

**Tulane Institute of Sports Medicine
Follow-up Medical Questionnaire**

Appointment Date: _____ **Chart #** _____ **Provider** _____

Patient Name: _____ **Reason for visit:** ☐ f/u visit ☐ f/u FX ☐ Post op

What body part is involved? (please mark the table below)

<input type="checkbox"/> R arm <input type="checkbox"/> L arm <input type="checkbox"/> Neither	Shoulder <input type="checkbox"/> R <input type="checkbox"/> L	Elbow <input type="checkbox"/> R <input type="checkbox"/> L	Hand <input type="checkbox"/> R <input type="checkbox"/> L	Pelvis <input type="checkbox"/> R <input type="checkbox"/> L	Knee <input type="checkbox"/> R <input type="checkbox"/> L	Foot <input type="checkbox"/> R <input type="checkbox"/> L
<input type="checkbox"/> Back and radiates to: <input type="checkbox"/> R arm <input type="checkbox"/> L arm <input type="checkbox"/> Neither	Arm <input type="checkbox"/> R <input type="checkbox"/> L	Wrist <input type="checkbox"/> R <input type="checkbox"/> L	Finger T 2 3 4 5 <input type="checkbox"/> R <input type="checkbox"/> L	Hip <input type="checkbox"/> R <input type="checkbox"/> L	Ankle <input type="checkbox"/> R <input type="checkbox"/> L	Toe B 2 3 4 5 <input type="checkbox"/> R <input type="checkbox"/> L

1) Is there a new problem that was not evaluated at your last visit? ☐ Y ☐ N If yes, what is it? _____

2) How long has it been since your last visit? _____ ☐ days ☐ weeks ☐ months

3) Since your last visit, are you: ☐ better ☐ worse ☐ same

4) On a scale of 0 – 100%, how much better are you now? (if no better put 0%) _____ %

5) On a scale of 0 – 10 (10 is the worst) how severe is your pain? (circle) 0 1 2 3 4 5 6 7 8 9 10

6) What is the **quality** of your pain? ☐ sharp ☐ dull ☐ stabbing ☐ stabbing ☐ throbbing ☐ aching ☐ burning

7) The pain is now: ☐ constant ☐ comes and goes (intermittent). Does your pain wake you from sleep? ☐ Yes ☐ No

8) Do you have: ☐ numbness ☐ tingling ☐ weakness ☐ swelling ☐ locking/catching ☐ giving way
☐ loss of control of bowel or bladder ☐ none

9) What medications are you still taking for this condition: ☐ none ☐ Anti-inflammatory _____ (name)
☐ Narcotic (pain killer) _____ (name)

10) Use check box below to show what treatment was done at or since your last visit:

<u>Treatment</u>	<u>Did it help?</u>
<input type="checkbox"/> Anti-inflammatories	<input type="checkbox"/> Y <input type="checkbox"/> N
<input type="checkbox"/> Narcotics	<input type="checkbox"/> Y <input type="checkbox"/> N
<input type="checkbox"/> Brace/Cast	<input type="checkbox"/> Y <input type="checkbox"/> N
<input type="checkbox"/> Physical / Occupational Therapy	<input type="checkbox"/> Y <input type="checkbox"/> N
<input type="checkbox"/> Home Exercise Program	<input type="checkbox"/> Y <input type="checkbox"/> N
<input type="checkbox"/> Injection at last visit: short term	<input type="checkbox"/> Y <input type="checkbox"/> N
<input type="checkbox"/> Injection at last visit: long term	<input type="checkbox"/> Y <input type="checkbox"/> N
<input type="checkbox"/> Surgery since last visit	<input type="checkbox"/> Y <input type="checkbox"/> N

INTERVAL HISTORY: Since last visit have you:

Developed new problem in: Eyes ☐ Y ☐ N Heart ☐ Y ☐ N Bowels ☐ Y ☐ N Skin ☐ Y ☐ N
Ears ☐ Y ☐ N Lungs ☐ Y ☐ N Urine ☐ Y ☐ N Diabetes ☐ Y ☐ N
Nerves ☐ Y ☐ N Joints ☐ Y ☐ N ☐ None

Please describe new problem: _____

Developed new allergies? ☐ Y ☐ N If yes, please describe: _____

Been prescribed new medication by any other physician? ☐ Y ☐ N If yes, please describe: _____

Been hospitalized for a non-orthopedic condition? ☐ Y ☐ N If yes, please describe: _____

What is your current job status? ☐ regular job ☐ light duty ☐ not working due to this condition ☐ do not work

Are there any questions you want the doctor to answer for you at this visit? _____

Patient Signature: _____ MD Signature _____ Date _____