

COVID-19 Resources

The information and links provided below are not endorsed or specifically recommended. Rather, we are listing possible services, resources, or opportunities that may be helpful. Please keep in mind that some of the information may have changed.

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General Info

- [Tulane Daily newsletter](#).
- [Tulane COVID-19 Medical Update](#) (produced by the SoM). In it, we pose questions from the community to our Tulane doctors and experts. Please feel free to share this with your departments, colleagues, family and friends. <https://youtu.be/4mFK-9FDSjk>
- 70+ Restaurants in NOLA that offer pick up and delivery!!
<https://riverbeats.life/neworleans/70-new-orleans-restaurants-to-go-curbside-coronavirus/#>
- **TUHC Hospitalists:** Case Manager and SW [phone number list](#)
- If you – or someone you know - has a question on COVID-19, send it to MedQuestions@Tulane.edu – we will be back in some form every week or so, bringing answers from our Tulane University doctors and experts on the front line of COVID-19 in hospitals, clinics and research labs to New Orleans, our region and the world.
- **Questions about Coronavirus?** If you have questions about coronavirus, please contact the Louisiana 211 Network by dialing dial 211. Or, you can text the keyword LACOVID to 898-211 for the most current information about the outbreak as it becomes available. [La 211 Help](#)
- The University has a webpage collecting all the communications and messaging that goes out from the President and Provost and others: <https://tulane.edu/covid-19-communications>

- Virtual Zoo! Yes, you can follow [Audubon Zoo's Virtual Community Connection series](#) on Facebook!
- AMA resources for physicians: <https://www.ama-assn.org/delivering-care/public-health/covid-19-2019-novel-coronavirus-resource-center-physicians>
- AMA Webinar for families: <https://www.youtube.com/watch?v=H8ut7QHmfuk&t=41s>
- Twitter: The @AmerMedicalAssn has launched a compilation of resources for physicians on #COVID19, a reliable source for info along with @CDCgov <https://bit.ly/33xI7yQ>
- Facebook/LinkedIn: The American Medical Association has launched a compilation of resources for physicians of all specialties on COVID19. This is a great physician-focused companion to CDC's resources: <https://bit.ly/33xI7yQ>
- Twitter: The @AmerMedicalAssn hosted a webinar on how to discuss #COVID19 with children, a great resource for families: <https://bit.ly/2U8sbQs>
- [Gibson Online](#) - Gateway to online services at Tulane University for staff, faculty and students.
- [Information Technology](#) - Tech support, software and academic technology.
- [Libraries](#) - Links to all libraries at Tulane University.
- [myTulane](#) - Course materials in Canvas.
- [Provost](#) - The chief academic officer of Tulane.
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Mental Health

- [Employee Assistance Program \(EAP\)](#)
- [Distress-Tolerance activities](#)
- [Taking Care of Your Behavioral Health!](#) SAMHSA (Substance Abuse and Mental Health Services Administration)
- [Psychological Effects of Quarantine During Coronavirus Outbreak: What Healthcare Providers Need to Know](#)
- Sustaining the Well-Being of Healthcare personnel during the coronavirus outbreak. Taking care of yourself and encouraging others to practice self-care sustains the ability to care for those in need.
- [CDC Managing anxiety and stress:](#)
- **Stressed about COVID-19? We're here to talk.** If you are feeling overwhelmed with stress, fear and anxiety about the uncertainty surrounding this public health emergency, there is a special *Keeping Calm through COVID* Hotline you can call. This connects you to trained, compassionate counselors who can offer support and who can direct you to mental health and substance abuse counseling services. *Trained counselors available 24/7. All calls are confidential. Call 1-866-310-7977 24/7*
- [Taking care of your emotional self](#)
- *Additional online/phone therapy options that may take insurance:*
 - **BetterHelp:** <https://www.betterhelp.com>, \$40-\$70 per week. (billed monthly)
 - **Talk Space:** <https://lp.talkspace.com>; \$65-\$100/week (not sure if you have to do a full month or can pay by the week)
 - **Pride Counseling:** <https://www.pridecounseling.com>; \$40-\$70 per week. (billed monthly)

