

**Tulane Resident and Fellow Congress**  
**Meeting Minutes**  
**February 9, 2023 7pm**

**FOR CLARITY/TRANSPARENCY:** These meeting minutes are not transcriptions. We are creating these minutes in order for there to be insight into the ongoing discussions of the TRFC. The summaries are not intended to be, nor are they capable of being, exhaustive. The commentary described below is not intended to reflect direct quotes and may not be comprehensively inclusive of all comments/questions/thoughts. Additionally, sensitive discussions/information may be omitted in the interest of respect for the persons coming to speak with us.

**1) Call to Order**

**2) TRFC Subcommittee Updates:**

**a) GMEC TRFC Representatives** (Chairs: President & Co-VPs)

**i) Tulane-LCMC Partnership Update**

- Kim and Joe (Joe is clinical data officer) are from LCMC and have been working with Leslie and Mary – meeting monthly. Next meeting TBD

- Voice your concerns on the surveys!! Survey via google:

[https://forms.gle/BbCKpUdg9K9Si86P6?\\_iipp=1](https://forms.gle/BbCKpUdg9K9Si86P6?_iipp=1)

- *You can also voice your concerns with your program director*

ii) Resident inclusion at Tulane-LCMC Planning meetings – Spoke with Dr. Mauldin who will inquire when this might happen.

iii) **CHNOLA:** Meetings with Dr.Kline (Physician in Chief), next 2/23/23. Please send Leslie concerns you'd like brought up.

- We are working on more dietary options
- Voice your CHNOLA concerns with Leslie

**b) Communications & Membership** (Chair: Secretary, Sarah Lewis)

**i) Photos to come ~ social media when we have events**

**ii) QR codes to come for comments / concerns instead of writing on white boards**

**c) Finance** (Chair: Treasurer, David Thompson): Budget Update

i) Vote to approve Mardi Gras and Resident Appreciation Week Budget

ii) Case by case basis for programs to get some funding – request for funds by requesting at a meeting

**d) Event and Programming Coordination** (Chair: Danae Brierre; Elora Apantaku, Zil Shah, Jayde Price, Reed Ghio)

i) **Please sign up to hand out beads & king cake on Monday 2/20 and/or guard the TRFC Mardi Gras TRFC Tent Saturday 2/18 here: [TRFC 2022-2023 Event Budget.xlsx](#)**

- <https://docs.google.com/forms/d/e/1FAIpQLSelmT5AvRnA4OV-9oO5emF9JP4SbjMIEqgCpP4R-WMu7XjEg/viewform>

- **Iris rolls at 11 AM, Tucks rolls at 12 PM**

- **People need to show a splash card or verify that they are a Tulane resident – wristbands will be given**

ii) Resident/Fellow Appreciation Week (2/20-2/25)

- Flyer to be done soon
- QR to scan at each event to get raffle

- Reps and PCs will send image / PDF and flyer to their programs
  - iii) **March 20, 2023** - Doctor's Day
  - iv) **April 21, 2023** – Annual meeting. Venue with catering. Budget \$2000
  - v) May 2023 - ?
  - vi) June 2023 – Budget \$1000 for TRFC logo mugs for incoming trainees
  - vii) Graduation Party?
- e) **Clinical Site Advocacy Committee** (Kiondra Fisher, Zil Shah, Dani Takai-Castioni)
- i) **Fill out surveys and voice your concerns about clinical sites**
    - [https://docs.google.com/forms/d/e/1FAIpQLSd6JiOuFlqo6TVCR9FpItTru\\_pgIu0O5yLN-3R9sWjkn5nKfw/viewform](https://docs.google.com/forms/d/e/1FAIpQLSd6JiOuFlqo6TVCR9FpItTru_pgIu0O5yLN-3R9sWjkn5nKfw/viewform)
- f) **Advocacy & Community Outreach** (Chair: Oyinlola Oshinowo; Kiondra Fischer, Danae Brierre)
- g) **EDI:** (Jemimah Chen, Elora Apantaku, Ricky Salinas)
- i) Funds for rotating prospective residents (M4s) interested in possibly training at Tulane through EDI office
  - ii) End of the year event educating racial disparities specific to New Orleans
- h) **Wellness:** (Co-chairs: Danae Brierre, Michael Ghio)
- i) **Graduation party will be partially planned with TRFC**
  - ii) **Wellness checklist**
  - iii) **“budget for wellness” for each program**

Please update your contact information & sign up for subcommittees:  [TRFC Contact List.xlsx](#)

- 3) **New Business**
- a) **Lack of mental health resources and issues with access.** Dr. Andrew Morson at Integrated Behavioral Health retiring. Dr. Guidry looking into other options.
    - i) **This will be worked on!!**
    - ii) **Tulane living well clinic has mental health services as well**
  - b) **Possibility of a Housing Stipend?**
    - i) Previous housing stipend at Tulane? not true per Dr. Margaret Bell.
    - ii) We would need an endowment for the purpose of supplementing housing costs for residents & fellows or a very wealthy donor.
    - iii) Is there a way to get the university to fund it?
    - iv) Would need \$10 million endowment.
    - v) *Housing stipend and salary increase are not the same*
  - c) **Possibility of fund for all chief residents to attend ACGME Leadership Skills Training Program Workshop?** [2023\\_chiefresidentleadershipskillstrainingprogrambrochure\(1\).pdf](#)
  - d) **Leadership Development Tulane Event**
  - e) **UMC ED Entrance Updates:**

