

Jacques Courseault  
Assistant Professor  
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## CURRENT POSITION

Position: Assistant Professor  
Current Academic Rank: Assistant Professor  
Employment Status: Full Time  
Faculty/Staff Rank: Assistant Professor  
Tenure Status: Ineligible

## DEGREES

Degree: Doctor of Medicine  
Discipline: Medicine  
Institution: TULANE UNIVERSITY  
City: New Orleans  
State or Province: Louisiana  
Nation: United States  
Year Conferred: 2010

Degree: M.D.  
Discipline: Medicine  
Institution: TULANE UNIVERSITY  
Year Conferred: 2010

Degree: B.S.  
Discipline: Psychology  
Institution: Tulane University  
City: New Orleans  
State or Province: Louisiana  
Nation: United States  
Year Conferred: 2006

## PROFESSIONAL LICENSURES & CERTIFICATIONS

Title of Licensure/Certification: Certificate of Additional Qualification in Sports Medicine  
Sponsoring Organization: ABPMR  
Month/Year Obtained: July 2015  
Description:  
Fellowship trained in Sports Medicine

Title of Licensure/Certification: Board Certification  
Sponsoring Organization: American Board of Physical Medicine and Rehabilitation  
Month/Year Obtained: August 2015  
Expiration: July 2025

## ADMINISTRATIVE APPOINTMENTS

### Institutional Appointments

Position/Role: Director

Approx. Number of Hours Spent Per Year: 1400

Start Month/Year: January 2018

End Month/Year: PRESENT

Responsibilities/Brief Description:

Medical Director, Inpatient Rehabilitation, Tulane-Lakeside Hospital

## AWARDS AND HONORS

Title: W. Kennon McWilliams Professorship

Organization: Tulane University School of Medicine

Year Conferred: 2020

Title: Tulane-Lakeside Physician of the Year

Organization: HCA

Year Conferred: 2018

Title: Tulane-Lakeside Sales and Marketing Champion

Organization: HCA

Year Conferred: 2018

## WORK EXPERIENCE

Position: Physician Consultant

Organization: Tulane University Center for Brain Health

City: New Orleans

State: Louisiana

Country: United States

Years: 2020 - Ongoing

Position: Physician Consultant

Organization: Tulane University Center for Sport

City: New Orleans

State: Louisiana

Country: United States

Years: 2018 - Ongoing

Position: Physician

Organization: Touro Infirmary

City: New Orleans

State: Louisiana

Country: United States

Years: 2015 - 2017

2017

Position: Gratis Faculty

Organization: Louisiana State University School of Medicine

City: New Orleans

State: Louisiana

Country: United States

Years: 2015 - 2017

2017

Position: CEO, Co-Founder, Web Developer

Organization: Medical Board Review, LLC

City: New Orleans

State: Louisiana  
Country: United States  
Years: 2014 - Ongoing

Position: Physician  
Organization: Southern Medical Group  
City: New Orleans  
State: Louisiana  
Country: United States  
Years: 2012 - 2014  
2014

Position: Founder  
Organization: ExerciseMenu.com  
City: New Orleans  
State: Louisiana  
Country: United States  
Years: 2009 - Ongoing

Position: Fitness Editor  
Organization: DrGourmet.com  
City: New Orleans  
State: Louisiana  
Country: United States  
Years: 2009 - Ongoing

Position: Contributing Writer  
Organization: Demand Media, Inc.  
Years: 2009 - Ongoing

Position: Personal Trainer, Group Exercise Instructor  
Organization: Tulane University Reilly Recreation Center  
City: New Orleans  
State: Louisiana  
Country: United States  
Years: 2003 - 2010  
2010

Position: Certified EMT-Basic, CPR Instructor  
Organization: Tulane University Emergency Medical Service  
City: New Orleans  
State: Louisiana  
Country: United States  
Years: 2003 - Ongoing

Position: Head Student Athletic Trainer  
Organization: Tulane Athletics  
City: New Orleans  
State: Louisiana  
Country: United States  
Years: 2002 - 2003  
2003

## GRANTS

Title	Collaborators	Funding Agency/Sponsor	Start Date	End Date	Award Date	Total Funding	Status	Semester
The Use of Ultrasound Guided Prolotherapy In Chronic Sacroiliac and Iliolumbar Pain	Jacques Courseault PI Thomas Hodo CoInvestigator Wendell Cole CoInvestigator	NIH	2021-01-01			0	Submitted for Review	Spring 2020

