TULANE UNIVERSITY

PSYCHIATRY RESIDENCY TRAINING PROGRAM

Interview Day Presentation
2018-2019

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Nithya Ravindran, DO nravindr@tulane.edu
PROGRAMS

RESIDENCIES
- General Adult Psychiatry
- Combined Internal Medicine-Psychiatry
- Triple Board (Psychiatry, Child Psych, Pediatrics)

FELLOWSHIPS
- Child Psychiatry
- Forensic Psychiatry
- Addiction Medicine

TRACKS
- ACE Track
- Research Path
- Child/Adolescent Track
VA Hospital
Opened December 2016
| PGY1 | 5 months Psychiatry Inpatient Wards  
1 month Consult-Liaison Psychiatry  
2 months Neurology  
4 months Internal Medicine or Pediatrics |
|---|---|
| PGY2 | 2 months Substance Abuse Program  
1 month Geriatrics  
3 months Psychiatry Inpatient Wards  
2 months Night Float  
2 months Assertive Community Treatment (MHICM)  
2 months Child and Adolescent Psychiatry  
2 months Consult-Liaison Psychiatry |
| PGY3 | 12 months Continuity Outpatient Psychiatry Clinic at Tulane Hospital Ambulatory Mental Health at VA, and Community Mental Health Centers  
VA groups: Anxiety, Skills, Palliative, PRP, etc. |
| PGY4 | 2 Months Inpatient Substance Abuse  
10 Months Continuity Clinic and ELECTIVES:  
  3 days per week elective  
  1 day per week Continuity Clinic at TUBC  
  1 day per week of didactics |
## A Sample Intern Schedule at Tulane

<table>
<thead>
<tr>
<th>MONTH</th>
<th>SPECIALTY</th>
<th>ROTATION</th>
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<tbody>
<tr>
<td>July</td>
<td>PSYCHIATRY</td>
<td>Inpatient Psychiatry, UMC</td>
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<tr>
<td>August</td>
<td>PSYCHIATRY</td>
<td>Inpatient Psychiatry, UMC</td>
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<td>September</td>
<td>PSYCHIATRY</td>
<td>Inpatient Psychiatry, VA</td>
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<tr>
<td>October</td>
<td>PSYCHIATRY</td>
<td>Inpatient Psychiatry, VA</td>
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<tr>
<td>November</td>
<td>PSYCHIATRY</td>
<td>Inpatient Psychiatry, VA</td>
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<tr>
<td>December</td>
<td>PSYCHIATRY</td>
<td>Consult-Liaison, VA</td>
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<tr>
<td>January</td>
<td>NEUROLOGY</td>
<td>Neurology</td>
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<td>February</td>
<td>NEUROLOGY</td>
<td>Neurology</td>
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<tr>
<td>March</td>
<td>PEDS/Medicine</td>
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<td>April</td>
<td>PEDS/Medicine</td>
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<td>May</td>
<td>PEDS/Medicine</td>
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<tr>
<td>June</td>
<td>PEDS/Medicine</td>
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Call:
- Ward Months Q4
- protected sleep time on call
- The Original Friday School
- The Firm System
- “4+1 System"
- Number of Residents:
  - PGY1 50
  - PGY2 36
  - PGY3 36
- Number of Full Time Faculty: 173
TULANE PEDIATRICS

4 months Wards/Electives
TULANE CONSULT-LIAISON
TUBC CLINIC

Resident clinic for PGY 3 & 4
Psychotherapy and Med management
Continuity from inpt/CL rotations
VA CLINIC

PGY3 and 4
Ambulatory Mental Health
Med management, psychotherapy
Group therapy
Group supervision
QI project
PGY4 ELECTIVES

- Geriatric Psychiatry
- Child/Adolescent/Infant Psych
- Inpatient Junior Attending
- Community / Homeless Psychiatry
- Telepsychiatry
- Forensics
- Inpatient detox
- ECT
- Neuropsychiatry
- Quality Improvement
- Research
- Early Psychosis Clinic
- ACT Team
- Group Therapy - Managing Anxiety, ACT, CBT-Insomnia, Mind Over Body, Skills, Men’s Depression Group
- VA Family Program
Last year, residents voted to begin a night float rotation

PGY2 residents spend 6-8wks on night float

Weekend coverage – flexible schedule, home call, and PGY2 make their own schedules

Interns do not take overnight or weekday calls except when on neurology:

- Interns on neuro take call with PGY2 from 7am-10pm for 3 weekend days per month

