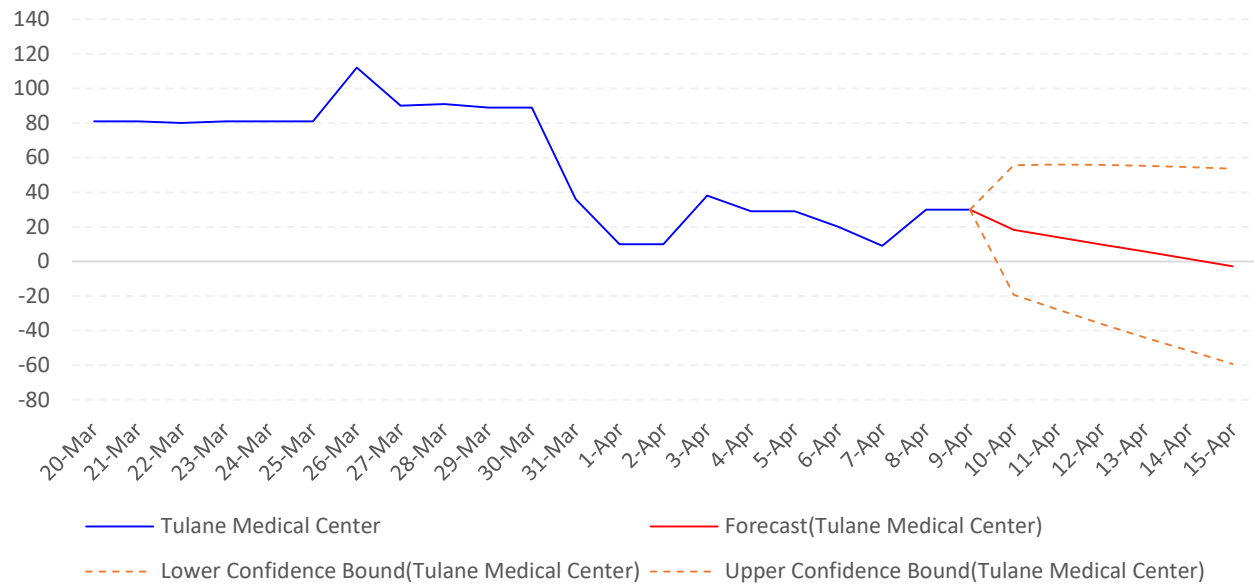
**EMERGENCY RESPONSE NETWORK**

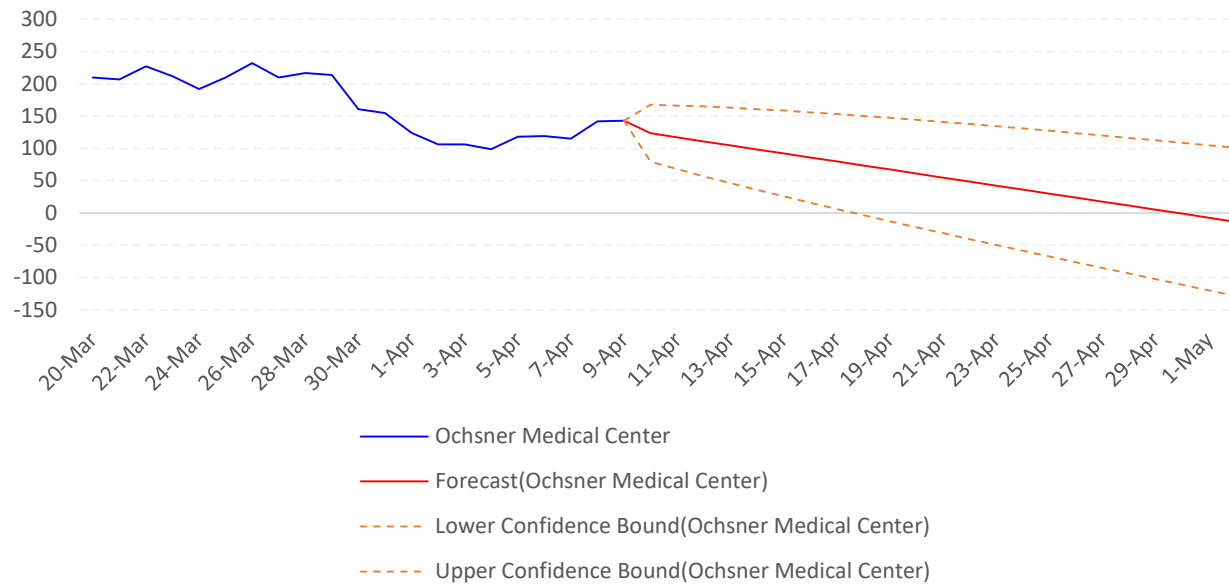