## SCHOLARLY CONTRIBUTIONS AND CREATIVE PRODUCTIONS

### Book

Completed/Published

Title: The Exercise Blueprint: Building a Foundation of Fitness

Year: 2020

Date Published: 2012

Publisher: Self-Published

Status: Completed/Published

Semester: Spring 2012

### Book Chapter

Completed/Published

Chapter Title: Rehabilitation of the Throwing Athlete - How to Get Them Back to Sport

Book Title: Operative Techniques in Sports Medicine

Year: 2020

URL: <https://www.sciencedirect.com/science/article/abs/pii/S1060187220300216>

Status: Completed/Published

Semester: Summer 2020

Chapter Title: Knee Joint Anatomy

Book Title: Emedicine

Year: 2014

Status: Completed/Published

Semester: Fall 2014

### Case Study

Completed/Published

Title: Hypertonic Dextrose Prolotherapy for Gluteus Medius Tendon Chronic Injury

Outlet: ASPA

Year: 2019

Status: Completed/Published

Semester: Fall 2019

Title: Peroneal Spastic Flat Foot

Outlet: AAPM&R Online Case Study

Year: 2015

Status: Completed/Published

Semester: Fall 2015

Title: Occipital Neuralgia in a Football Player

Outlet: American Medical Society for Sports Medicine

Year: 2015

Status: Completed/Published

Semester: Spring 2015

Title: Complex Regional Pain Syndrome Type II

Outlet: AAPM&R Online Case Study

Year: 2014

Status: Completed/Published

Semester: Fall 2014

#### Article/Short Works

Completed/Published

Title: Fascial Hydrodissection for Chronic Hamstring Injury

Journal Title: Current sports medicine reports

Year: 2019

Volume: 18

Issue Number / Edition: 11

Page Number(s) or Number of Pages: 416-420

Description: Hamstring muscle injuries (HMI) are common among athletes. HMI can take many months to years to resolve. Often, athletes do not report complete resolution with typical conservative therapy. We present several cases of athletes who presented with chronic hamstring injuries that resolved immediately after being treated with an ultrasound-guided fascial hydrodissection procedure. Following the procedure and graded rehabilitation protocol, athletes reported resolution of pain and tightness in addition to increased performance and a quicker return to play.

Status: Completed/Published

Semester: Fall 2019

Title: Race Related Barriers for African American Males Pursuing Higher Education: Implications for Psychology

Journal Title: Race, Gender and Class

Month / Season: March

Year: 2006

Status: Completed/Published

Semester: Fall 2006

#### Presentation

Completed/Published

Title of Presentation: Don't Weight to Lose: Outcomes of a 9-Week Faith-Based Weight Loss Program

Conference / Meeting Name: Student National Medical Association

Year: 2008

Status: Completed/Published

Semester: Fall 2018

Title of Presentation: Thoracic Radiculopathy Case

Conference / Meeting Name: American College of Sports Medicine National Assembly

Sponsoring Organization: American College of Sports Medicine

Location of Conference / Meeting: Minneapolis Mn

Month / Season: Spring

Year: 2018

Status: Completed/Published

Semester: Spring 2018

Title of Presentation: Making Home Exercise Programs Readily Available for Patients  
Conference / Meeting Name: LSU EQUIP Forum  
Sponsoring Organization: Louisiana State University  
Location of Conference / Meeting: New Orleans, LA  
Status: Completed/Published  
Semester: Fall 2015

## TEACHING

### Spring 2020

Semester: Spring 2020  
Course Prefix: GBCH  
Course Number: 7160  
Section: 05  
Course Title: Prolotherapy Ortho Research

## NON-CREDIT INSTRUCTION

Title: Innovative Treatment of Hamstring Injuries  
Audience: Both  
Location Instruction Delivered: Tulane University  
Sponsoring Organization: Tulane Center for Sport  
Sponsoring Organization Location: Tulane University  
Number of Participants: 40  
Description:  
Powerpoint Presentation  
Start Date: 2018-12-15  
End Date: 2020-02-15  
Semester: Fall 2018

Title: First Wave Beginner Ultrasound Course  
Audience: Both  
Location Instruction Delivered: Tulane University  
Sponsoring Organization: Tulane Orthopedics/Tulane Center for Sport  
Sponsoring Organization Location: Tulane University  
Number of Participants: 40  
Description:  
Developer and Lead Instructor of ultrasound course for athletic trainers and physical therapists. CMEs provided.  
Start Date: 2020-11-14  
End Date: 2020-11-14  
Semester: Fall 2019