- i) In light of UMC discussion with residents, they are working towards operationalizing a badge access entrance at the side door adjacent to the guarded - ED entrance.
- ii) Initial assessment of the side door revealed that the door is currently not electrified and will need hardware installed.
- iii) UMC facilities team is determining the lead time in obtaining the appropriate hardware and they will report back. Depending on lead time, they will evaluate all other options that help expedite making that pathway accessible.
- f) **Seeking out new reps for:** Plastic Surgery and OBGYN, emailed coordinators 1/10/23.
- g) **Revamping the Tulane med app ~ TRFC and wellness champs can work on the app**

#### 4) Old Business

- a) **Housing opportunity:** LSU has built new housing exclusively for medical students, faculty, staff, and employees of the medical community (LSU and Tulane campuses and hospitals), built through a partnership with the LSU Health Foundation.
- b) **TUMC-LCMC Partnership:** Documentation of these questions, concerns, possible solutions are very important and appreciated. Please also be mindful that this is intended to be presented to stakeholders, so professional language is important.
  - i) Next Town Hall: 2/14/23 at 12pm via zoom
  - ii) **Please submit questions/comments/concerns:** <https://forms.gle/BbCKpUdg9K9Si86P6>
- c) **Attendance policy: MINIMUM once per quarter.** If you have not attended a meeting between July 1 and present, we will be reaching out to find other representation for your program. Please email Leslie Miller and Sarah Lewis if you cannot make a meeting and designate someone else from your program to attend in your place.
  - i) **Attend at least 1 meeting a quarter, 4 meetings a year**
  - ii) **Let Leslie or Sarah know if you have someone attending in your place or you cannot attend**
- d) **Important Reminders:** Please remind your colleagues that parking 5<sup>th</sup> floor and above at the VA is not only about convenience, it is also to ensure those that risked their lives and mental health for our freedom (and survived) have parking when they are coming to us for healthcare.
  - The VA is counting where we are parking
  - Please park on level 5 or above
- e) **Childcare resources for trainees:** – a list was made by medical students during Ida. Would an extra stipend to offset the cost of childcare be wanted? Dr. Guidry was working on this.
- f) **Resident & Fellow workspace at TMC**

- 5) **Open floor for new business** (*Open floor is an opportunity for committee members to present items for new business to be addressed at the next TRFC meeting. This is an excellent opportunity for TRFC Representatives to bring resident and fellow concerns to the committee and add them to the agenda.*)

#### 6) Adjourn

- 7) **Attendance:** *Reminder that Program Representatives shall be expected to attend meetings on a regular basis. Representatives must attend at least one meeting per quarter and if attendance is not met, the TRFC Board will reach out to programs with lapsed participation to seek further representation.*

##### a) **TRFC Executive Committee present:**

1. Leslie Miller (President)
2. Kiondra Fisher (VP)

3. Hogan Hudgins (VP)
4. Sarah Lewis (Secretary)
5. David Thompson (Treasurer)

### Upcoming Events:

- **TRFC Open Forums** (via zoom): *Open to all residents and fellows. No administrative leadership present. Dates: Thursdays 6-7 pm CST on 3/9/23, 6/8/23* (link in Outlook calendar invite)
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### Resource List:

- **Mental Health Resources:** Find resources via Tulane Companion App: Wellness (top right list menu)>Support > Trainee > Psychotherapy and Psychiatry in New Orleans.
  - Compilation of Mental Health & Wellness Resources for Medical Professionals: [https://docs.google.com/document/d/18kawS\\_YixGrXrNRo\\_rAsW0VcdGjU66b4tYznJh6PvU/edit?usp=sharing](https://docs.google.com/document/d/18kawS_YixGrXrNRo_rAsW0VcdGjU66b4tYznJh6PvU/edit?usp=sharing)
- **Breast-feeding moms:** [Lactation Rooms.docx](#)
- **TRFC Website:** <https://medicine.tulane.edu/graduate-medical-education/resident-and-fellow-congress-trfc>
  - Please visit our website to find out who your TRFC reps are and reach out to them with any questions or concerns. If you are interested in leadership, please consider running for TRFC next year!
  - To elect to contribute \$2.50 or \$5 monthly to TRFC Budget, **complete this form** [TRFC Payroll Deduction Form.docx](#) and email to [HWeisler@tulane.edu](mailto:HWeisler@tulane.edu).
- **Professionalism Reporting System:** <https://medicine.tulane.edu/student-affairs/professionalismenvironment-learning-program>
- **Professionalism Task Force website:** <https://medicine.tulane.edu/student-affairs/professionalismenvironment-learning-program/professionalism-task-force>
- **GME website:** <https://medicine.tulane.edu/education/graduate-medical-education>
- **Tulane Retirement Plans** are available, but Tulane does not match contributions. TIAA customer service representatives have been helpful to individual residents in setting up retirement plans. Representative: Louis Bundy 1-866-843-5640
  - [https://hr.tulane.edu/benefits/retirement#:~:text=Tulane%20currently%20offers%20four%20retirement,c\)%20tax%20Dexempt%20organizations](https://hr.tulane.edu/benefits/retirement#:~:text=Tulane%20currently%20offers%20four%20retirement,c)%20tax%20Dexempt%20organizations)
  - [www.tiaa-cref.org/letstalk1](http://www.tiaa-cref.org/letstalk1)
    - How to get involved locally:
      - <https://masela.org/About-us>
      - <https://www.opms.org/>
      - <https://lsms.org/>
      - <http://jpms.org/>