## Tulane Resident and Fellow Congress Meeting Agenda January 12, 2023 7pm

**FOR CLARITY/TRANSPARENCY:** These meeting minutes are not transcriptions. We are creating these minutes in order for there to be insight into the ongoing discussions of the TRFC. The summaries are not intended to be, nor are they capable of being, exhaustive. The commentary described below is not intended to reflect direct quotes and may not be comprehensively inclusive of all comments/questions/thoughts. Additionally, sensitive discussions/information may be omitted in the interest of respect for the persons coming to speak with us.

- 1) Call to Order
- 2) TRFC Subcommittee Updates:
  - a) GMEC TRFC Representatives (Chairs: President & Co-VPs)
    - i) Tulane-LCMC Partnership Update
      - Impact on residents and learners Leslie will help work this
      - Impact on patients (moving services away from downtown) Mary is working on this
      - Kim and Joe (Joe is clinical data officer) are from LCMC and have been working with Leslie and Mary meeting monthly
      - Timeline and where services will be moved are still up in the air
      - We still have opportunities to express concerns as this is a slow process that isn't set in stone yet
      - Leslie and Mary are not sure which programs are moving
      - A consulting firm is also working with LCMC how do we involve community and residents
      - Follow up meeting with consulting firm next month
      - A lot still needs to be determined but lots of opportunity to advocate
      - Parking downtown? Some programs have didactics and offices downtown
      - Talk to Dean Gladden
      - Voice your concerns on the surveys!!
      - Survey via google: <a href="https://forms.gle/BbCKpUdg9K9Si86P6?">https://forms.gle/BbCKpUdg9K9Si86P6?</a> iipp=1
      - Have resident input at merger meetings we need representation in the roomwe need to find where these meetings are – if you are interested in these meetings let Mary or Kiondra know
      - Still in early stages of merger
    - ii) CHNOLA: Meetings with Dr.Kline (Physician in Chief)
  - b) Communications & Membership (Chair: Secretary, Sarah Lewis)
    - i) Photos to come ~ social media when we have events
  - c) Finance (Chair: Treasurer, David Thompson): Budget Update
    - i) Spending to occur with events
    - ii) Fill out surveys so we can know what to spend
    - *iii*) We have 25,000
    - iv) Let's ballpark budget for Mardi Gras and appreciation event
  - **d)** Event and Programming Coordination (Chair: Danae Brierre; Elora Apantaku, Zil Shah, Jayde Price, Reed Ghio)
    - i) January 2023 Mardi Gras tent TBD

- Do we have a tent ?
- Ask Rhonda for a tent?
- Cane's <3
- Juan's tacos (build your own)
- We need a budget to run numbers
- Porta potty?
- Location?
- People guarding tent? Survey?
- T shirts
- <u>Budget TBD ~Deadline next week</u>
- ii) February 2023 Resident/Fellow Appreciation week event
- iii) March 2023 Doctor's Day (3/30/23)
- iv) April 2023 Annual meeting. Venue with catering. Budget \$2000
- v) May 2023 -?
- vi) June 2023 Budget \$1000 for TRFC logo mugs for incoming trainees

vii)

- e) Clinical Site Advocacy Committee (Kiondra Fisher, Zil Shah, Dani Takai-Castioni)
  - i) Fill out surveys
- f) Advocacy & Community Outreach (Chair: Oyinlola Oshinowo; Kiondra Fischer, Danae Brierre)
  - i) No updates
- g) EDI: (Jemimah Chen, Elora Apantaku, Ricky Salinas)
  - i) No updates
- h) Wellness: (Co-chairs: Danae Brierre, Michael Ghio)

# Please update your contact information & sign up for subcommittees: TRFC Contact List.xlsx

- 3) New Business
  - a) Possibility of a Housing Stipend? Apparently, Tulane had one in the past.
    - i) Will be looked into for next TRFC meeting
    - ii) Margaret Bell is point of contact
  - b) Meetings frequency?
    - i) Bylaws say 2x/year, but there's no way we would accomplish anything from that infrequency of meetings. Bimonthly?
    - ii) Survey?
    - iii) Monthly meetings are OK, with the established minimum of attending 1 meeting per quarter
    - iv) Reps for OB/GYN and Plastics
  - c) Safety issues at the VA
    - i) Safety incident GMEC committee did not know about it
    - ii) VA is going to have a formal statement and update on policy and changes that they are doing changes are to come
  - d) Seeking out new reps for: Plastic Surgery, emailed coordinator 1/10/23.
- 4) Old Business