PGY3 and 4 do not participate in call system
<table>
<thead>
<tr>
<th>PGY1</th>
<th>PGY2</th>
<th>PGY3</th>
<th>PGY4</th>
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<tbody>
<tr>
<td><strong>Intern Series:</strong></td>
<td><strong>Subspecialty Series:</strong></td>
<td><strong>Advanced Patient Care:</strong></td>
<td><strong>Advanced Patient Care:</strong></td>
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<tr>
<td>DSM V</td>
<td>Consult Liaison</td>
<td>Advanced DSM</td>
<td>Advanced DSM</td>
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<tr>
<td>Intro to psychopharm</td>
<td>Substance Abuse</td>
<td>Career Planning</td>
<td>Career Planning</td>
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<td></td>
<td>Child</td>
<td>Integrated Psychiatry</td>
<td>Integrated Psychiatry</td>
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<td>Geriatrics</td>
<td>Neuropsychiatry</td>
<td>Neuropsychiatry</td>
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<td>Forensics</td>
<td>Ethics</td>
<td>Ethics</td>
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<td>Advanced Psychopharm</td>
<td>Special Populations</td>
<td>Special Populations</td>
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<td>Women’s Mental Health</td>
<td>Women’s Mental Health</td>
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<td><strong>Intro to Psychotherapy:</strong></td>
<td><strong>Concepts in Psychotherapy:</strong></td>
<td><strong>Advanced Psychotherapy:</strong></td>
<td><strong>Advanced Psychotherapy:</strong></td>
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<td>Developmental</td>
<td>CBT</td>
<td>CBT</td>
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<td>Object relations</td>
<td>ACT</td>
<td>ACT</td>
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<td>Personality</td>
<td>Hypnosis</td>
<td>Hypnosis</td>
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<td>Structured Interview</td>
<td>Psychoanalysis</td>
<td>Psychoanalysis</td>
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<td>Ethics</td>
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<tr>
<td></td>
<td>Wellness</td>
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<tr>
<td><strong>Wellness</strong></td>
<td><strong>Therapeutic Relationships and professionalism</strong></td>
<td><strong>MI</strong></td>
<td><strong>Wellness</strong></td>
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Introduction to Hypnosis

- PGY3
- Tuesdays 1:30 – 2:30 pm
- 8 sessions
- Dr. Dabney Ewin, MD
- Readings, case examples, demonstration
- Opportunity for further instruction
Acupuncture

- 8 week elective course in auricular acupuncture taught by:
  - **Denese Shervington, MD, MPH**
    - CEO of the Institute of Women and Ethnic Studies
    - Clinical Professor, Tulane Dept. of Psychiatry
PGY-3
Tuesday 1:00-2:30pm
Book Chapters read each week with case discussions
Denise Dorsey, M.D.
Dale Firestone, L.C.S.W.
FIRST EPISODE PSYCHOSIS CLINIC

- PGY-3+ rotation (2 half days/week)
- First episode psychosis clinic (EPIC-NOLA) and community outreach program (CALM) started by Dr. Ashley Weiss in 2015
- Coordinated specialty care model based on STEP clinic (Yale)
- ~200 active clients
- Team building/fundraising to increase awareness of severe mental illness in the community
TEAM BASED LEARNING

Tuesdays 3:00-4:00pm

Hammer, Rachel. Mail-order Nootropics: A Case of Tianeptine and Phenibut Abuse and Withdrawal. Poster IPS: The Mental Health Services Conference


Ellison, Ashley. Stop Bugging My Itching Kidneys: Two Cases of Delusional Parasitosis in the Setting of End-stage Renal Disease. Poster presentation at: Association of Psychosomatic Medicine 2016 Annual Conference; Austin, TX.


Miletello, Sarah. Seeing spiders, sleep-walking and shortness of breath. Oral presentation the annual meeting for the Association of Medicine and Psychiatry. 9/30/2016.


Fette, Gabriel: Fluoxetine induced Pneumonitis, poster - Academy of Psychosomatic Medicine National Conference 11/16
Learn about nutrition in relation to psychiatric diagnoses including ADHD, anorexia and dementia.

Cook a meal with classmates while you learn what to talk to patients about regarding food.
ACADEMIC CLINICIAN EDUCATOR (ACE) TRACK

Chair: Nithya Ravindran

- For residents intending to pursue careers as clinician educators and/or academic administrators
- Promotes development of skills and knowledge in continuing education, academic leadership, clinical care, program administration and community development
- Training involves:
  - Partnership with a faculty mentor
  - Formal academic project
  - Leading medical student and resident didactic lectures
  - Mentorship with medical students
  - Leading journal club/discussions
  - Junior attending PGY IV rotation
RESEARCH PATH

• For residents with strong interests to join academic medical centers after graduation where scholarly production will be expected in terms of papers, research, or presentations.
• Residents who desire a more full-time career in research (i.e., tenure track) ought to participate in this path and then progress after residency to a research fellowship.
• Two meetings per month, plus occasional half-day blocks to shadow other faculty research projects.