Predicted hospital bed full  
saturation



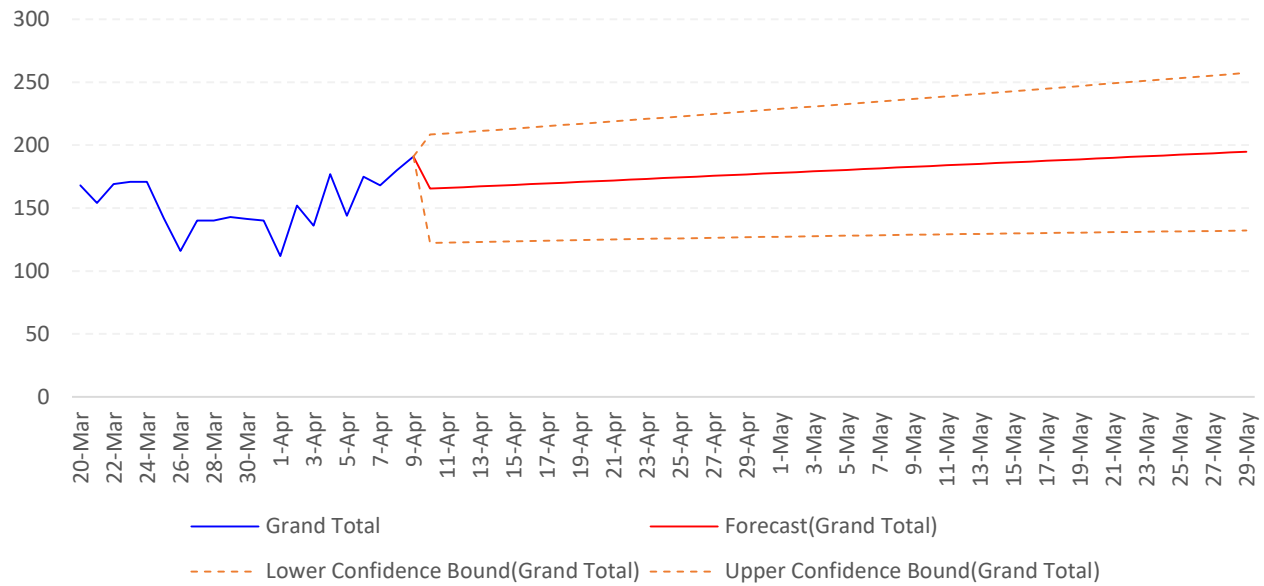




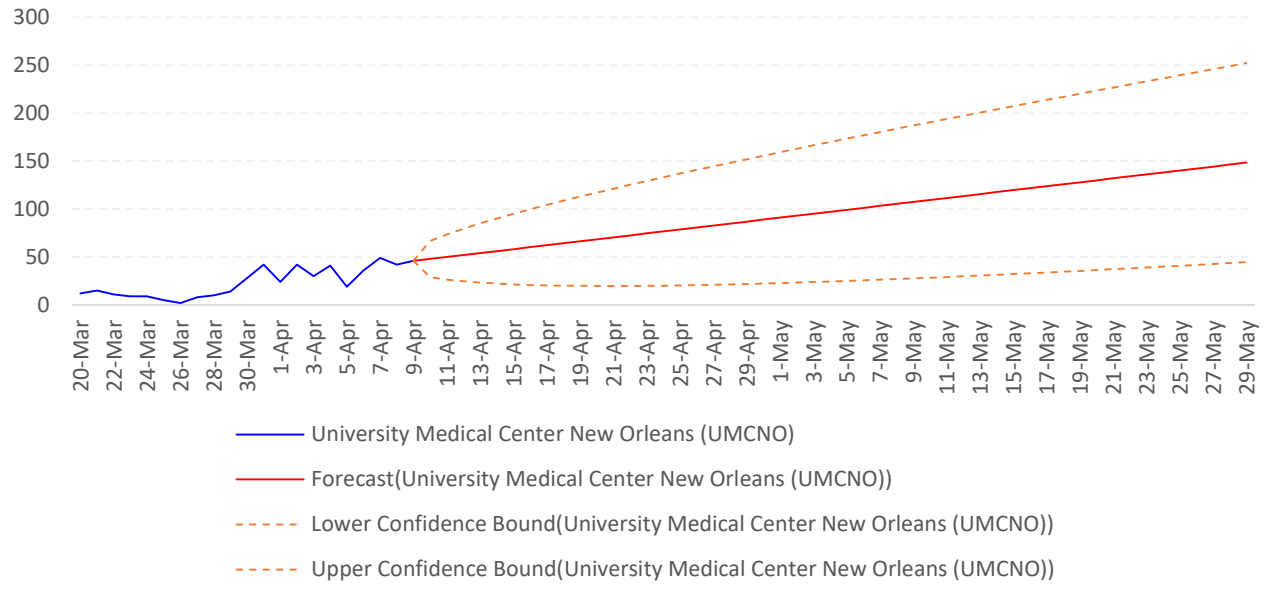