- a) **Housing opportunity:** LSU has built new housing exclusively for medical students, faculty, staff, and employees of the medical community (LSU and Tulane campuses and hospitals), built through a partnership with the LSU Health Foundation.
- b) **TUMC-LCMC Partnership:** Documentation of these questions, concerns, possible solutions are very important and appreciated. Please also be mindful that this is intended to be presented to stakeholders, so professional language is important.
  - i) Please submit questions/comments/concerns: https://forms.gle/BbCKpUdg9K9Si86P6
- c) Attendance policy: MINIMUM once per quarter. If you have not attended a meeting between July 1 and present, we will be reaching out to find other representation for your program. Please email Leslie Miller and Sarah Lewis if you cannot make a meeting and designate someone else from your program to attend in your place.
  - i) Attend at least 1 meeting a quarter, 4 meetings a year
  - ii) Let Leslie or Sarah know if you have someone attending in your place or you cannot attend
- d) Important Reminders: Please remind your colleagues that parking 5<sup>th</sup> floor and above at the VA is not only about convenience, it is also to ensure those that risked their lives and mental health for our freedom (and survived) have parking when they are coming to us for healthcare.
  - The VA is counting where we are parking
  - Please park on level 5 or above
- e) Childcare resources for trainees: a list was made by medical students during Ida. Would an extra stipend to offset the cost of childcare be wanted? Dr. Guidry was working on this.
- f) Resident & Fellow workspace at TMC
- 5) Open floor for new business (Open floor is an opportunity for committee members to present items for new business to be addressed at the next TRFC meeting. This is an excellent opportunity for TRFC Representatives to bring resident and fellow concerns to the committee and add them to the agenda.)

### 6) Adjourn

- 7) Attendance: Reminder that Program Representatives shall be expected to attend meetings on a regular basis. Representatives must attend at least one meeting per quarter and if attendance is not met, the TRFC Board will reach out to programs with lapsed participation to seek further representation.
  - a) TRFC Executive Committee present:
    - 1. Leslie Miller (President)
    - **2.** Kiondra Fisher (VP)
    - **3.** Hogan Hudgins (VP)
    - **4.** Sarah Lewis (Secretary)
    - **5.** David Thompson (Treasurer)

#### **Upcoming Events:**

• TRFC Open Forums (via zoom): Open to all residents and fellows. No administrative leadership present. Dates: Thursdays 6-7 pm CST on 3/9/23, 6/8/23 (link in Outlook calendar invite)

#### **Resource List:**

- Mental Health Resources: Find resources via Tulane Companion App: Wellness (top right list menu)>Support >
  Trainee > Psychotherapy and Psychiatry in New Orleans.
  - Compilation of Mental Health & Wellness Resources for Medical Professionals: <a href="https://docs.google.com/document/d/18kawS">https://docs.google.com/document/d/18kawS</a> -YixGrXrNRo rAsW0VcdGjU66b4tYznJh6PvU/edit?usp=sharing
- Breast-feeding moms: <u>Lactation Rooms.docx</u>
- TRFC Website: https://medicine.tulane.edu/graduate-medical-education/resident-and-fellow-congress-trfc
  - O Please visit our website to find out who your TRFC reps are and reach out to them with any questions or concerns. If you are interested in leadership, please consider running for TRFC next year!
  - o To elect to contribute \$2.50 or \$5 monthly to TRFC Budget, **complete this form** TRFC Payroll Deduction Form.docx and email to HWeisler@tulane.edu.
- **Professionalism Reporting System:** <a href="https://medicine.tulane.edu/student-affairs/professionalismenvironment-learning-program">https://medicine.tulane.edu/student-affairs/professionalismenvironment-learning-program</a>
- **Professionalism Task Force website:** <a href="https://medicine.tulane.edu/student-affairs/professionalismenvironment-learning-program/professionalism-task-force">https://medicine.tulane.edu/student-affairs/professionalismenvironment-learning-program/professionalism-task-force</a>
- GME website: https://medicine.tulane.edu/education/graduate-medical-education
- Tulane Retirement Plans are available, but Tulane does not match contributions. TIAA customer service representatives have been helpful to individual residents in setting up retirement plans. Representative: Louis Bundy 1-866-843-5640
  - https://hr.tulane.edu/benefits/retirement#:~:text=Tulane%20currently%20offers%20four%20retirement,c)% 20tax%2Dexempt%20organizations
  - o www.tiaa-cref.org/letstalk1
    - How to get involved locally:
      - https://masela.org/About-us
      - https://www.opms.org/
      - https://lsms.org/
      - http://jpms.org/