• Material is organized under 5 areas:
  1. Writing: papers and grants
  2. Mastery of study design
  3. How to formulate a project from start to finish
  4. Logistics of research
  5. Statistics
CHILDS DYSMATHY TRACT

3 years of General Psychiatry and
2 years of Child Psychiatry

Dual Boarded in Child and Adult Psychiatry in 5 years
GRAND ROUNDS
Fridays from 12-1
Resident-Only Meeting held every three months at various locations in New Orleans

Resident-Led Discussion

- Opportunity to propose changes in program including didactics, rotations, and policies
- Includes a business component and a social component (bowling, leisure sports, etc)
- Excused from Didactics during meeting time
- Anonymous problem-solving
Narrative Medicine

- Brought to Tulane by Rachel Hammer (Med-Psych PGY 4) and co-facilitated by Nithya Ravindran
- Monthly meetings to read and reflect on art/literary works
- Every three months – Death Café (open forum on death and dying attended by residents, medical students, faculty and community members)
BENEFITS

- Health, Dental, Eye, and Life Insurance
- iPad + $550 book fund PGY 1
- PGY 2-4: $750 each year for books, conferences, memberships
- PGY-1: 3 weeks vacation & 7 days of educational leave
- PGY 2-4: 4 weeks vacation & 5 days of educational leave
- Licensure: State, DEA, Controlled Dangerous Substances
- Free membership to Heath Society
- Interview Dinners
- Affordable daycare at downtown site
- Free parking at sites
TULANE HOUSE OFFICER SALARIES

2018-2019

PGY 1 - $51,770
PGY 2 - $53,506
PGY 3 - $55,336
PGY 4 - $57,470
PGY 5 - $59,901
MOONLIGHTING

- PGY-2+
  - Requires having completed 6 months of inpatient psychiatry, good academic standing, approval from clinical competency committee, and must have a Louisiana License (Passed Step 3)
- Plenty of opportunities in the area
ADULT PSYCHIATRY FACULTY

- Abbrecht, Lisa Solursh PsyD
- Ahmed, Muhammad MD
- Andrew, Kiani MD
- Armelie, Aaron PhD
- Artecona, Jose MD
- Bordenave, Jay MD
- Cashman, Catherine MD
- Cretu, Julia PsyD
- Crouch, Leah PsyD
- DeLand, Sarah MD
- Detrinis, Robert MD
- Ellison, Ashley MD
- Gallagher, Amanda PhD
- Genesio, Kimberly MD
- Johnson, Janet MD
- Kelly, Dennis Clay MD
- Levy, Danielle MD
- Lowenburg, Benjamin MD
- Malik, Harminder MD
- Manguno-Mire, Gina PhD
- Meier, Jarrell MD
- McConville, Brad MD
- Nicholl, Jeffery MD, PhD
- O’Neill, Patrick T. MD
- Pena, Jose M. MD
- Pletsch, Gayle MD
- Potash, Mordecai MD
- Roberts, John MD
- Robinson, Dean MD
- Romero, Maryellen PhD
- Rosen, Jenna PsyD
- Rouse, Jeffrey MD
- Snow, Anita MD
- Soong, Herman MD
- Stanton, Erin MD
- Thompson, John MD
- Traylor, Angela MD
- Tynes, Lee MD PhD
- Vyas, Sanket MD
- Weir, Ashley MSW
- Winstead Daniel K. MD
FACULTY RESEARCH

Terry LeBourgeois, MD
- Plaintiff/Defense Bias Survey Study

Gina Manguno-Mire, PhD
- Plaintiff/Defense Bias Survey Study
- Orleans Parish Mental Health Court Program Evaluation
- VA PTSD Biofeedback Treatment Study
  Child Psychiatry

Patrick O’Neill, MD
- A Framework for Telepsychiatric Training and e-Health: Competency-Based Education, Evaluation and Implications

Ashley Weiss, MD
- EPIC-NOLA: Establishing the Early Psychosis Clinic

Stacy Drury, MD, PhD
- Infant Development Study
- Genetic contribution to the development of PTSD in trauma exposed children
- Genetic contribution to the recovery from early social deprivation in the Bucharest Early Intervention Program
- Stress symptoms in young children with cancer and solid organ transplants
- Impact of Hurricane Katrina on graft rejection and compliance in pediatric kidney transplant patients
- Parental stress in the NICU
- Impact of self esteem on Hgb A1c in adolescent diabetic patients