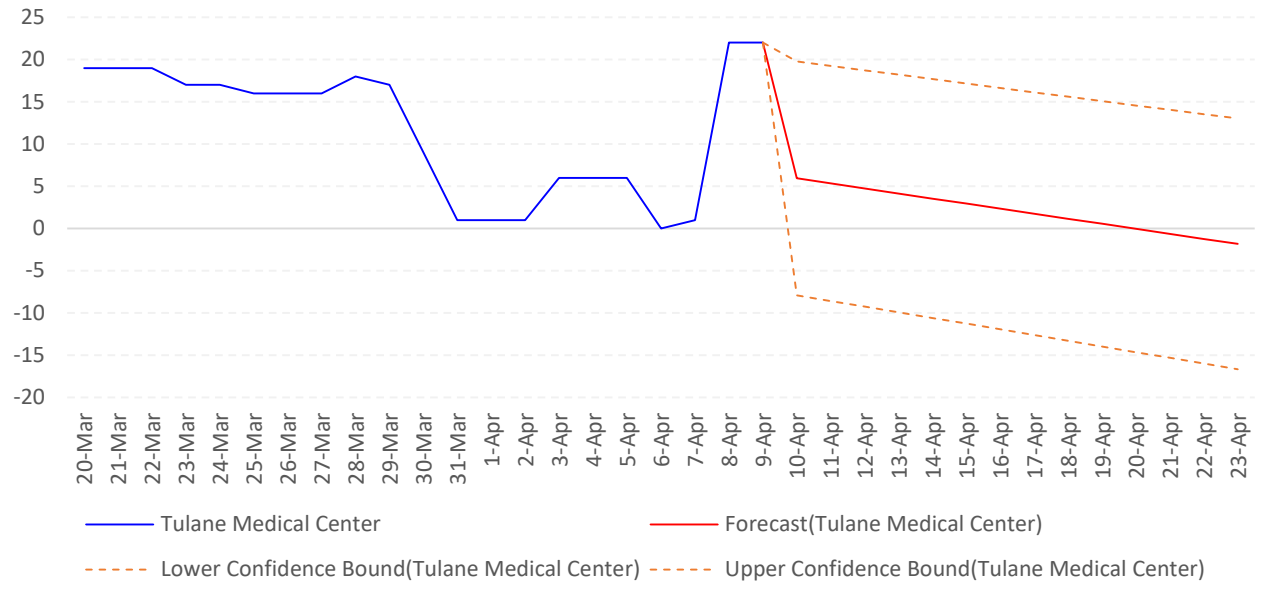


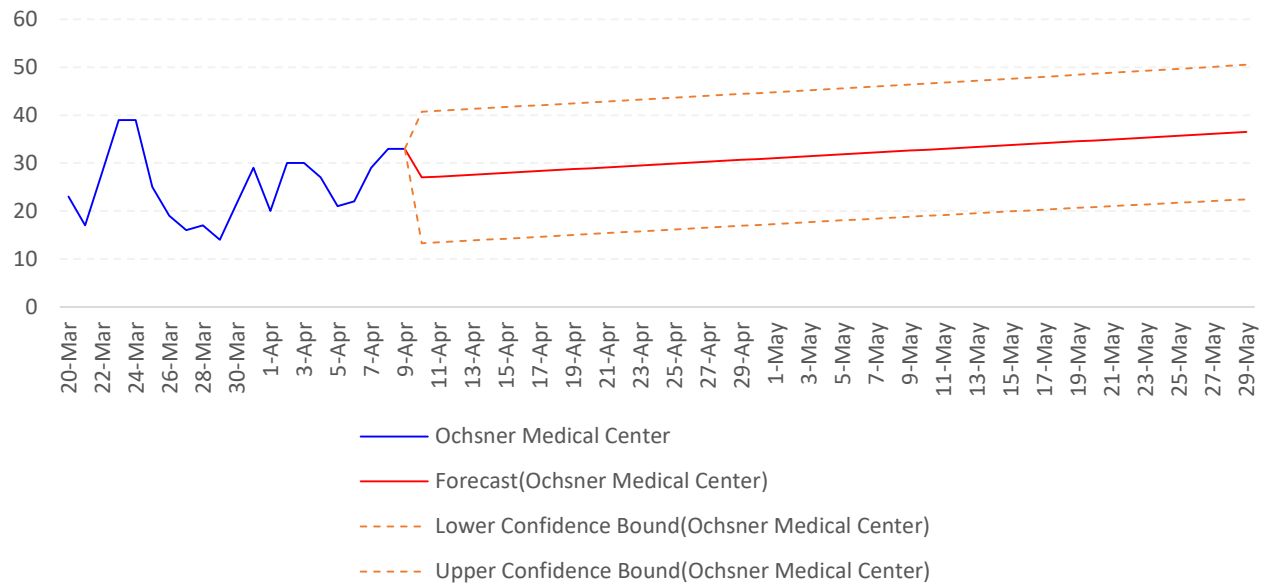
**Predicted hospital bed full  
saturation**







