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Screening for Preschool Posttraumatic Stress Disorder with the Child Behavior Checklist

Table 1.
 Modified Child Behavior Checklist–Posttraumatic Stress Disorder Scale

4- to 18-year-old form

1. Argues a lot
2. Cannot concentrate or cannot pay attention for long
3. Cannot get his/her mind off certain thoughts, obsessions
4. Clings to adults or too dependent
5. Fears certain animals, situations, or places other than school
6. Feels others are out to get him/her
7. Nervous, high-strung, or tense
8. Nightmares
9. Too fearful or anxious
10. Feels too guilty
11. Headaches
12. Nausea and feels sick
13. Stomachaches and cramps
14. Vomiting and throwing up
15. Secretive and keeps things to self
16. Stubborn, sullen, or irritable
17. Sudden changes in mood or feelings
18. Trouble sleeping
19. Unhappy, sad, and depressed
20. Withdrawn and does not get involved with others

Preschool forms

1. Defiant
2. Cannot concentrate or cannot pay attention for long
3. Clings to adult or too dependent
4. Fears certain animals, situations, or places
5. Nervous, high-strung, or tense
6. Nightmares
7. Too fearful or anxious
8. Nausea and feels sick
9. Stomachaches and cramps (without medical cause)
10. Vomiting and throwing up (without medical cause)
11. Stubborn, sullen, or irritable
12. Sudden changes in mood or feelings
13. Wakes up often at night
14. Unhappy, sad, or depressed.
15. Withdrawn or does not get involved with others

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