Mary Margaret Gleason, MD
- Screening for mental health in Romanian pediatric patients
- Parental representations in parent-child interaction therapy
FACULTY RESEARCH

Julie Larrieu, PhD
• Child-Parent Psychotherapy with young children who have been maltreated
• Trauma-informed child welfare systems

Michael Scheeringa, MD
• Treatment effectiveness of CBT for PTSD in Young Children
• Neurobiology of CBT
• Prediction of Treatment Response
• Prediction of engagement and retention in Treatment

Julia Becker, PsyD
• Sleep, residual mood symptoms, and time to relapse in recovered patients with bipolar disorder
• Structured approach therapy for combat-related PTSD in returning U.S. Veterans

Frederic Sautter, PhD
• Evaluating the efficacy of a novel couple-based treatment for PTSD, called Structured Approach Therapy, to decrease PTSD and improve the marital and social functioning of Iraqi War veterans

Devi Murphy, PhD
• Investigating long-term social, emotional, and cognitive outcomes in children who have had traumatic experiences

Valerie Wajda-Johnston PhD
• Interventions used in the treatment families with a history of abuse and neglect

Charles H. Zeanah, Jr., MD
• Bucharest Early Intervention Project
• Early Institutionalization Impact Intervention Study
• Psychopathology in Young Children
RESIDENT RESEARCH

- Social Media: An Opportunity for Psychiatrists, Psychiatric Times, July 9, 2014. Holly Peek, MD
- Psychiatry and Professionalism in the Digital Age, Psychiatric Times, May 14, 2014 Holly Peek, MD
- A Content Analysis and Policy Discussion of #Suicide Tagged Posts on Instagram, 2014 APA Annual Meeting Resident and Student Poster Competition, research featured in interviews for APA TV, Medscape and Psych Congress Network. Holly Peek, MD
- Yoga, a Quality Improvement Project at East Jefferson Hospital, 2014 APA Annual Meeting Resident and Student Poster Competition. Veronique Haymon, MD
- A Case Report of Auditory Hallucinations in a Veteran Attending Yoga Class, 2015 International Association of Yoga Therapists Symposium on Yoga Research. Veronique Haymon, MD
- Speaker at Louisiana Psychiatric Medical Association Fall Meeting, Baton Rouge. “Cultural Issues in Psychiatry” Ryan Alvares, MD.

Witchcraft, Secret Agents, and Magic Blood: HIV, Psychosis, and a Nationwide Neurosyphilis Workup. Poster co-presentation at: Association of Psychosomatic Medicine 2015 Annual Conference; New Orleans, LA. Ashley Ellison, MD; Sarah Miletello, MD


Hammer RR. McConville J. Herpes Encephalitis or Its Cure? A Case of Valacyclovir-Associated Neurotoxicity, has been accepted as a poster at APM’s 2016 Annual Meeting, scheduled for Nov 2016, Austin, Texas.

Hammer RR. Alvarez MB. Capras Syndrome with a hint of hypokalemia. Submitted to Association of Medicine and Psychiatry Annual meeting, Chicago, IL. October 2016 *Pending acceptance

Hammer, Rachel. Mail-order Nootropics: A Case of Tianeptine and Phenibut Abuse and Withdrawal. Poster IPS: The Mental Health Services Conference
Ellison, Ashley. Improving psychiatry resident knowledge in eating disorders using live and simulated patients: early experience with curriculum development. Poster IPS: The Mental Health Services Conference.

Stop Bugging My Itching Kidneys: Two Cases of Delusional Parasitosis in the Setting of End-stage Renal Disease. Poster presentation at: Association of Psychosomatic Medicine 2016 Annual Conference; Austin, TX. Ashley Ellison, MD


Hansen, Spencer. The Hippocratic Oath: A Lighthouse to Guide our use of Social Media as Psychiatrists and in Training. AJP-16-05-0571.R3


PROMINENT ALUMNI

- Dr. Robert (Bob) Heath
  - Original Chair of Dept., first to use DBS in Parkinsons, depression, etc

- Dr. Daniel Winstead
  - Past Department Chair and Heath Professor, Former American College of Psychiatrists President, PRITE Board, DSM V Committee

- Dr. Patrick T O’Neill
  - Director of Telepsychiatry; LA Board of Telepsychiatrists

