



If you or a loved one are feeling under the weather, help reduce the spread of respiratory illnesses. Take an online COVID-19 screening questionnaire\* through Care Navigator. Developed based on CDC guidelines, the screening will direct you to the best care setting for you.

1. Go to [TulaneCareNav.com](https://TulaneCareNav.com) from your computer or smartphone.
2. Look for the COVID-19 announcement at the top of the page.
3. Select "Start Screening Now" to begin the screening process.

**If you are determined to be at risk for COVID-19**, a virtual medical provider\* will see you and determine the next steps in your treatment plan.

**If you are determined not to be at risk for COVID-19**, you may choose answer additional screening questions about your symptoms. You will then be navigated to the appropriate care setting, whether it be a virtual visit\*, urgent care or physician practice.

\*The online screening questionnaire is a free service. A visit with a virtual provider is \$25. For severe symptoms, such as difficulty breathing, always call 911 or head to the emergency room.



**Already have a primary care physician?**  
Many of our providers are now offering telehealth visits.  
Contact your doctor's office for more information.

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