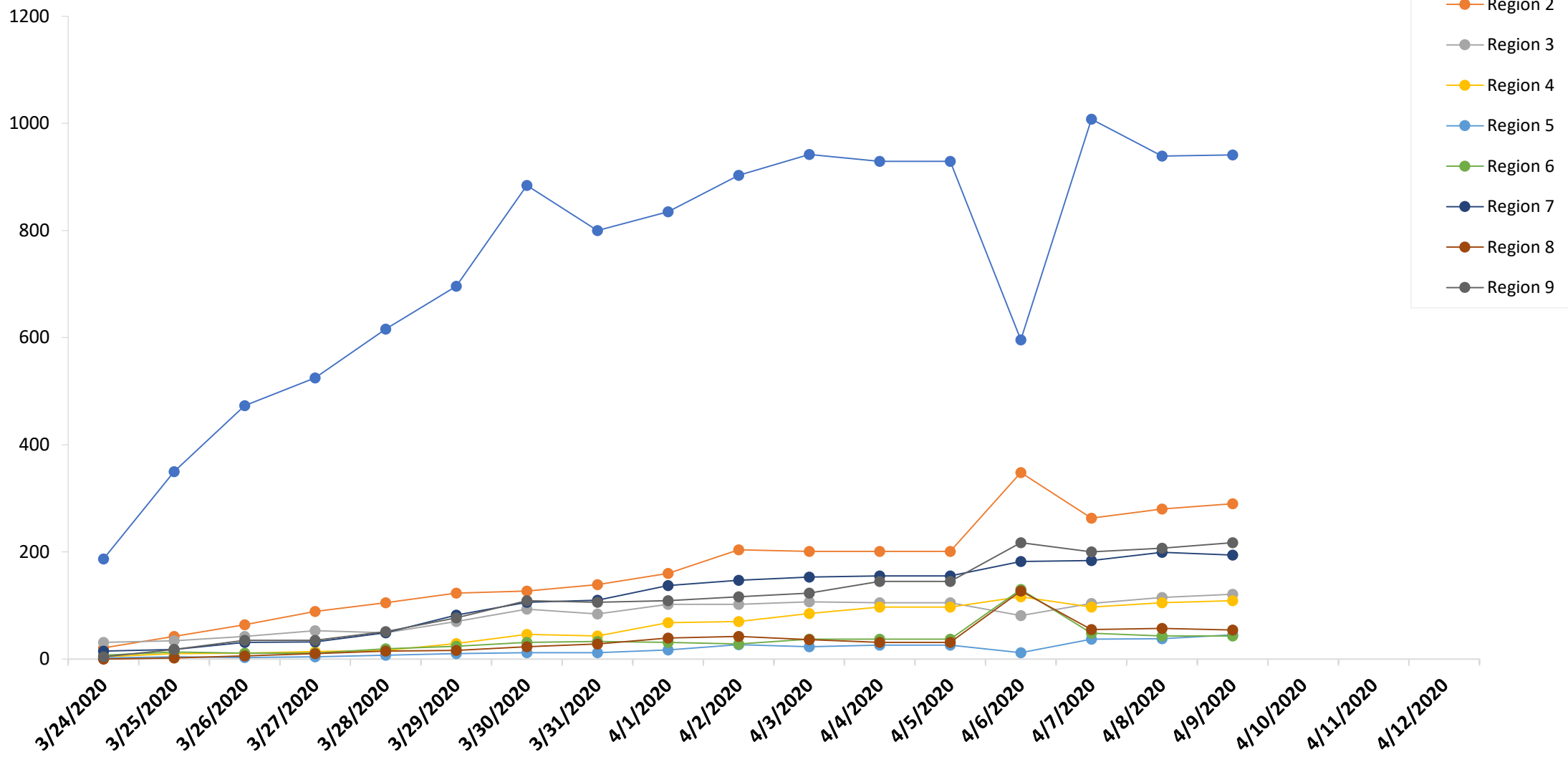




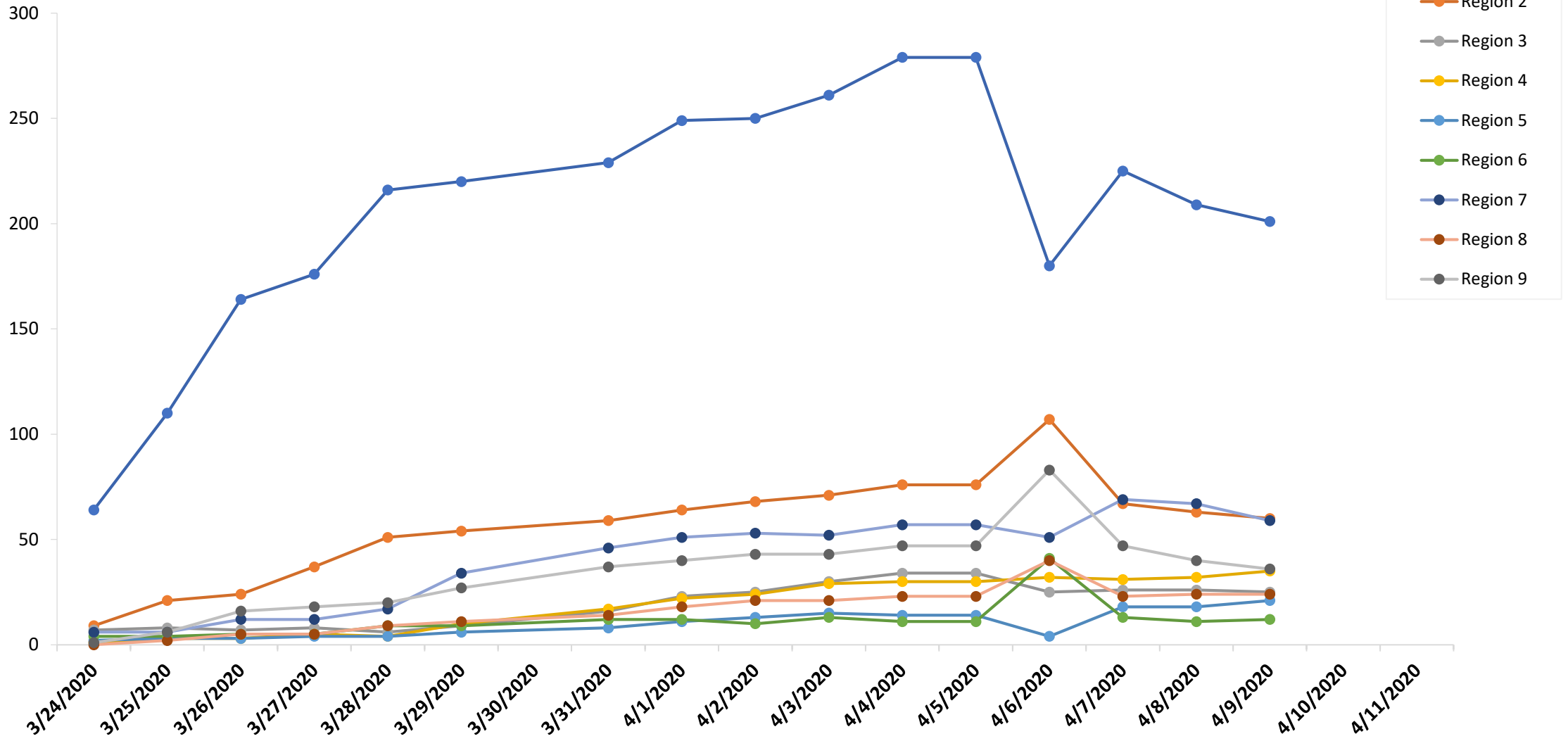


**Preliminary Hospitalized  
COVID-19 Patient Data**

