ACCE Spotlight: BIPOC/Minority Mental Health Awareness

The Psychiatry Department’s Advocacy, Consumerism, and Community Engagement (ACCE) Action Group is highlighting BIPOC/Minority Mental Health Awareness in July!

In 2008, Congress passed a resolution that established the month of July as Bebe Moore Campbell National Minority Mental Health Awareness Month. The goal was to bring awareness to the unique mental health challenges and needs of historically disenfranchised or oppressed racial and ethnic groups in the United States. Specific aims highlighted were to improve access to mental health treatment and services; to address the need for improved access to care, treatment and services for those diagnoses with severe and persistent mental health disorders; and to enhance public awareness of mental health issues among minorities. Learn more about Bebe Moore Campbell here.

ORGANIZATION SPOTLIGHT

The Steve Fund is the nation’s leading organization focused on supporting the mental health and emotional well-being of young people of color. The Steve Fund works with colleges and universities, non-profits, researchers, mental health experts, families, and young people to promote programs and strategies that build understanding and assistance for the mental and emotional health of the nation’s young people of color. Check out the Equity in Mental Health Framework with ten expert recommendations for American colleges and universities to better support the mental health and emotional well-being of students of color.

RESOURCE SPOTLIGHT

Throughout the month of July, the U.S. Department of Health and Human Services Office of Minority Health will share tools and resources addressing the stigma about mental health among racial and ethnic minority populations, especially during the COVID-19 pandemic. They also include shareable social media messages, downloadable graphics and health resources for those who would like to advocate through their own social media outlets or simply learn more about disparities in access and treatment and perceived stigma in BIPOC communities.

FOLLOW ON SOCIAL

@nolablackmentalhealthmatters  @thelovelandfoundation
@namicommunicate  @asianmentalhealthcollective
@browngirltherapy  @latinxttherapy
@bmhaofficial  @minorityhealth
@therapyforblackgirls
DID YOU KNOW?

In 2020, Congress designated the new 988 dialing code to be operated through the existing National Suicide Prevention Lifeline. This dialing code will be available to everyone across the United States starting on July 16, 2022. A fact sheet can be found here.

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LEARN, SUPPORT, ADVOCATE

- NAMI Honors Bebe Moore Campbell National Minority Mental Health Awareness Month
- Mental Health America BIPOC Mental Health Awareness Month
- Psychology Today Directory of Black Therapists
- LGBTQ Psychotherapists of Color
- Therapy for Black Girls
- National Queer and Trans Therapists of Color Network
- Therapy for Black Men
- Inclusive Therapists
- Black Mental Health Resources
- NAMI New Orleans

ONE FOR THE BOOKS

Jesmy Ward, creative writing professor at Tulane University's School of Liberal Arts, has been announced as the recipient of the 2022 Library of Congress Prize for American Fiction. At 45, Ward is the youngest person to receive the library's fiction award. Learn more about Ms. Ward and the basis for this prestigious award here.

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We hope you'll join us for our club meetings (see next page) and for all our exciting events!

Angela

Angela W. Keyes, PhD
Equity, Diversity & Inclusion Officer
Associate Professor of Psychiatry
Department of Psychiatry and Behavioral Sciences
Tulane University School of Medicine

Current and active members of ACCE include Kankshi Thakur, Kristen Pearson, Maegen Vincent, Sherry Heller, Amy Mikolajewski, Hien Le Sanchez, and Angela Keyes. Please email Kankshi Thakur (athakur@tulane.edu) if you are interested in joining the group!
Book Club

Date and Time: July 21, 2022 at 7:00 p.m.
Link: Please click here to join our Zoom meeting.

The Book Club will read *Homegoing: A Novel by Yaa Gyasi* in July. Ghana, eighteenth century: two half sisters are born into different villages, each unaware of the other. One will marry an Englishman and lead a life of comfort in the palatial rooms of the Cape Coast Castle. The other will be captured in a raid on her village, imprisoned in the very same castle, and sold into slavery.

One of Oprah's Best Books of the Year and a PEN/Hemingway award winner, *Homegoing* follows the parallel paths of these sisters and their descendants through eight generations: from the Gold Coast to the plantations of Mississippi, from the American Civil War to Jazz Age Harlem. Yaa Gyasi’s extraordinary novel illuminates slavery's troubled legacy both for those who were taken and those who stayed—and shows how the memory of captivity has been inscribed on the soul of our nation.

Film Club

Date and Time: August 1, 2022 at 7:00 p.m.
Link: Please click here to join our Zoom meeting.

Film Club will discuss the 2019 film *The Last Black Man in San Francisco.* "Jimmie Fails IV, a black man, is a third generation San Franciscan. Having been pushed out by circumstances like many others, Jimmie, who works a low paying job as a nurse in a seniors' care facility, returned to San Francisco three years ago and has been living in his best friend Montgomery Allen’s house that he shares with his blind grandfather, Jimmie who sleeps on the floor in Mont's already cramped bedroom. All of Jimmie's family, who he rarely sees, are also disenfranchised from that San Francisco life in one way or another...Jimmie has long wanted to reclaim what he sees as his place in San Francisco, which to him means the house he grew up in and which his same named paternal grandfather built in the post-war era in a style indicative to the area a century earlier. The problems are that his father lost the house long ago, the neighborhood has since been gentrified from the immigrant neighborhood it once was, increasing the value of the house to the several millions, and a white couple currently lives there, there being no indication that they are either planning on leaving or selling even if Jimmie could afford it. Regardless, Jimmie, with Mont by his side, has and continues to take steps to reclaim the house as his to his standards."
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*No Film Club this month.*

**Fifth of July**

**JEDI CATS Office hours**

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