## ACADEMIC ADVISING

Number of Graduate (Masters and Doctoral) Students Advised : 1  
Total: 1  
Start Semester: Spring 2020  
End Semester: Ongoing

## FACULTY DEVELOPMENT ACTIVITIES ATTENDED

Title: STEP 2 AAPM&R Interventional Ultrasound Course

Sponsoring Organization: AAPM&R

City: Downer's Grove

State or Province: Illinois

Country: United States

Number of Credit Hours: 17.5

Start Date: 2020-02-21

End Date: 2020-02-22

Description:

Interventional ultrasound certification

Semester: Spring 2020

Title: Step 1 Ultrasound Fundamentals Certification Course

Sponsoring Organization: AAPM&R

City: San Antonio

State or Province: Texas

Country: United States

Number of Credit Hours: 17.5

Start Date: 2019-11-21

End Date: 2020-02-22

Semester: Fall 2019

Title: UCLA Beginner Ultrasound Course

Sponsoring Organization: UCLA

City: Los Angeles

State or Province: California

Country: United States

Number of Credit Hours: 16

Start Date: 2018-01-26

End Date: 2018-01-28

Description:

Beginner ultrasound Course

Semester: Spring 2018

Title: UCLA Intermediate Ultrasound Course

Sponsoring Organization: UCLA

City: Los Angeles

State or Province: Louisiana

Country: United States

Number of Credit Hours: 16

Semester: Spring 2018

Title: Medical And Legal Implications of Concussions

Sponsoring Organization: Tulane University Center for Sport

City: New Orleans

State or Province: Louisiana

Country: United States

Semester: Spring 2013

## PROFESSIONAL SERVICE

Activity Type: Manuscript Reviewer

Organization: Current Sports Medicine Reports

Description: American College of Sports Medicine

Start Semester: Fall 2020

End Semester: Ongoing

## PUBLIC SERVICE/COMMUNITY SERVICE/OUTREACH

Role: Match Day Doctor/Team Physician

Organization: Nola Gold Rugby Team - Professional

Start Semester: Spring 2020

End Semester: Ongoing

Role: Consultant Physician

Organization: New Orleans Saints

Start Semester: Fall 2019

End Semester: Ongoing

Role: Physician Coverage

Organization: Allstate Sugar Bowl

Start Semester: Fall 2018

End Semester: Ongoing

Role: Medical Director

Organization: Rock n' Roll Marathon - New Orleans

Start Semester: Spring 2018

End Semester: Ongoing

Role: Team Physician

Organization: Tulane Athletics

Start Semester: Fall 2017

End Semester: Ongoing

Role: Team Physician

Organization: Loyola University Athletics

Start Semester: Fall 2017

End Semester: Fall 2019

Role: Team Physician

Organization: Archbishop Shaw High School

Start Semester: Fall 2017

End Semester: Ongoing

Role: Team Physician/Fellow

Organization: Louisiana State University Athletics

Start Semester: Fall 2014

End Semester: Summer 2015

Role: Team Physician/Fellow

Organization: Southern University Team Physician

Start Semester: Fall 2014

End Semester: Summer 2015

Role: Team PhysicianPhysician/Fellow

Organization: Parkview-Baptist High School

Start Semester: Fall 2014

End Semester: Summer 2015

Role: Physician Event Coverage

Organization: NCAA Women's Basketball Tournament

Start Semester: Spring 2013



End Semester: Ongoing

Role: Physician Coverage

Organization: Louisiana Marathon

Start Semester: Fall 2012

End Semester: Fall 2015

Role: Co-Founder, Program Director, Web Developer

Organization: Don't Weight to Lose at Tulane University

Description: Developed a 501 c(3) non-profit organization to reduce the prevalence and incidence of obesity-related chronic illness in children and adults.

Start Semester: Fall 2007

End Semester: Fall 2011

## PROFESSIONAL MEMBERSHIPS

Organization Name: American Academy of Physical Medicine and Rehabilitation

Abbreviation of Organization: AAPMR

Start Semester: Fall 2014

End Semester: Ongoing

Organization Name: American College of Sports Medicine

Abbreviation of Organization: ACSM

Start Semester: Fall 2014

End Semester: Ongoing

Organization Name: American Association of Neuromuscular and Electrodiagnostic Medicine

Start Semester: Fall 2014

End Semester: Ongoing