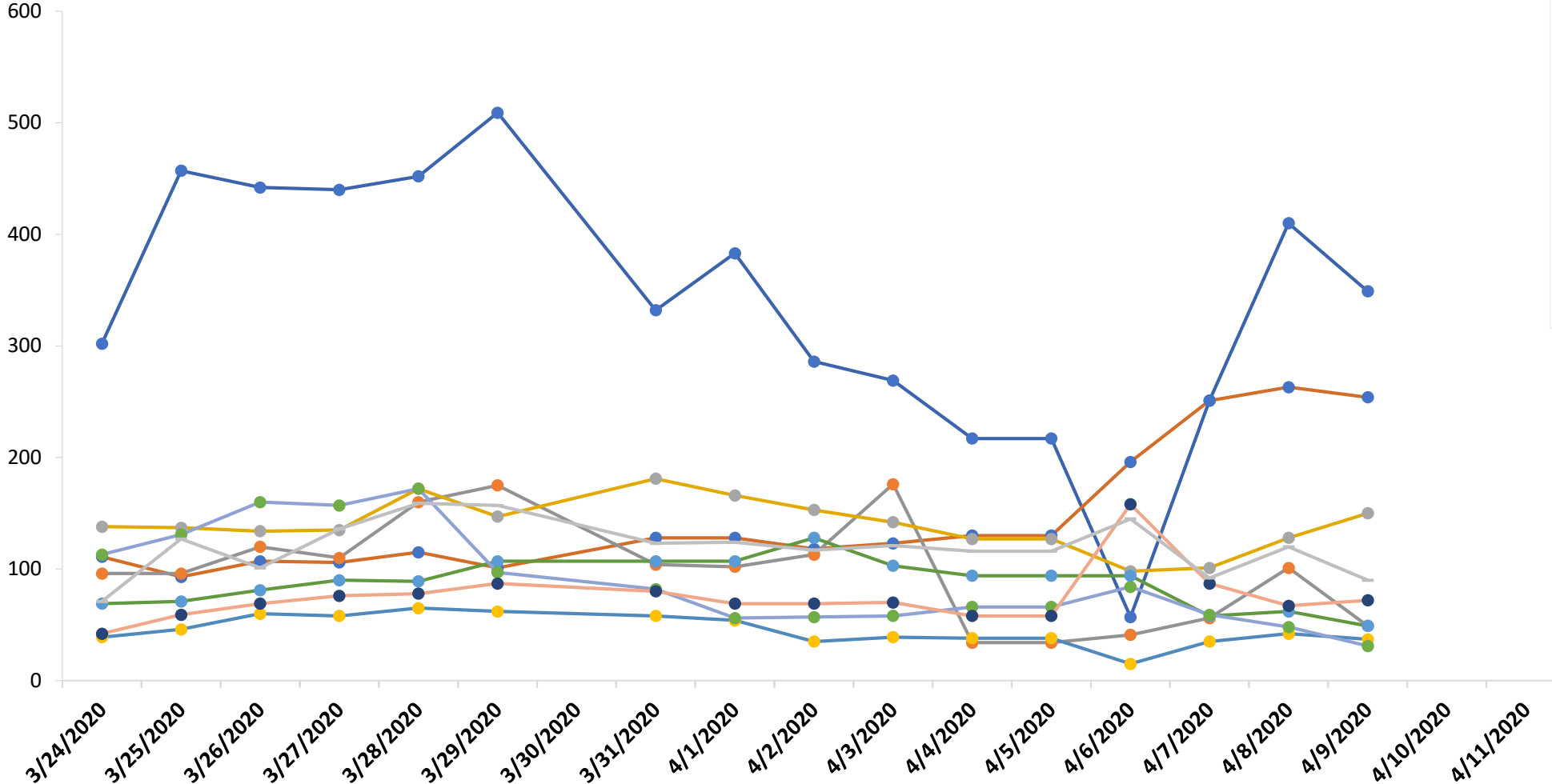
# Total COVID-Positive Patients



# Total COVID-Positive, # on Vents

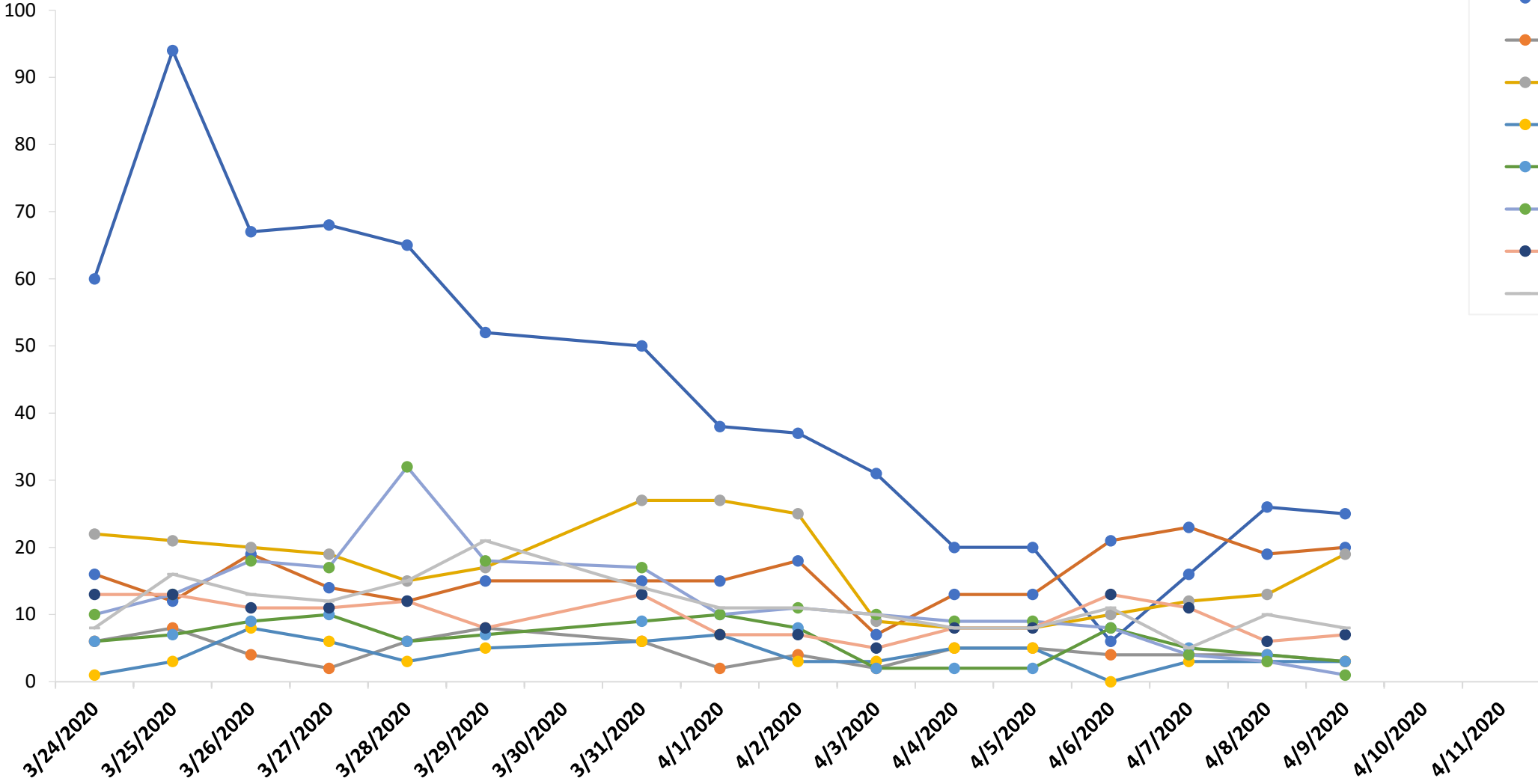


# Total COVID-Pending Patients



- Region 1
- Region 2
- Region 3
- Region 4
- Region 5
- Region 6
- Region 7
- Region 8
- Region 9