- Dr. Charles O’Brien
  - Vice Chair at UPenn. Invented the Addiction Severity Index

- Dr. Steven Paul
  - Executive Vice President of Science and Technology at Lilly and former NIMH director

- Dr. Peter Rabins
  - Vice Chair of Geriatric Psychiatry and Neurology at Hopkins

- Dr. Donald Gallant
  - World Famous Researcher on medications (haldol) and drug addictions
RECENT GRADUATES

- Aaron Wilson, MD - Medical Director of Inpatient Psychiatry at St. Joseph's Hospital and Medical Center; Vice-Chair and Assistant Clinical Professor of Psychiatry at Creighton Univ. School of Medicine
- Holly Peek, MD - Child Fellowship at Massachusetts General Hospital
- Colette Riahi, MD – Baylor University / Veteran’s Affairs- Adult Outpatient Attending in Houston, TX
- Lily Ngotran, MD – Kaiser, Adult Psychiatry Attending, Los Angeles, California
- Rana Kaleemullah MD- Adult Telepsych Private Practice Canada
- Uchenna Achebe, MD – Forensics Fellowship, Baltimore MD
- Kimberly Genesio, MD- Veteran’s Affairs, CL Adult Psychiatry Attending, Tulane Associate Program Director
- Ashley Ellison, MD-Veteran’s Affairs, CL Adult Psychiatry Attending
- Rubin Aujla, MD- Women’s Hospital, CL Adult Psychiatry Attending
- Ryan Alvares, MD- St. Thomas Community Health Center, Adult Psychiatry Attending
- Erica Calmes – Staff Psychiatrist at the Micheal E. Debakey Va Hospital and Assistant Professor at the Baylor College of Medicine Department of Psychiatry and Behavioral Sciences
- Karina Fatova – River Oaks Hospital Trauma and Eating Disorders Unit; Part time New Orleans VA emergency room.
- Spencer Hansen - Community Crisis Center and Psychiatric Emergency Room in Salt Lake City, Utah
- Jacob Stein – Redemption Psychiatry including treatments with TMS and Ketamine in Phoenix Arizona
- Richard Turner – Forensic Fellowship at Tulane
- David Zeng – Kaiser Permanente in Union City, California
RESIDENT LIFE
MUSIC

Favorite Place to Catch Local Music

- House of Blues
- Preservation Hall
- Gasa Gasa
- Le Bon Temps Roule
- Maple Leaf
- Red Room
- Snug Harbor
- Spotted Cat
- Tipitinas
- Siberia
- Vaughan's
- Mermaid Lounge
NEW ORLEANS

Museums
- National D-Day Museum
- World War II Museum
- New Orleans Historic Voodoo Museum
- New Orleans Jazz Museum
- Backstreet Cultural Museum
- NOMA – New Orleans Museum of Art
- Contemporary Arts Center
- Ashé Cultural Arts Center

Audubon Zoo
Aquarium of the Americas

Plantations and Historical Tours
- Laura Plantation
- Oak Alley Plantation
- Destrehan Plantation

Swamp Tours
RESTAURANTS

- Arnaud's
- Antoine's
- Brennan's
- Carrollton Market
- Commander's Palace
- Delmonico
- Dickie Brennan's
- Emeril's
- Galatoire's
- Upperline
- Domenica
- Johnny Sanchez
- Pesce
- Shaya
- Le Petit Grocery
- Red's Chinese
- Compere Lapin
BARS

Classic New Orleans Bar
- Jean Lafitte’s Blacksmith Shop
- Napoleon House - (St. Louis Street) Built in 1914
- Pat O’Brien’s
- The Sazerac (inside the Fairmont Hotel)
- Café Sbisa (Built in 1820)
- Column’s Hotel
- Tujague’s (Built in 1827)
- O’Flaherty’s Irish Channel Pub
- Parasol’s
- Vaughan’s

Sports bars
- Walk On’s
- Cooter Brown’s
- Industry Bar & Kitchen
- Markey’s

Rooftop Bars
- Hot Tin Roof (Pontchartrain Hotel)
- Catahoula Hotel and Bar
- Monkey Board (The Troubadour Hotel)
- Alto (ACE hotel)
- Above the Grid (NOPS hotel)
Year Round Festivals!

- WHITE LINEN NIGHT
- SOUTHERN DECADENCE
- CELEBRATION IN THE OAKS
NOLA LIVING: METAIRIE
NOLA LIVING: WESTBANK
WEBSITES

tulane.edu/som/departments/psychiatry/education/Adult-Psyc/adult-residency.cfm

www.tulanemedicine.com
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