Telemedicine

- **TUHC Hospitalists:** In Touch program to allow telemedicine inside the hospital with patients for communication. From Olivia Fleming: (TUHC [Download and Registration](#) for InTouch users)
 - [Click Here](#) to link to Robot Instructions
 - Then, call, text, email Emily Nelson for a brief training. Her cell : 816.606.2719. Emily.Nelson@HCAHealthcare.com
 - The robot is on-line on the 7th floor. (it is currently locked in the nurse managers office)
 - Once you are trained- feel free to use in any patient room. The nurse just places robot in room. It is cleaned in between each use with the Purple Sani Wipes.
- [TeleVisits – Step-By-Step Guide and Tips to Installing and Running TeleVisits](#)
- [Tele-visit Checklist for Office Workflow](#) updated [guidelines for Billable Telephone Evaluations](#). eCW workflow has NOT changed but
 - you can now do these on New and Established patient, and
 - You OR the patient can be the initiator of the call
- [Telephone Evaluations - Documentation and Billing for Patient](#)
- [Patient Instructions to Download Healow App to Android Devices and IOS Device](#)

TUMG Forms and Policies

- All TUMG clinic policies, guidelines, patient and staff communications, and other resources are available at <https://www.tumg.org/covid-19-resources/>
- [Clinic Cancellation/Bump Correspondence](#)
- [Physician Clinic Reschedule Policy](#)

Teaching

- [Center for Engaged Learning & Teaching \(CELT\)](#) - Provides resources and support for engaged learning at Tulane in classroom engagement, experiential learning engagement and research engagement.
 - Resources for Faculty: [Tulane IT](#)
 - [The Chronicle of Higher Education](#), “[How to Be a Better Online Teacher](#)”
 - Don't forget to reference the [Teach Anywhere Toolkit](#) for multiple suggestions, videos, how to's, etc. You can also email us at teachanywhere@tulane.edu with whatever questions or concerns you have. Also, be sure to check out the resources to help your students [Learn Anywhere](#).
- [Teach Anywhere: Drop-In Hours](#)**
These are open office hours for faculty to come meet with the CELT and ILC staff. We will be holding consulting hours for you to drop in and work with us directly on your course content.
- Monday through Friday**
- 10:00AM - 3:00PM | [Zoom Meeting Link](#)

Research

- <https://medicine.tulane.edu/research-covid-19-information>

The SOM's Clinical Trials Unit is available to assist you preparing submissions or research amendments as a result of COVID-19, if you do not have resources available. COVID-19 related studies may have a short turn around. If you would like the CTU's assistance, please contact the CTU directly at CTU@tulane.edu for assistance. Include in your information, all known deadlines and your contact information so that passwords you received to access the protocol can be obtained. Having this information upfront will help the CTU prioritize and assist you in submissions.

- NIH communications providing leniency and flexibility on grant proposal submission and award management. I believe these have been sent out via SPA listserv, and I have made sure to provide them to investigators currently working with ORPD assistance, but I thought it might be helpful for you to have them in case faculty reached out directly to you.
- **NIH Late Application Policy Due to Public Health Emergency for United States for 2019 Novel Coronavirus** <https://grants.nih.gov/grants/guide/notice-files/NOT-OD-20-082.html>
- **Flexibilities Available to Applicants and Recipients of Federal Financial Assistance Affected by COVID-19** <https://grants.nih.gov/grants/guide/notice-files/NOT-OD-20-086.html>
- **General Frequently Asked Questions (FAQs) - Proposal Submission and Award Management Related to COVID-19** <https://grants.nih.gov/grants/guide/notice-files/NOT-OD-20-083.html>
- [3/16/20 Updated SOM Research Operations Guidelines](#)
- [School of Medicine Research Operations Guidelines](#)
- [Clinical Studies Screening Access](#)

Human Resources/Working Remotely

- Employee and supervisor remote/telework resources: <https://hr.tulane.edu/learning-and-organizational-development/remote-work-resources>
- [Linkedin Learning](#), which all employees have access to, has resources.
- Tulane HR COVID FAQs: <https://tulane.edu/covid-19/employees/hr-information>
- Migrating your account from zoom to zoom for healthcare. In order to facilitate medical training (provider to trainee) or consult (provider to provider) discussions on a secure, HIPPA compliant platform, the University has converted all School of Medicine accounts from "Zoom" to "Zoom for Healthcare". Please follow the [instructions to complete account migration](#). There is also a [help guide](#) for users who have never created a meeting and sent an invitation through Zoom. Users who have not completed the migration will be unable to co-host meetings hosted by users who have migrated their accounts. Therefore, we are asking all School of Medicine employees and students to migrate to Zoom for Healthcare, even if you will never be discussing HIPPA information. For more information about Tulane-Zoom, visit the [IT Zoom Information Page](#).