# COVID-Pending, # on Vents

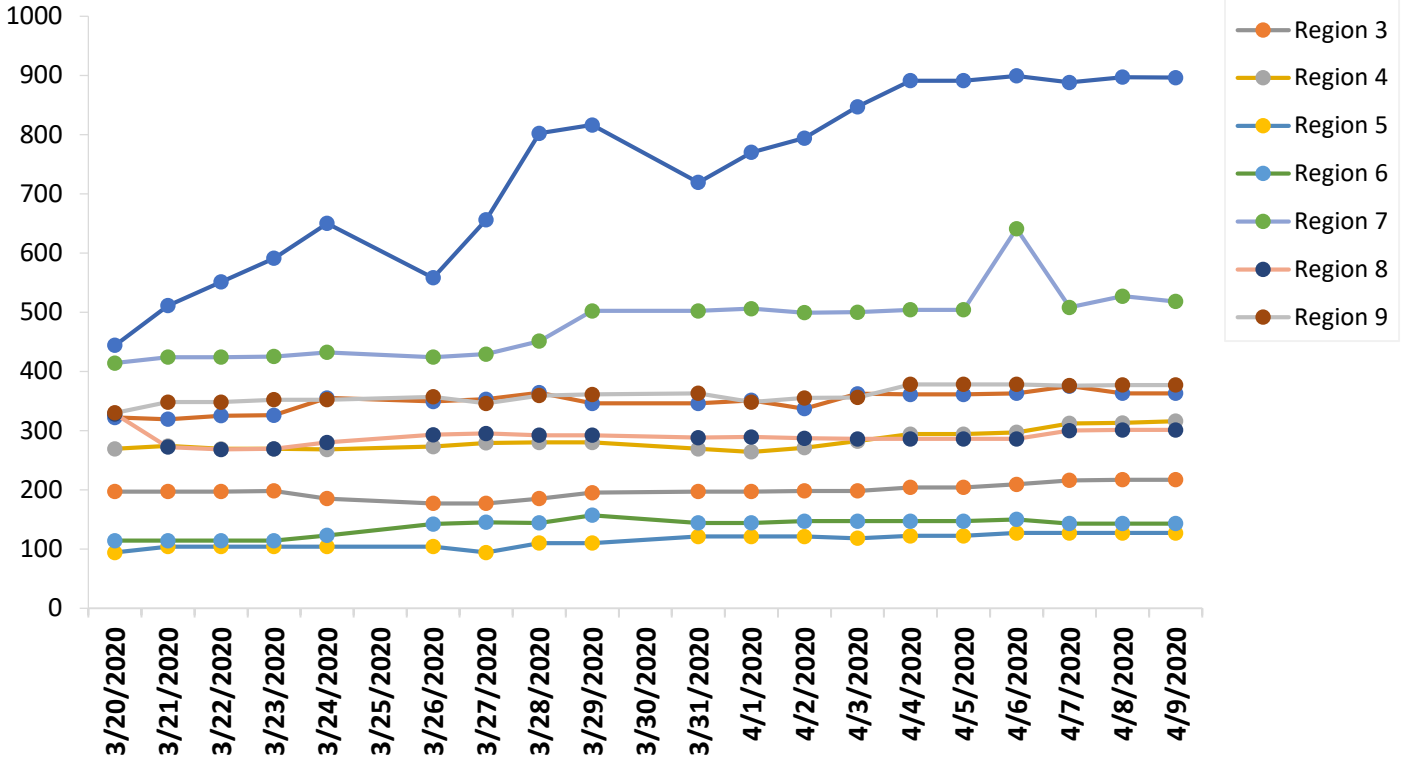




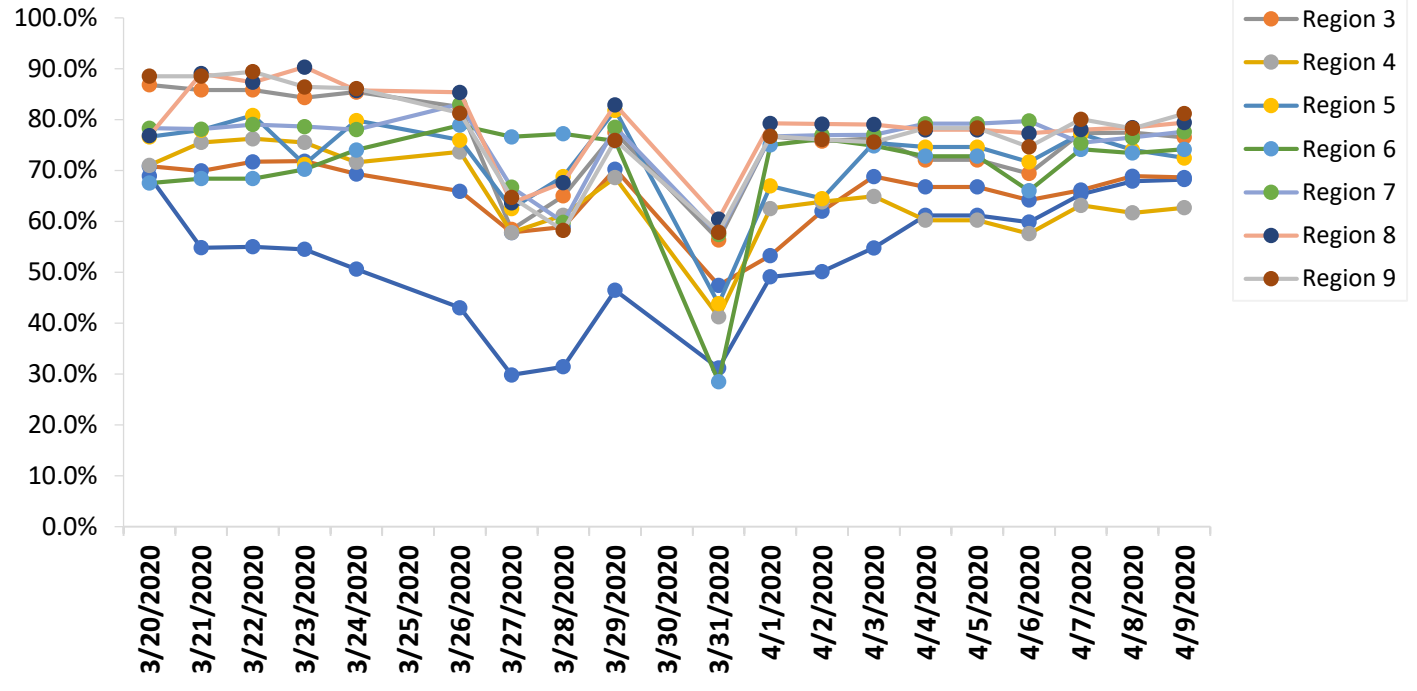


# Ventilation report

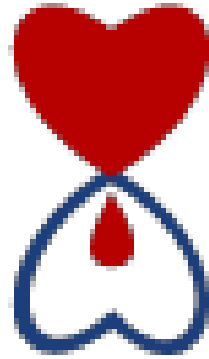
# Total vents



# % Available



# The State of the Blood Supply



**THE BLOOD CENTER**

*Serving you for life!*

**HEALTHY DONORS  
NEEDED NOW!**

**Our Donor Centers are OPEN!**

**SCHEDULE YOUR APPOINTMENT TO DONATE!**

**(Must be done at least a day in advance)**

## Did You Know?

About 40% of the population can donate, only about 5% actually do.

- **The Blood Center** supplies Southeastern Louisiana and the Mississippi Gulf Coast [www.thebloodcenter.org](http://www.thebloodcenter.org)
- Current inventory levels are at a three day supply and adequate to meet ***current*** patient demands and any potential short term surge in usage.
- Current blood collections are keeping pace with demand – based on ***current*** trends – *but this must be replenished daily as it is the blood on the shelf that saves a life*



**Ask yourself if you're feeling healthy...** Good! continue on.

- **[Schedule a blood donation](#)**. Blood already on the shelves saves lives, and maintaining a sufficient blood supply is essential to ensure patients in need receive optimal treatment.
- **Begin the health screening** via [FastLane](#) *on the day of your donation* BEFORE you enter a donor center or mobile blood drive
- **Eat a good meal and don't forget your ID**
- **Arrive as close to your appointment time as possible** to reduce your wait and follow the [social distancing measures](#) suggested by the CDC
- After your donation, **consider sharing with friends and family** what you did on social media. It's good, positive, and you may encourage someone else into donating

The Blood Center would like to emphasize that sanitation, cleanliness, and safety for our donors, patients, and staff has always been #1. Every day, as a part of our regular operations, our donor centers follow appropriate infection control standards put forth by the U.S. Food and Drug Administration (FDA)



# Self-Care

- Self-care is critical for all individuals, especially during a time of crisis. “Take five minutes, ten minutes, whatever you can do, to meditate, get moving, connect with someone, to address your needs”
- - *A key resource is a series of 5 guided mindfulness and meditation videos that are accessible and offer an immediate self-care option. (9-13 minutes each)*
  - *Links to National Mental Health Support sites*
  - *Resources for multiple audiences: First responders, health professionals, caregivers, remote workers and learners, families, parents, and teachers.*
- Visit [selfcaretips.tulane.edu](https://selfcaretips.tulane.edu) (<https://selfcaretips.tulane.edu/>) for more information.





# Tulane University

## SCHOOL OF SOCIAL WORK

# SELF-CARE RESOURCES

Provided by the Tulane University School of Social Work

Updated content weekly  
Subscribe for updates  
<https://selfcaretips.tulane.edu/>



## MEDITATE

Take a mental break and sit quietly for a few moments.

GUIDED MEDITATION VIDEOS



## GET MOVING

Walk around the block. Go for a bike ride. Take an online yoga class.

SUGGESTED ACTIVITIES



## CONNECT

Spend 10 minutes on the phone with a close friend. Video chat with a relative.

WAYS TO BE SOCIAL WHILE DISTANCED



## INDULGE

Watch a movie or TV show. Create art. Play a video game.

ARTS & ENTERTAINMENT RECOMMENDATIONS